

THE WAYNE HERALD

WAYNE, NE 68787 THURSDAY, AUGUST 22, 1991 — 115TH YEAR — NO. 88 THIS ISSUE — 1 SECTION, 10 PAGES LOCAL DELIVERY 25¢ — NEWSSTAND 45¢

At a Glance

Taxes due

WAYNE - The second half of the 1990 real estate taxes will become delinquent Sept. 1 and start drawing 14 percent interest after that date, according to Wayne County Treasurer Leon Meyer.

Anyone still owing taxes is asked to bring in payment before Sept. 1 to avoid becoming delinquent.

For more information about this tax deadline, contact the Wayne County Treasurer's office at 375-3885.

Society meets

WAYNE - The Wayne County Historical Society will meet at 7:30 p.m. on Tuesday, Aug. 27 at the museum. The museum is located at the northwest corner at Seventh and Lincoln Streets in Wayne.

Blood bank

WAYNE - The Siouxland Blood Bank will be making its visit to Wayne Thursday, Aug. 29 from 9 a.m. to 3 p.m. at Providence Medical Center.

For more information, contact Lisa Brosamle at (712) 252-4208.

Kerrey visit

WAYNE - Nebraska Senator Bob Kerrey will hold a town hall meeting Wednesday, Aug. 28 from 2:30 p.m. to 3:30 p.m.

The topic of Kerrey's visit is the crisis in American Health Care. The meeting will be held at Ramsey Theatre in the Fine Arts Building on the Wayne State College campus.



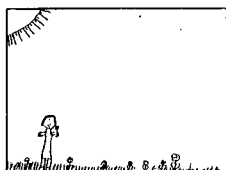
Activity tickets

WAYNE - Activity tickets are on sale at Wayne High School for the 1991-92 school year. Ticket prices are \$26 for adults; \$16 for students grades 7-12 and \$12 for students grades 1-6.

The ticket allows admittance to all home activities except district tournaments and Northern Activities Conference events.

Tickets will also be available at the annual all sports kick off night Thursday, Aug. 22 at WHS.

Weather



Tiffanie Unsell, 7
Extended Weather Forecast:
Friday through Sunday; hot and dry; highs, 90s; lows, mid-60s to around 70.

Subscription renewals are now due

AREA - Wayne Herald subscribers who receive their subscriptions by mail are reminded that renewal payments are due Aug. 25.

Customers who previously received subscription renewal notices by mail will not receive a notice in the mail. This is the second of two renewal reminders subscribers will see printed in The Wayne Herald during August.

Customers who receive their newspaper by mail can find out when their subscription runs out by locating the date next to their name on the white address label on the newspaper. For instance, if the renewal date appears: John Doe, Sept. 1, 1991, it means that your subscription runs out with the last newspaper date in August, which is Thursday, Aug. 29.

To avoid missing any issues, customers are asked to pay by Aug. 25.

For more information about subscriptions, contact The Wayne Herald at 375-2600 or toll-free at 1-800-672-3416.

Police nab burglary suspect

By Mark Crist
Managing Editor

An adult male was arrested Monday night in Fremont on suspicion of burglary, according to Wayne Police Chief Vern Fairchild. The arrest stems from a rash of burglaries in Wayne Saturday morning, he said.

Arrested was Edmond Ricardo Arruza, address unknown. Charges have not been filed against Arruza by the Wayne County Attorney's Office by Wednesday morning.

Wayne County Attorney Bob Enz has asked for and received an emergency meeting of the county commissioners to appoint a special prosecutor since he was one of the alleged victims. Appointed special prosecutor in the case is Pierce County Attorney Verlyn Luebke.

He was chosen on Enz's recommendation to the board.

The burglaries occurred between midnight and 3 a.m. Saturday. All nine alleged burglaries are believed to be connected.

Fairchild said good teamwork by Wayne Police Officers Bob McLean and Ron Penlerick and the rest of the department, enabled authorities to make a quick arrest. McLean and Penlerick were the officers in charge of the investigation.

"WE HAD some people making reports of a strange acting person," Fairchild said. "One thing led to another and we caught him."

One of the tips police had appeared to involve a prowler complaint at 2:26 a.m. Saturday, Aug. 17 in the 600 block of Westwood.

That complaint is believed to be related to the alleged weekend crime spree.

Authorities alleged that \$2,800 was stolen from Wayne residences. Police reports indicate that the alleged burglar removed cash from wallets and purses in the homes of the victims. Enz said the individual arrested is also a suspect in several similar burglaries that occurred in West Point Sunday morning.

POLICE received the first burglary report at 7:13 a.m. Saturday, when Matt Polhamus, 104 Maple, reported that his home had been burglarized and that money had been stolen from his wife's purse.

Following his report, a stream of other phone calls reporting burglaries flooded the dispatcher's wires.

Others who were allegedly burglarized include: Nancy Powers, 513 Oak Dr.; Bob Enz, 505 Oak Dr.; Robyn Sobansky, 1203 Lawndale; Dean Bruggeman, 401 Oak Dr.; Sue Olson, 516 Fairacres; Lois Polt, 117 Maple; Sam Schroeder, 1218 Douglas; and Robert Meyer, 515 W. 4th.

Following the arrest, Fairchild said officers worked through the night Monday and Tuesday to complete the paperwork. He said the suspect is being housed in the Pender jail.

APPARENTLY, the alleged burglaries were made easy, Fairchild said, because to his knowledge, none of the victims had their doors locked.

Penlerick said he and McLean believe the alleged burglaries are the work of this one individual. No other arrests are anticipated, Fairchild said. Penlerick added that there are no known motives for the nine alleged burglaries.

According to the Wayne County Attorney's office, no information is available on how soon charges may be filed.

Burglary is a Class III Felony, punishable by one to 20 years in the state prison.

Hanna:Keelan officials offer insight to what plan means to villages

Residents and village officials from around Wayne County attended the county commissioner's meeting Tuesday to hear what a comprehensive plan will mean to the county, as well as their village.

Representing Hanna:Keelan, the Lincoln consulting firm which has been given initial approval by the county commissioners, were Tim Keelan and Tom Malmstrom.

Keelan, who described their work as "roll up your sleeves and take off your ties" type of business, said a county-wide comprehensive plan and zoning ordinance, integrating village zoning laws, would not only benefit the county but the communities as well.

"Each community has its own issues and those issues are important," he said. "We want to help ensure land uses with each community's set of issues and goals and develop a policy which will be good for everyone."

REPRESENTING Hoskins at the meeting were Hildegard Fenske, Bill Fenske, Lucie Strate and Pat Brudigan. Representing Carroll at the meeting were Dick Hitchcock, Virginia Rethwisch and Sharon Junck. There were no representatives from Winside or Sholes present at Tuesday's meeting.

Keelan and Malmstrom took turns explaining the purposes of a comprehensive plan. Malmstrom said there are three classifications for zoning districts.

First is permitted zoning, where land is designated as permitted use for whatever purpose. Second, is conditional use, which is land use permitted by the governing body's approval with special conditions. The third use is special permitted use, where some people may feel

the land should be used for whatever purpose while others may oppose its use and by public vote, the people will decide.

KEELAN SAID to encourage county-wide participation in drawing up a comprehensive plan and zoning laws, meetings would be held with each village board.

'This whole process acts as a sensitizer. It sensitizes the community. It has a positive effect by getting everyone involved.'

Tim Keelan
Hanna:Keelan Associates

"This whole process acts as a sensitizer," Keelan said. "It sensitizes the community. It has a positive effect by getting everyone involved."

He added that communities with comprehensive plans and zoning laws stand a better chance at receiving grants for the betterment of the community. Grants from the state can cover such things as road improvements to housing renovation.

Representatives from the two towns said they plan to take the proposal to take part in the county's comprehensive plan back to their respective boards before any further action is taken.



Photography: Mark Crist

One final splash

BRITNEE WILLS, AGE 3, of Brunswick, tosses a cup of water into the air Tuesday at the Wayne Municipal Swimming Pool. The pool is scheduled to close for the season Sunday, Aug. 25, according to swimming pool officials. Wills is the daughter of Tom and Kerlane Wills.

Board seeks safer facility

The Wayne County Commissioners have taken formal action to make certain changes are made at the Wayne County Juvenile Detention Center to ensure public and staff safety.

"People are fed up with it up there and it should either be fixed up or closed up," Board Chairperson Merlin Beiermann said during Tuesday's meeting.

County Commissioner Jerry Pospishil criticized the JDC for not getting information about escapes out as promptly as it should be. He said when the facility opened, officials there said any escape information would be made public immediately but that hasn't been the case.

Wayne County Sheriff LeRoy Janssen, who administrates the facility, was not able attend the meeting due to other business.

POSPISHIL added that he has safety concerns for the people who work at the facility. He said the juveniles should not be allowed to roam at will during the night shift, which, he said, has been when the majority of the problems have occurred.

"We are the governing body of that facility whether LeRoy knows it or not," Pospishil said, while adding that if any more escapes occur, he supports sending out notices to the 20-plus contracted counties that the facility will be

closed within six months. That measure fell short of approval.

The measure the commissioners passed, on unanimous ballot, was that the facility has 60 days to be made secure or the six month notification of closure will be sent.

"I think we've got to work with LeRoy on this and get it taken care of," Beiermann said. "The public is sick of it and I don't blame them."

In a telephone interview following the meeting, Janssen said the commissioner's decision doesn't bother him.

"I don't have any problem with their decision," Janssen said. "It's going to be done long before that and it was planned to be done anyway."

Wakefield youths air lifted to Marion

Two Wakefield youths were transported by life flight to Sioux City Saturday night after the car they were in lost control on a dirt road four miles north and 1/4-mile east of Wakefield.

Apparently suffering injuries in the accident were Mike Anderson, 16, and Kelly Turney, 16, both of Wakefield. Condition reports from Marion Health Center were not released to The Wayne Herald. The parents of the two youth could not be reached early Tuesday night.

According to State Trooper Dale Fellin, Anderson, who was

driving, lost control of his 1978 Z-28 after reaching the crest of a hill. Fellin said he believes loose gravel and speeds in excess of the road conditions contributed to the accident. He said he has not had a chance to talk to either of the vehicle's occupants.

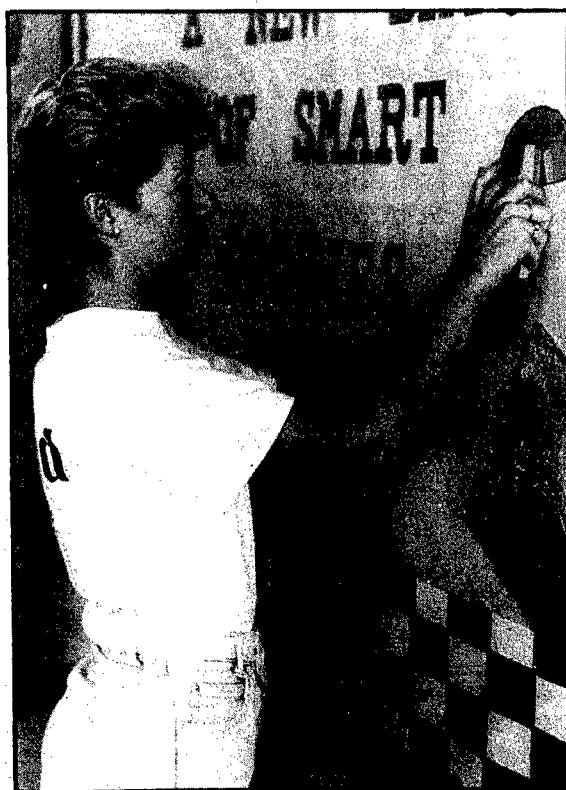
THE STATE trooper said he believes the vehicle started fish-tailing after reaching the top of the hill. He said the vehicle then went into the left ditch, which was filled with water runoff, creating gully like conditions. He said the vehicle then flipped twice, throwing the

occupants out of the car. Fellin said he does not believe the youngsters were wearing seat belts.

Fellin said each victim was thrown about 30 feet. He said the vehicle's T-roof was off but he was uncertain how occupants were thrown out.

The state patrolman added that the victims were both conscious at the time of Dixon County Sheriff Deputy Don Taylor's arrival. The two youth were then transported to Providence Medical Center in Wayne, where they were airlifted to Marion Health Center.

The 1978 Z-28 was totaled.



Photography: Mark Crist

Readying the classroom

WAYNE ELEMENTARY Third Grade Teacher Amy Poggensee prepares her classroom for the students she will teach this year. Poggensee, in her second year at Wayne, says she is looking forward to school's start. School gets underway in Wayne Wednesday, Aug. 28.

At Grace Lutheran Church

Former pastor guest at Ladies Aid brunch

The Rev. Jim Pennington of Lincoln, former pastor of Grace Lutheran Church in Wayne, was among guests attending the Grace Lutheran Ladies Aid brunch on Aug. 14.

Other guests joining the 46 Ladies Aid members were Doris Meyer, Emma Heinemann, Mike Erickson, Mona Meyer, LaFaye Erleben, Lanora Sorensen, Chris Mahnken and Norma Janke.

Following the meeting, the group joined about 25 others in the church sanctuary to hear Pastor Pennington speak about his mission trip to Haiti this past July.

HOSTESSES for the August brunch were Eleanor Carter, Clara

Echtenkamp and Ellen Heinemann. Seated at the birthday table were LaVerne Heithold, Elsie Saul, Maria Ritze, Dorothea Schwanke and Joann Temme.

The Rev. Jeff Anderson led in the singing of "Now Thank We All Our God" and gave opening devotions, followed by prayer.

PRESIDENT Joann Temme called the meeting to order. Leora Austin reported on visits and cards sent by the visiting committee. She also reported that flowers were sent to Aid member Ruth Korth.

Birthday cards were signed for Marie Brittain and Cora Miller, and a baby card was signed for former Pastor Jon and Susan Vogel on the

birth of daughter Catherine Grace. Thank you cards were read from Eva Malchow and Ruth Korth, and a donation was received from the Rotary Club for use in the kitchen.

Chris Mahnken was welcomed as a new member of Grace Lutheran Ladies Aid.

New members serving on the funeral committee are Leona Janke and Mary Janke.

MIKE Erickson spoke briefly about going to Corning, Calif. for his vicarage year of the ministry. Lena Fuelberth will write to Lee Weander this month.

About 20 members of Grace Ladies Aid attended guest day at St. John's Lutheran Church in Pilger

on Aug. 1. The Zone Fall Rally will be held Oct. 8 at St. John's Lutheran Church in Wakefield.

Ellen Heinemann will attend the Nebraska District North LWML education event on Sept. 14 at Camp Luther near Schuyler. Theme of the event is WINGS (Women in God's Service).

LWML Sunday will be observed on Oct. 6. The Ladies Aid will also sponsor The Lutheran Hour that Sunday.

As a memorial tribute to Florence Wittig, Ellen Heinemann read Psalm 23, followed with

Hostesses in September will be Delores Utecht, Kathy Wisner and Esther Hansen.



Mr. and Mrs. Fred Gildersleeve

Gildersleeves celebrating 50th wedding anniversary

Fred and Loreene Gildersleeve of Wayne will observe their golden wedding anniversary on Saturday, Aug. 31 with an open house reception from 2 to 4 p.m. at the Wayne Country Club, Country Club Road, in Wayne.

All friends and relatives are invited and are asked to write down memories from the honorees' past 50 years and send them to the couple or bring them to the reception.

The open house is being hosted

by the couple's three children and their spouses. The honorees request no gifts.

Fred Gildersleeve and Loreene Carlson were married at Wayne on Sept. 2, 1941 and have made their home in Wayne for the past 50 years.

Their children and spouses are Renee Carlson and Greg Brown of Lees Summit, Mo., Dianne and Dennis Sasse of Lincoln, and Shelley and Brian Frevort of Wayne.

Briefly Speaking

Dixon man observes 80th

DIXON - Earl Peterson of Dixon celebrated his 80th birthday on Aug. 9. Overnight guests in the Peterson home were Mr. and Mrs. Loren Park of Beatrice.

Joining them overnight on Aug. 10 were Mrs. Tom Park, Sigourney, Iowa, and Mrs. Roger DeKok, Matthew and Amy, Kearney.

The Petersons were Aug. 10 supper guests of the Loren Parks, Mrs. Tom Park and the Joe Schmidts of Norfolk at the Country Cafe in Laurel.

Joining them that evening in the Peterson home were Mr. and Mrs. Dave Kardell of South Sioux City, Mr. and Mrs. Doug Rickett, Stephanie, Tanner, Aaron and Courtney of Ponca, Mr. and Mrs. Mike Hans and family of Wynot, Mr. and Mrs. Dan Mara, Kara and Sean, and Mr. and Mrs. Wayne Vogel and Heath of Stanton, and Alan Hamm and Kayla Haudek of Norfolk.

Walter cousins meeting

LAUREL - The 36th annual reunion of Walter cousins will take place Sunday, Sept. 1 in the basement of the Laurel city auditorium. The event begins with a potluck dinner at noon.

Persons wishing additional information about the reunion are asked to call (402) 375-3650.

Decks schedule reunion

AREA - Families of the late Herman and Hulda Deck will meet for a reunion on Sunday, Aug. 25 at the Stanton Fairgrounds clubhouse, beginning with a noon carry-in dinner.

Hosts are the families of the late William and Dora Deck, including Norman and Fern Deck, Dale Deck of Hoskins and Wilmer and Rosalie Deck of Norfolk.

Gardeners meet in August

WAYNE - Seven members of Roving Gardeners Club met Aug. 15 at Costa Del Sol, the river retreat belonging to Loreene Gildersleeve. The group toured the surrounding area.

Doris Lutt will be the next club hostess, on Sept. 12.

Young women sought for pageant

COLUMBUS - Young women who are high school seniors or in college are being sought to compete in the 1991 Miss Columbus Scholarship Pageant to be held Nov. 16 in Columbus.

This year, a total of \$1,200 in scholarships will be awarded to the college of their choice to the Miss Columbus winner, first and second runners-up. Miss Columbus 1991 will also be awarded a one semester tuition scholarship to Central Community College-Platte Campus. Miss Congeniality will receive the \$100 Platte Valley Title Company Scholarship.

Eligible contestants are young women between the ages of 17 and 26 who live or attend school in an 80-mile radius of Columbus and have never been married. There is no sponsorship or application fee to enter.

Contestants will be judged 40 percent on a talent presentation, 30 percent from a personal interview, 15 percent on a swimsuit presentation and 15 percent on an evening gown presentation.

Young women interested in participating in the pageant may obtain applications from Lynette Krumland, 3076 38th Ave., Columbus, Neb., 68601, or call (402) 564-4229. Deadline for applications is Sept. 15.

Leather and Lace dancers meeting

WAYNE - Leather and Lace Square Dancers will meet Friday, Aug. 23 in the Wayne State College Student Center at 8 p.m. with Bruce Hallman calling. Hostess will be Margaret Von Seggern.

Square dance lessons are scheduled to begin Sept. 26 at 7:30 p.m. at West Elementary School in Wayne. Persons wishing additional information are asked to call 375-3896.

Leather and Lace dancers met Aug. 9 in the Wayne State College Student Center with Dean Clyde calling. Hosts were Nancy and Carl Sorensen and Darrel and Phyllis Rahn.

Town Twirlers elect new officers

LAUREL - New officers of the Town Twirlers Square Dance Club for 1991-92 are Henry and Violet Arp, presidents; Merlin and Kay Saul, vice presidents; and Kermit and JoAnn Benschhof, secretary-treasurer.

Six squares and six clubs were represented at the Aug. 18 Town Twirlers dance in the Laurel auditorium with Duane Nelson of Lincoln calling. The Hartington Town and Country Club captured the club banner.

The next dance will be Sept. 1 with Vernon Miller calling. Classes for new dancers will begin Sept. 3 with Miller serving as the instructor.

Country Club luncheon served

WAYNE - Margaret Kenny and Doris Harmer were hostesses for the Aug. 20 luncheon at Wayne Country Club. Forty-two attended and guests were Betty Test of Omaha and Bonnie Felt of North Platte.

Bridge was played at eight tables. Last week's winners were Marjorie Summers, Margaret Kenny and Norma Koeber.

Next week's hostesses are Minnie Rice, Mildred Jones and Beulah Atkins. Members may make reservations by calling 375-2331 or 375-2394.

Baptisms

Bradley Russell Doffin

HOSKINS - Bradley Russell Doffin, son of Russell and Diane Doffin of Hoskins, was baptized during worship services Aug. 18 at Trinity Lutheran Church in Hoskins.

The Rev. James Nelson officiated, and sponsors were Arlan and Rochelle Sellin and Nancy Moser.

The Doffins entertained at dinner following the service and special guests were grandparents Mr. and Mrs. Donovan Pflanz of Belden and Mr. and Mrs. Richard Doffin Sr. of Hoskins, and great grandparents Mr. and Mrs. Herbert Wantoch of Stanton.

Other guests included Mr. and Mrs. Michael Moser, Dawn, Carla and Larry of Randolph, and Mr. and Mrs. Arlan Sellin, Josh, Adam and Jamie, and Pastor and Mrs. James Nelson, Marques, Bethany and Luke, all of Hoskins. Afternoon and evening guests were Mr. and Mrs. Richard Doffin Jr., Lee, Andrew and Noelle, and Mr. and Mrs. Rod Doffin, Bryan, Sam, Lisa and Kristy of Hoskins.

Mrs. Arlan Sellin baked the baptismal cake.

Auxiliary sets date for pillow cleaning

The Llewellyn B. Whitmore VFW Auxiliary #5291 met in the Wayne Vet's Club room on Aug. 12. President Glennadine Barker called the meeting to order with 11 members answering roll call.

It was announced that the annual pillow cleaning sponsored by the VFW Auxiliary is scheduled Friday, Sept. 6.

Pillow cleaning will take place in back of Wayne City Hall (from the Elda Jones garage) and volunteers are needed to assist.

Residents of the Norfolk Veterans Home will be guests for supper on Sept. 26 at 6:30 p.m. at the Wayne Vet's Club. The supper is sponsored by the VFW, American Legion and DAV auxiliaries.

BETH French, Girls State delegate from Wayne, was a guest at the meeting and thanked the auxiliary for co-sponsoring her trip to Lincoln this past June.

Other sponsors were the American Legion Auxiliary and Wayne Woman's Club.

Beth reported on activities conducted during the week-long event.

CLEVA Willers, Americanism chairman, read "I Am the United States," and Eveline Thompson.



Marking 95th

FRIENDS AND relatives of L.W. (Mage) Powers of Wayne are invited to help him celebrate his 95th birthday during an open house reception on Saturday, Aug. 31 from 2 to 4 p.m. in the Wayne Presbyterian Church. The honoree requests no gifts.

New Arrivals

BERRY - Donald and Lynette Berry, Lincoln, a daughter, Taylor Alexandria, 7 lbs., 6 oz., Aug. 10. Taylor joins a sister, two-year-old Jordyn. Grandparents are Richard and Patricia Berry, Wakefield, and Judy DeBoer, Diller.

RUSSELL - John and Mona Russell, Cincinnati, Ohio, a daughter, Priscilla Marie, 7 lbs., 2 oz., Aug. 13. Grandparents are Mr. and Mrs. Dale Langenberg, Hoskins.

VOGEL - Pastor Jon and Susan Vogel, 308 E. Center, Shawano, Wis., 54166, a daughter, Katherine Grace, 8 lbs., 2 oz., Aug. 10. Vogel is the former pastor of Grace Lutheran Church in Wayne.

cancer aid and research chairman, announced that pins for research are available at a cost of \$2. She also reported that VFW cookbooks are on sale for \$10 with proceeds going to the Cancer Grant Fund.

Membership dues for 1992-93 are \$10 and may be paid to the treasurer. There are currently 12 paid-up members.

Winnie Craft, Helen Siefken and Eveline Thompson traveled to the Norfolk Veterans Home for the annual birthday and bingo party. Harold Thompson assisted by calling bingo. Eight birthdays were observed.

Winnie Craft read an article on drinking and driving.

Serving lunch following the meeting were Eveline Thompson, Betty Heithold and Shirley Brockman.

THE NEXT meeting of the auxiliary will be Sept. 9 at 8 p.m. and will include a visit from the district president. The serving committee includes Neva Lorenzen, Mabel Sommerfeld and Arline Hammer.

Fauneil Hoffman announced that Gold Star members will be honored at the September meeting. Assisting her will be Ruth Korth.

45th celebrated

Carroll residents Mr. and Mrs. Martin Hansen observed their 45th wedding anniversary at their home on Aug. 11.

Present for the occasion were all of the couple's six children and 11 grandchildren, including Marjean and Norm Sack, Jan and Tom Brennan and family and June VanBibber and Jeremy, all of Omaha, Sandra and Clint VanWinkle and family of DeWitt, Gary and Kathy Hansen and family of Norfolk, and Dallas Hansen of Carroll.

Afternoon guests included Mary Ambroz and Christine Cook of Wayne, Mrs. Dick Cook, Mrs. Ron Graverholt and sons, Mrs. Larry Tiedtke and Mrs. Doris Hansen, all of Norfolk, Mrs. Carstens Graverholt, Mr. and Mrs. Wayne Seibert and Mr. and Mrs. Paul Gade, all of Laurel, Lorna Loberg of Carroll and Jeremy Loberg.

Lorna Loberg baked the anniversary cake.

Martin Hansen and Norma Hinrichs were married Aug. 11, 1946 in the Laurel Gethsemane Church.

Rural school open Sunday for tours

The Wayne Area Retired Teachers Association will conduct tours of the rural school museum on the Wayne State College campus on Sunday afternoon, Aug. 25 from 2 to 4 p.m.

Visitors are invited to visit the typical country schoolhouse as it was in the early 1900's.

Admission is free and retired teachers will be on hand to show visitors around and answer questions.

Area families attend reunions in August

Bauermeister reunion

The 60th annual Bauermeister family reunion was held Aug. 11 at the Pierce Senior Center, beginning with a 12:30 p.m. carry-in dinner. Hosts were Mr. and Mrs. Lloyd Behmer of Winside and Mr. and Mrs. Bob Bauermeister of Pierce.

Sixty-six relatives attended from Lenexa, Kan.; Pierce, Norfolk, Hoskins, Winside, Wayne, Battle Creek, Stanton, Central City, Randolph, Osmond, Wisner, Omaha and Lincoln.

The oldest present was Martha Frevort, 93, of Wayne, and the youngest was Katie Behmer, daughter of Jon and Peggy Behmer of Hoskins. Attending from the furthest distance was the Keith and Cheryl Mason family of Lenexa.

Two births, four weddings and one death were recorded during the past year.

The next reunion will be the second Sunday in August 1992 at the Pierce Senior Center. Hosts will be Mr. and Mrs. Art Rabe of Winside, Mr. and Mrs. Don Bauermeister of Battle Creek and Mr. and Mrs. Jon Behmer of Hoskins.

Utecht reunion

Utecht family members gathered for a reunion on Aug. 18 at

noon at the Black Knight in Wayne. Seventeen attended from Holstein, Iowa; Norfolk, Coleridge, Ponca, Martinsburg, Wayne and Wakefield.

The relatives spent the afternoon in the Melvin Utecht home in Wayne.

Mann reunion

Mann family members held their 13th annual reunion on Aug. 11 with a noon carry-in dinner at the Winside Stop Inn. Hosts were Mr. and Mrs. Victor Mann of Norfolk.

The newest family member was Patrick Peterson, infant son of Paul and Diane Peterson of Wayne, and the most recently married were Alan and Deserae Mann of Fontana, Calif. Married the longest were Fred and Mary Mann of Concord.

E.O. Mann of New Haven, Mo., was the oldest present, and traveling the furthest distance were Alan and Deserae Mann.

The group toured the Winside museum and made plans for the 1992 reunion which will be held the second Sunday in August at the Winside Stop Inn. Hosts will be the Lowell Mann family of Columbus.

H & R Block offers income tax course in Wayne

Thousands of people learn how to prepare income tax returns from H & R Block and then earn money as income tax preparers. H & R Block, the world's largest income tax preparation service, offers its Income Tax Course starting in September. Daytime or evening classes are available.

Experienced instructors teach tax law, theory, and application. Classroom discussion and practice problems provide students with a thorough understanding of each tax topic included in the course. Students learn how to handle increasingly complex income tax situations as the course progresses. Ideal for people who want to in-

crease their tax knowledge, the course teaches students how to save money on their taxes and also prepares them for a rewarding career.

The affordable fee includes textbooks and supplies. Graduates receive Certificates of Achievement and continuing education units (CEU's). Qualified graduates of the course may be offered job interviews with H & R Block but are under no obligation to accept employment.

Those interested in more information about the H & R Block Income Tax Course may contact the H & R Block office at 120 West 3rd Street or call 375-4144.

ADVERTISEMENT

Virgil and Verna Kardell of Wayne will celebrate their Golden Wedding Anniversary on Saturday, August 24, with an Open House Reception from 3 to 5 pm at the United Methodist Church Fellowship Hall in Wayne. All friends and relatives are invited, and the honorees request no gifts.

Police Report

Monday, Aug. 12

1:14 p.m. barking dog complaint in 400 block of Walnut; 7:36 p.m. barking dog complaint in 400 block of Walnut; 8:32 p.m. ammonia tank leaking at Fletcher Farm Supply.

Tuesday, Aug. 13

1:08 a.m. unlock vehicle behind Varsity; 3:06 p.m. suspicious males looking into vehicles at Dairy Queen; 8:49 p.m. keys locked in vehicle in 100 block of Pearl; 11:13 p.m. cars blocking alley in 300 block of Third.

Wednesday, Aug. 14

Unknown time, loud party at Woehler Trailer Court; 1:11 p.m. unlock vehicle in 700 block of Main; 2:08 p.m. ditch fire south of Wayne; 2:37 p.m. kids shooting at cars; 3:53 p.m. unlock vehicle at Mini-Storage.

Thursday, Aug. 15

2:21 p.m. car speeding along Grainland Road; 3:15 p.m. haystack fire south of Wayne; 4:54 p.m. improper use of tennis courts; 8:35 p.m. cars parked illegally in 900 block of Logan; 10:26 p.m. fight in 100 block of Second; 10:32 p.m. fight at Varsity; 11:07 p.m. clear parking lot at 7-Eleven.

Friday, Aug. 16

1:43 a.m. drunk driver by 7-Eleven; 2:47 a.m. check person in lobby of Amber Inn; 1:28 p.m. abandoned vehicle in 800 block of Valley Drive; 10:20 p.m. family disturbance in 700 block of Lincoln; 10:48 p.m. unlock vehicle in 200 block of Main; 11:49 p.m. someone beating on back door at Savor.

Saturday, Aug. 17

2:26 a.m. prowler in 600 block of Westwood; 2:33 a.m. prank phone calls at 7-Eleven; 4:54 a.m. patrol area of Connell Apartments; 7:13 a.m. burglary; 7:17 a.m. burglary; 7:18 a.m. burglary; 7:22 a.m. burglary; 7:29 a.m. burglary; 9:09 a.m. burglary; 9:11 a.m. theft and vandalism in 300 block of Nebraska; 9:22 a.m. theft of plant in 400 block of Second; 11:09 a.m. burglary; 12:17 p.m. found dog in 900 block of Walnut; 1:38 p.m. burglary; 3:18 p.m. dog barking at tennis courts near swimming pool; 5:39 p.m. broken windshield in 300 block of Logan; 5:55 p.m. burglary; 7:11 p.m. dogs in tennis courts near swimming pool; 8:22 p.m. vandalism at cemetery.

Sunday, Aug. 18

12:03 a.m. accident involving unknown parties; 12:16 a.m. ammonia smell at Fletcher Farm Service; 4:25 a.m. dogs barking in 500 block of Valley Drive; 10:04 a.m. pick up dead cat; 12:10 p.m. gas skip at 7-Eleven; 6:47 p.m. suspicious juveniles at State National Bank; 9:55 p.m. possible fight in 300 block of west Eighth.

Monday, Aug. 19

3:57 a.m. lady hollering help in 900 block of Windom; 4:01 a.m. wife fell in 900 block of Windom.

UNO awards MS degree to Meyer

Jim Meyer, a Wayne High and Wayne State College graduate, received his Master of Science Degree from the University of Nebraska at Omaha on Saturday, Aug. 17. Meyer, a teacher and coach in the Fort Calhoun high school, is the son of Alvin and Viola Meyer of Wayne.

The Farmer's Wife

By Pat Melerhenry



It's Sunday evening of another beautiful weekend. The rain has revitalized the hay fields, but pastures are still hurting. The Big Farmer is herding his girls on the roadside tonight.

I've racked my brain to come up with a column topic all weekend. Nothing — I haven't had any major disasters or unusual encounters.

I did meet two ladies on Wednesday evening that inspired my admiration. Their names are Jackie and Jane, and they work together at a State of Nebraska office. They live in a one-hundred year old farmhouse on an acreage, and take in dogs. All kinds of dogs that have one thing in common: each has been abused or neglected.

I could not believe the stories they told: of dogs that had been beaten, or starved, or otherwise mistreated. Word has got around that they are a soft touch, and the animals get dropped off, or transported, or just show up.

I wondered if dogs have a way of marking houses the way hobos used to. Anyway, they have a calling, and a very special "family." They definitely do not need a burglar alarm!

Wayne Senior Center

Coordinator Georgia Janssen

WAYNE SENIOR CENTER CALENDAR

Thursday, Aug. 22: Coffee, 9 a.m.; cards, crafts, 1 p.m.

Friday, Aug. 23: Coffee, 9 a.m.; bingo and cards, 1 p.m.

Monday, Aug. 26: "Our Time."

And I guess I did visit one unique shop. It's called Arp Wood and Clock Shop at Bennett. The owner repairs clocks, and there are clocks of all kinds hanging on the walls. There are also all kinds of wooden mice for running up and down clocks.

A friend took her grandmother's mantle clock there because it wasn't running anymore. Mr. Arp gave us a short history of American clocks.

It seems they were all made within 50 miles of each other in Connecticut at the turn of the century. Therefore, they all were basically made the same: Seth Thomas, Ingraham, Garham, etc. All have the same works.

He cleans them, oils them, paints faded numbers on the faces, and restores them. Meanwhile, the workers in the small factory turn out more clocks, and mice, and other wood products.

In a way, the two places are similar. Ordinary people who have chosen simple, out of the way places for labors of love, getting satisfaction from their work, and doing it with great skill.

I guess I did have a couple of unique encounters, after all.

Parents, 'Did You Know?'

Guidelines: Noon Hour Driving for Lunch

School policy requires all motor vehicles to remain parked in the proper areas during school hours, unless permission to move the vehicle is obtained from the principal or superintendent.

Hot lunch is served daily at the cafeteria. Students are encouraged to utilize the hot lunch program or bring a sack lunch.

Should circumstances require a student to use a vehicle to drive home for lunch, the following guidelines must be met:

1. Student must reside six (6) or more blocks from school.
2. No passengers (other than brothers or sisters) may be transferred.
3. Driving only to a parent or guardian residence. (Aunt or uncle, older brother or sister, grandparents, do not qualify!)
4. All permission for use of a vehicle at noon hour must be gained

through the principal's office.

5. Students requesting use of a vehicle to drive home for lunch must confer individually with the principal.

6. Parents will be notified of the decision regarding permission to drive home for lunch.

7. Driving to downtown eateries for lunch is not allowed.

8. Violation of any of the above guidelines will result in: first violation - warning, letter to parents; second violation - "in-school" suspension, letter to parents; third violation - "in-school" or "out-of-school" suspension (three days), letter to parents and loss of parking privileges at school.

9. Direct questions to the high school principal's office.



The GOLDEN YEARS

by *Carl Schatz*

What are the chances, on average, of an elderly person spending time in a nursing home? At least four out of ten Americans who reach age 65 can expect to enter a nursing home at least once in later years, according to researchers of the U.S. Agency for Health Care Policy Research. They estimate that one in three women and one of seven men who pass 65 will spend at least a year in a nursing home. Of those admitted, about 20 percent are likely to stay five years or more, the researchers reported in the New England Journal of Medicine.

"I don't wish to sound unappreciative, but I don't like awards," said courtly G. Stockton Strawbridge, who declined Philadelphia's prestigious Powell Award four years ago. But he accepted the gold medal this year because it would be "just plain rude to say no again." Strawbridge, 77, retired in 1989 as board chairman of the department store chain his grandfather founded. He got the award for his leadership of the Market Street East revitalization program which has transformed Philadelphia's traditional shopping street. He's still at it, from 7:15 a.m. to 6 p.m. five days a week. There is more work to be done, five more blocks to re-do. "I'll stay till the end," he says.

Remember When? 1933 — Charles Laughton won the Academy Award as best actor for his portrayal of "The Private Life of Henry VIII."

Presented as a public service to our senior citizens, and the people who care about them by THE WAYNE CARE CENTRE 918 Main Street Wayne, Nebraska

BACK TO SCHOOL AT WAYNE-CARROLL

1991 - 92 SCHOOL CALENDAR

Aug. 13.....Board Meeting	Dec. 23-Jan. 3.....Christmas/New Year
Aug. 19.....Start Fall Sports Practice	Jan. 14.....Board Meeting
Aug. 22-23-26-27.....Pre-school In-Service	Jan. 17.....End 2nd Quarter
Aug. 28.....Begin School	Feb. 11.....Board Meeting
Sept. 2.....Labor Day	March 2.....Start Spring Sports Practice
Sept. 10.....Board Meeting	March 10.....Board Meeting
Oct. 8.....Board Meeting	March 20.....End Third Quarter
Oct. 25.....NSEA Convention	April 14.....Board Meeting
Nov. 1.....End First Quarter	April 17-20.....Easter
Nov. 1.....First Speech Contests	May 12.....Board Meeting
Nov. 7-8.....Parent Teacher Conferences	May 17.....Commencement
Nov. 11.....Start Winter Sports Practice	May 25.....Memorial Day
Nov. 12.....Board Meeting	May 29.....End of School
Nov. 28-29.....Thanksgiving	June 9.....Board Meeting
Dec. 10.....Board Meeting	*Board Meetings are subject to change

ADMINISTRATION

Dr. F. R. Haun, Superintendent
 Dr. Donald V. Zeiss, High School Principal
 Richard Metteer, Middle School Principal
 David Lutt, Elementary Principal
 Bob Uhing, Special Ed. Director

HIGH SCHOOL

Harold Blenderman, Art/Psychology
 Duane Blomenkamp, Chemistry/Math
 Ronald Carnes, World Studies/PE
 Pamela Dickinson, Reluctant Learner Coordinator
 Stanley Mallette, Industrial Arts/Vocational
 Terry Munson, Guidance Counselor
 John Murtaugh, Government
 Sharyn Paige, Business Ed./Vocational
 Robert Porter, Math/Annual
 Rocky Ruhl, Math
 Sylvia Ruhl, English 10 & 11
 Judith Schafer, English 11 & 12
 William Sharpe, American History
 Marlene Uhing, Girls PE
 Brad Weber, Instrumental Music
 William Wilson, Auto Mechanics/Vocational
 Edith Zahniser, German
 Judith Zobel, Science

MIDDLE SCHOOL

Fauneil Bennett, Media Center
 Harold Blenderman, Art 7 & 8
 Bonita Day, Strings
 Mary Ann DeNaeyer, Math 7 & 8
 Lonnie Ehrhardt, PE 7 & 8
 Daniel Fehringer, Chapter I
 Kathy Fink, Homemaking 7 & 8
 Evelyn Hamley, Grade 5
 Science & Reading
 Ellen Imdieke, Grade 5
 Daniel Johnson, Social Studies 7 & 8
 Jill Klaver, Grade 6 Science & Reading
 Don Koenig, PE 5 & 6
 Keith Kopperud, Instrumental Music
 Vocal 5
 Kathryn Ley, Vocal 6, 7 & 8
 Jan Liska, Chapter I Reading & Math
 Diane Long, Grade 5 Math & Reading
 Mary Ann Lutt, Gifted Language
 Arts 7 & 8
 Stanley Mallette, Industrial Arts 7 & 8
 Joyce Mitchell, English 7 & 8
 Jill Pickinpaugh, Grade 6 Social Studies & Reading
 Monte Tilgner, Science 7 & 8
 Marlene Uhing, Girls PE 7 & 8
 William Wilson, Industrial Arts 7 & 8
 Twila Wiltse, Grade 5 Social Studies & Reading

CLASS SCHEDULES: *Kindergarten Morn. Session 8:30-11:00am *Kindergarten Aft. Session 12:30-3:00pm
 -1st & 2nd 8:30am-3:15pm *3rd & 4th 8:30am-3:20pm *Middle School 8:30am-3:45pm
 *High School 8:30am-3:45pm *Carroll School 8:20am-2:50pm *Kindergarten Aft. 12:30-3:00pm

RESOURCE TEACHER

Krista Bruns, 5 - 8

TEACHER AIDES

Barbara Bailey, Special Education
 Pat Glassmeyer, Special Education
 OFFSET OPERATOR
 Karen Hansen

CLINICAL SERVICE DIRECTOR

Joan Sudmann, K - 8

WEST ELEMENTARY

JoAnne Benshoof, Grade 4
 Daniel Fehringer, Chapter I
 Shirley Hamer, Grade 4
 Stacy Kerkman, Chapter I
 Claudia Koeber, Librarian
 Don Koenig, PE
 Judy Koenig, Grade 1
 Cheryl Kopperud, Vocal Music
 Sue Larsen, Grade 3
 Nadine Lubberstedt, Grade 2
 Peg Lutt, Grade 1
 Donna Mallette, Grade 1
 Karen Meyer, Chapter I
 Cheryl Overhue, Grade 2
 Amy Poggensee, Grade 3
 Kathleen Rasmussen, Kindergarten
 Roger Reikofski, Grade 4
 Nannette Schulz, Grade 3
 Shirley Straight, Grade 2
 Nicki Tiedtke, Kindergarten
 Lauren Walton, Chapter I - Math

TEACHER AIDES

WEST ELEMENTARY
 Shelly Fehringer, Special Education
 Denise Fredrickson
 Tanya Heikes
 Michele Mrsny, Special Education

CARROLL ELEMENTARY

Pat Jenkins, Grades 1 & 2
 Sharon Olson, Grades 3 & 4
 Nicki Tiedtke, Kindergarten

TEACHERS AIDE
 Dorothy Isom, Carroll

SPECIAL TEACHER

Mary Lou George, Special Needs K - 12

SCHOOL NURSE

LuAnne Ellingson, RN

SECRETARIES

Diane Creamer, High School
 Doris Daniels, High School
 Joan Hanson, High School
 Joni Poutre, Middle School
 Darla Munson, West Elementary
 CUSTODIAL
 Richard Powers, Supt. of Buildings & Grounds

BUS DRIVERS

Lori Edwards, Carroll West
 Verlin Francis, Wayne South Route
 Evelyn Sheckler, Wayne East Route
 Lauralee Huyck, Carroll East Route
 Gary Nelson, Wayne North Route

Mary Davis, High School
 Dean Newton, High School
 Gail Gray, Middle School
 Dennis Mitchell, Middle School
 Brad Gray, West Elementary
 Norma Tietz, West Elementary
 Dorothy Isom, Carroll Elementary
 Lumir Buresh, Assistant Custodian

COOKS WAYNE

Eva Nelson, Manager
 Donella M. Johnson, Helper
 Keli Jorgensen, Helper
 Janice Mitchell, Helper
 Frances Poehlman, Assistant Manager
 Judy Poehlman, Cook
 Maxine Schwanke, Helper
 Mary Stoakes, Cook
 Sarah Surber, Helper
 COOKS CARROLL
 Betty Morris, Assistant Manager
 Dorothy French, Helper

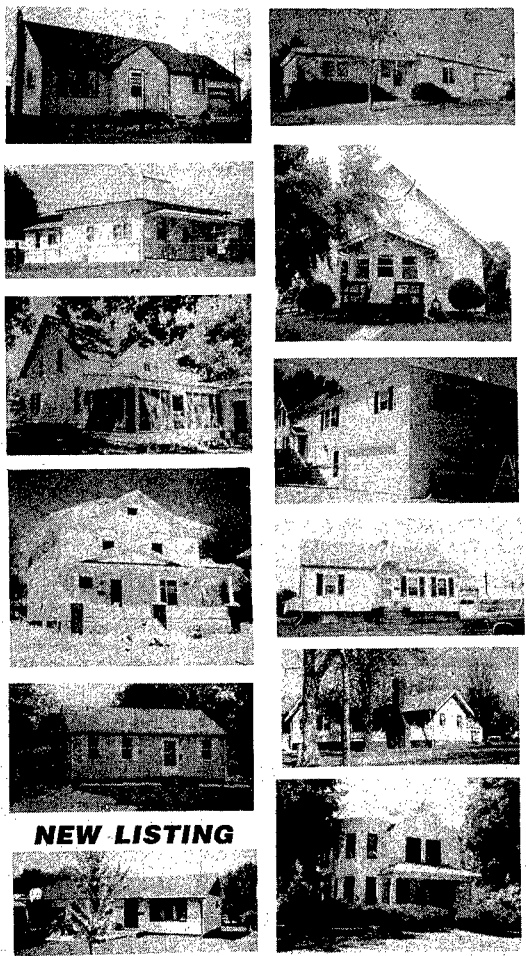
PHONE NUMBERS

HIGH SCHOOL — 375-3150
 WEST ELEMENTARY — 375-3854
 MIDDLE SCHOOL — 375-2230
 CARROLL ELEMENTARY — 585-4454

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 DARLEEN TOPP.....375-3703

Viewpoint

City officials reactions to proposed stop sign surprising

It came as a surprise to people who attended the most recent city council meeting that Wayne Police Chief Vern Fairchild and Public Works Director Vern Schulz oppose placing a stop sign at the corner of Fourth Street and Douglas.

This proposal, suggested by Brad Wieland, who lives in the neighborhood, received a great deal of negative response from Fairchild and Schulz. Fairchild said he was concerned that people wouldn't observe any stop signs at the location and Schulz said it would encourage accidents when the streets get slick during the winter months.

While this location probably deserves a stop sign (Fourth and Douglas is a busy intersection, especially during the school year), the public cry for a stop sign should not be overlooked. People who live in that area would have a much better idea of the hazards at this intersection than city officials who don't live in that area.

Let's hope that some stop signs are approved at Fourth and Douglas before a real accident occurs involving a child. Let's not take a wait and see attitude after an accident has occurred.

The last thing we want to see is a child getting hurt or killed. Let's support stop sign placement when the public outcry for one happens after a youngster is killed.

Thumbs up to the efficient work done by two police officers

Tenacious work by the Wayne Police Department has paid off yet one more time. The department is long overdue to be recognized for their efforts in fighting crime, especially after nabbing a suspect following the weekend burglaries.

Several months ago, when Quality Foods was burglarized, Wayne Police were quick to nab a suspect, who eventually was found guilty of the charges. Once again, the police deserve to be commended for capturing the latest robber, who allegedly committed his crimes over the weekend.

While the police department occasionally is the subject of criticism by the community, we should be thankful for the work they've done this time around. Hopefully, their skills won't have to be used again but it's comforting to know they're there when we need them.

Without having been efficient in their operation and without having conducted their investigation through teamwork, we might not have been as lucky as we were to have the latest suspect taken into custody. Wayne Police Officers Bob McLean and Ron Penlerick deserve to be commended for their efforts. We want to make sure they receive that attention.

Thank you to those two officers. You've let us know that you're here "to serve and protect."

Sorry for any ill feelings

Sometimes we have a tendency to overstep our boundaries. That was the case for me last week.

As part of my job, I write the viewpoints you read in the newspaper. Last week, I overstepped my boundary with the viewpoint dealing with the Dixon County Fair. First off, I would like to apologize for any ill feelings which may have developed as a consequence of the opinion piece. I never meant to be critical of the Dixon County Fair Board or the fair. As a matter of fact, I think the board did a phenomenal job with this year's event.

In all reality, the Dixon County Fair went exceptionally well. Ac-

ording to one fair board official, who asked to remain anonymous, gate passes were up 20 percent and the demolition derby was so full they had to turn back eight potential participants.

Carnival tickets were also up. According to one official's account, the carnival business was up 500 percent this year over last. That's a remarkable change.

Animal entries were also up. Goats were up 8 percent, sheep were up 8 percent and there were so many cattle entries that extra, temporary fences had to be built. Again this year, contestants entered and showed an estimated 70

head of horses. This goes to prove that the complaints which have been registered with us about the viewpoint which appeared in the Thursday, Aug. 15 edition underscore that everything's fine with the fair.

To those fair board officials, and the fair board President/Secretary Norman Meyer, I am sorry. I guess I, like others, take for granted what we have. I know I can't fathom the number of volunteer hours it took to put the fair together and to those volunteers I say: "Thanks. You did your job well."

I want you to know that we (and I) want what is best for the

fair. It was never my intention to undermine what work you did or the way the fair was pulled off. I'm sorry it came across the wrong way.

In the future, we want to continue to provide the fair coverage our public expects to see. We hope that doesn't change.

In conclusion, I would like to thank you for your input on this matter. We will strive to help you achieve continued fair growth in years to come and we want to be here to support your endeavors.

I can only hope this apology is accepted.

Mark Crist

Mark'n' the Spot

by Mark Crist



Condition has four causes

Have you ever noticed how your brain goes dead at the wrong times? Periodically, I have that problem.

I don't know about you but I have four explanations: (1) our brain circuitry is faulty; (2) it's something in the environment; (3) there's a little alien inside each of our heads which shuts off a switch which distributes information; (4) I forgot what the fourth reason was.

While there are a number of arguments which could be used for faulty brain circuitry, from scientific explanations to religious ones, the arguments can be as varied as whatever that stuff is you make from leftovers.

IN SEARCH of an explanation, I went to ask a scientist why this problem occurs. But when I got there, what I was going to ask him escaped me. In fact, it was so bad, I didn't even know why I was there. Such was the case when I prepared to ask a minister. The question vanished just as though it never existed.

Because of my lack of findings, I decided it must be something in the environment.

Heaven only knows what elements we are exposed to in the environment. Each morning, as dawn's early light streams from the horizon, I think to myself "this is going to be a beautiful day."

Little do I know that there are little creatures lurking in the environment which attack my brain cells. They do this without my realization and without the realization of others but they do it, nevertheless. There's a simple explanation for why they launch their attack: I attribute it to the fact they don't like mornings.

"Hee, hee. Let's take it out on that guy," they say to each other. Boom. There goes one.

THEN THERE'S theory three: it's a little alien which sits inside your head flipping the switch on and off. I would imagine this little fellow takes great delight in making people lose their short-term memory.

"Guess what happened the other day?" I'll say to someone on the street.

"I don't know. Tell me," is their usual response.

Suddenly, there's this long (and I mean long) pause.

"I forget what I was going to say," I respond.

Usually, the response is: "that's OK. It probably wasn't important anyway."

That's the most common way of excusing this temporary lapse. I've found that after you've finished conversing with the individual, then the little alien flips the switch back on and here you are with this wasteland of information with no one to tell it to.

While I'm certain there must be some reasons why we forget things; it is an undeterminable factor of ... what was I going to say? I forget.

Oh well, it must not have been important, anyway.



"MOM, HAVE YOU SEEN MY PEE-WEE HERMAN DOLL?"

Your Viewpoint

Question: What will you remember about this past summer now that school's about to start?



Amanda Pokett Wayne
That it was warm out most of the time.



Kelli Penn Wayne
That it's fun going swimming.



Craig Rahn Wayne
Going swimming and remembering how much fun it is to go off the diving boards.

Letters

Title upsetting

I was so pleased to see the first of a three part series on family day care. That was ... until I read the title of the article, "Licensing not a requirement, but it can be helpful". According to the Nebraska Rules for Family Day Care, the rule book you referred to in the article, "Licensing is required when care is provided to four or more children age 11 years or younger from different families for compensation, either direct or indirect." The article misses the point that licensing is not required when care is provided for only three or fewer children. Anyone caring for four or more children must register with the Department of Social Services to become licensed. Licensing is not voluntary as suggested by Mr. Crist's article, but self-reporting. This means that it is up to the provider to make sure that the day care home is registered according to Nebraska rules.

Furthermore, to operate a Day Care Home as a legal business and deduct legitimate business expenses as a self-employed person (using IRS Schedule C), the provider must meet local regulation requirements (i.e. the Nebraska Rules for Family Day Care). If you do not meet local regulation requirements you are not entitled

to deduct the business use of home utilities, mortgage interest, house insurance, house depreciation and real estate taxes; even though you are required to report your child care income.

If any readers have further

questions on the matter of licensing regulations, they can contact the licensing specialist for this area, Jeann Grantra at Norfolk, phone (402) 644-3175.

Irene E. Fletcher Wayne



NEBRASKA

TIMELINE

By the Nebraska State Historical Society

Children are often the teachers of their elders, as this 60-year-old account of a visit to the Nebraska State Historical Society Museum (then in the State Capitol) attests:

"One early afternoon recently, a father and his three small sons visited the Museum. The eldest of the three little fellows answered to the name of Billy. It was soon evident that Billy was intent on showing the museum to his father, rather than the usual reverse of the situation.

"After a severe grilling by the little boy, the Father approached a museum worker with a query: 'Is there such a thing as an Indian travois? My son insists there is and wants to see one.'

The worker informed the father that a replica could be found in miniature groups depicting Indian life. It was amazing to hear that little boy point out the significance of the ancient scene to his sophisticated father.

"Time and again the little fellow sought one of the workers to help him find an object he expressly wished to show his father. All afternoon they wandered around. Billy must have been about eight, yet his little brothers, young as they were, followed him loyally, their eyes wide with wonder as

they listened to Billy's interested chatter. In his enthusiasm he even insisted that his father take him down into the basement laboratories where all the archaeological objects from the field were cleaned, assembled and restored.

"It was late afternoon when the weary father finally managed to start his little group homeward. On their way out Billy said, 'Daddy, are you quite sure you have the difference between a war club and a tomahawk all straightened out in your mind?' The father smilingly admitted to the worker that he had just finished the longest lesson he had ever had in the life of the Plains Indians.

"The interest of young America is rapidly turning from the thrilling tales of war and instruments of death to the practical truths of the background of this race, their peaceful pursuits and their modes of home life."

The museum has moved twice in the intervening 60 years, but visitors young and old may still learn much about the Plains Indian past. The Museum of Nebraska History, 15th & P Streets in Lincoln, is open Monday-Saturday, 9 a.m. to 5 p.m. and from 1:30 to 5 p.m. on Sunday.

Editorial Briefs

Medicare fee schedule in right direction

The news announced last week by Sens. J.J. Exon and Robert Kerrey that the Medicare fee schedule, the payment paid for treatment, would be equalized between city and rural doctors appears to finally realize the cost of medicine in rural America is at least as great as that practiced by their city cousins. The new fee schedule becomes effective Jan. 1.

... If your rural way of life is to be preserved, our medical services must be treated more fairly.

Wahoo Newspaper

Disposal used to be so much easier

... Butte seemed like an illogical place considering its location at an extreme edge of a five-state area. But its scant population may have been a factor in its selection.

So how should the country deal with the population of the alleged problems of the 1990s? Disposal must still be accomplished. Even a money carrot doesn't seem useful in overcoming alleged fears. Humans of today will never know if the fears have a thread of legitimacy.

The Crete News

Lack of input surprising

Ho hum, another budget year is almost done. And most of the budgets have been adopted with minimal public input. We find that quite surprising considering the amount of public money — also known as tax dollars — that's involved.

... Making decisions about how to spend your money isn't easy for local officials. They do a good job, but only with public comment can local governments truly meet the needs and concerns of the people they serve.

West Point News

Letters Welcome

Letters from readers are welcome. They should be timely, brief and must contain no libelous statements. We reserve the right to edit or reject any letter.

Letters published must have the author's name, address and telephone number. The author's name will be printed with the letter; the address and the telephone number will be necessary to confirm the author's signature.

THE WAYNE HERALD AND MARKETER

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PRIZE WINNING NEWSPAPER
1991 Nebraska Press Assn.

National Newspaper Association
Sustaining Member 1991

Serving Northeast Nebraska's Greatest Farming Area

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In Wayne, Pierce, Cedar, Dixon, Thurston, Cuming, Stanton and Madison Counties: \$25.00 per year \$20.00 for six months. In-state: \$28.00 per year, \$22.50 for six months. Out-state: \$34.00 per year, \$27.50 for six months. Single copies 45 cents.

Both squads show promise

Wayne State volleyball, football teams scrimmage

The Wayne State volleyball and football teams hosted scrimmages Saturday evening with the women playing in Rice Auditorium from 5-6 p.m. while the football scrimmage started at 6:15 and went for 60 plays in a controlled scrimmage format.

Volleyball head coach Nancy Clark was pleased with what she saw in her team despite having just two days of practice. "I thought we looked pretty good for just two days of workouts," Clark said. "The girls really concentrated hard on learning the plays and they did a good job. We still have a lot of work however, but I believe we will have a stronger hitting team this year."

Clark said that her team was very strong last year in the blocking category and this year should be no exception. "We are looking to bring our offensive level to the same level as our blocking was last year," Clark said. "But at the same time we want to continue on the same level of playing defense at the net."

Clark said she was very pleased with what she saw from freshman Amber Lukowski and Wayne native Jennifer Hammer and is looking forward to begin the season which will be Tuesday, Sept. 3 at Dana College in Blair. The first home game for the Wildcats will be Thursday, Sept. 5 against traditionally strong Hastings at 7:30 p.m. in Rice Auditorium.

Turning to the football scrimmage the offensive highlight came on the second play when quarterback Troy Mott hooked up with wide out Bill Blondin for a 72-yard scoring strike. The offense did not score again during the scrimmage despite having some opportunities.

"I thought we played very aggressively on both sides of the ball," Wayne State head coach Dennis Wagner said. "We need to work on our consistency right now and we still have a long way to go before we are ready for that first game at Missouri Western on Aug. 31."

Wagner believes though that his Wildcats have an opportunity to be a very good football team. "Defensively during the scrimmage I thought we were real tenacious," Wagner said.

Offensive coordinator Keith Simons said the offense made some good things happen in the 60-play scrimmage but that they have a

long way to go. "We need to work on executing better," Simons said. "We have quite a bit of work left ahead of us but as for the scrimmage I felt our freshman all played pretty well for being the first time ever scrimmaging on the collegiate level."

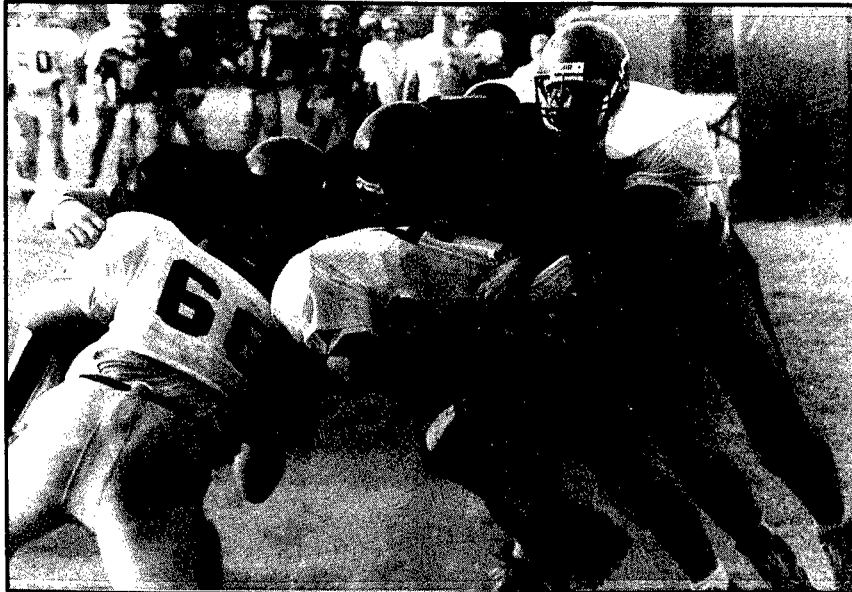
Simons was also pleased with the play he got from transfer running back Adam Valencia. "Adam showed he's ready to step in," Simons said. "He ran real hard for us."

Defensive coordinator Mark Gritton said he wasn't totally dissatisfied on what he saw from the opposite side of the ball. "We have an extra amount of

competition on defense which can only make our team better," Gritton said. "Everyone is trying real hard to earn a spot on the travel roster and the number two guys on the depth chart are trying for that top spot."

Gritton said his younger defensive guys are learning the footwork the right way from the rest of his defense because the majority of the first and second teamers from a year ago are back.

The Wildcats open the season on the road at Missouri Western on Aug. 31 in a night game before traveling to UNO on Sept. 7 for another night game. The first home game for the Wildcats will be Sept. 14 against Morningside.



WAYNE STATE'S FOOTBALL team ran through a 60-play scrimmage Saturday night in front of a nice crowd. The Wildcats open up season play Aug. 31 at Missouri Western.



WAYNE STATE VOLLEYBALL player Cori Welnfurter bumps a serve to her setter during the Wildcats first organized scrimmage of the year Saturday. Welnfurter, an Omaha junior, led the district in serving percentage last season at 98 percent. She also led WSC in digs (149).

City men's softball tournament Sunday

The Wayne Men's Slow Pitch City Softball Tournament will be held Sunday at the softball complex in Wayne. The 16-team field of teams that took part in league during the summer will be divided into two 8-team divisions based on the records throughout the summer.

The top eight teams will be in the A Division with the bottom eight teams taking part in the B Division. The champions of both divisions will be awarded trophies.

The tournament will be in double elimination format with action beginning at 11 a.m. The championship games are scheduled to begin at 6 p.m. The following is a composite of tournament pairings in the first round and the field assignments.

In the A Division 4th Jug/Nutrena Feeds received a bye following a 28-2 record during the season. The bye came because Wayne Sporting Goods could not field a team for the city tournament. Sporting Goods thus, ends the season with a 21-9 mark.

The Saloon team from Laurel will take their 17-13 record and square off against the C.C. Express from Winside who finished the year at 18-12. The game will begin at

noon on the Northeast field.

Sherman's Construction will play Quality Foods at 11 a.m. on the Southwest field. Sherman's went 27-3 on the season while Quality Foods was 14-16. The final pairing in the A Division has Diers Supply/Lutt Trucking playing against Dinkmill at 11 a.m. on the Southeast field. Diers went 21-7 during the year while Dinkmill was 14-14.

In the B Division Black Knight will play the Varsity at 11 a.m. on the Northeast field. Black Knight was 14-16 on the year while Varsity was 5-25. Logan Valley will play Farm Bureau Insurance at noon on the Northwest field. Logan Valley was 13-15 this summer while Farm Bureau was 8-20.

Great Dane will square off with Lindner Construction at 11 a.m. on the Northwest field. Great Dane finished the regular season with a 13-15 mark while Lindner's went 7-21. First Bankcard Center will play Danmill at noon on the Southwest field. The Bankcard Center went 13-17 during the summer while Danmill was 4-24.

It is required that all final scores of games be posted on the tournament brackets which are posted at the concession stand.

4th Jug/Nutrena Feeds softball team places fifth at men's state tournament

The 4th Jug/Nutrena Feeds mens softball team placed fifth in the Class D State Slow Pitch Softball Tournament held over the weekend in York. The locals went 3-2 in the tournament including three straight victories to open the tournament which earned them a plaque for their efforts.

In the first game the locals played "Bleachers" from Lincoln and 4th Jug/Nutrena pounded out 24 hits which propelled them to an easy 19-6 victory.

All 11 starters on the squad got at least one hit with Wes Lueth leading the way with three singles and a double. Mike Sharer hit two doubles and a single while Darin Blackburn hit two singles and a triple. Also getting three hits was Herman Carroll as he laced three

singles. Jeff Pasold smacked a triple and a single during the contest while John Brazda, Aaron Schuett and Steve Sorensen each hit a pair of singles. Al Nissen doubled and Doug Carroll and Ron Fink each singled.

In the second game 4th Jug/Nutrena defeated Bellevue Golden Gophers in a come from behind 9-8 contest. The locals scored four runs in the bottom of the seventh inning to advance in the winners bracket.

The hot bats of 4th Jug/Nutrena continued as they pelted the Golden Gophers with 21 hits. Once again all 11 starters garnered at least one hit with Jeff Pasold and Jeff Zeiss leading the way with

three hits apiece as Pasold had two singles and a double while Zeiss laced three singles.

Mike Sharer hit a single and a double while Herman Carroll, Al Nissen, Doug Carroll and Steve Sorensen each hit two singles. John Brazda, Wes Lueth, Aaron Schuett and Darin Blackburn each hit a single in the victory.

In the third contest in York the locals blanked B & D Construction of Kearney by an 11-0 score in five innings. 4th Jug/Nutrena pelted the opposition with 16 hits and were aided by an eight-run third inning. Jeff Pasold and Jeff Zeiss led the locals with three singles apiece while Al Nissen, Aaron Schuett, Mike Sharer and Darin Blackburn had two singles each. Steve Sorensen smacked a double and

Herman Carroll rounded out the hitting attack with a single.

4th Jug/Nutrena lost to Nebraska City Eagles in the fourth game by a 13-5 margin. The Wayne team pounded out 12 hits in the contest but a five-run fifth inning for the opposition gave them a cushion of 10-2 which was too much to overcome.

Herman Carroll, Wes Lueth, Al Nissen and Aaron Schuett each had two singles for the locals while Ron Fink smacked a double. Doug Carroll, Jeff Pasold, and Steve Sorensen each singled.

The fifth and final game of the state tournament for 4th Jug/Nutrena saw the Wayne team lose 13-10 in a rematch with Bellevue Golden Gophers. The locals pounded out 14 hits despite suffering the loss.

Jeff Pasold and Wes Lueth each ripped three singles while Herman Carroll, Al Nissen and Doug Carroll each had two singles. Aaron Schuett and Mike Sharer rounded out the hitting with one single each.

Senior club golf tourney held Sunday

WAYNE-The Senior Wayne Country Club Tournament was held Sunday with two divisions of golfers based on age. In the first division ranging from 55-69 years of age Val Kienast was the winner with a 78 while Lee Tietgen placed runner-up with an 81. Gene Claussen was the net winner of the 18-hole tournament with a 66.7.

In the second division for those aged 70 and over Don Sund was the winner with an 89 while Don Lutt was runner-up with a 93. Fred Gildersleeve was the low net winner with a 70.8.

Photography: Kevin Peterson



Cheerleading placers

THE WAYNE CHEERLEADERS placed fourth in the big school division during camp at Hastings College last week. Pictured in back from left to right is Kim Endicott, Tera Vandevelde, Kris DeNaeyer and Mary Ewing. Front: Hollie Trube, Lisa Ewing and Beth French.

PATRICK SWAYZE POINT KEANU REEVES BREAK
Nightly at 7:00 Late Fri Sat & Tue at 8:15 Bargain Mat Sun 2 Bargain Night Tue 7 & 8:15

BILLY CRYSTAL CITY SLICKERS
Nightly at 7:15 Late Fri Sat Tue 9:15 Bargain Mat Sun 2 Bargain Night Tue 7:15 & 9:15

MELODEE LANES
THE FAMILY FUN CENTER
WILL BE REOPENING ON
FRIDAY AUGUST 23, 7:00 PM
BRING THIS AD FOR ONE LINE OF
FREE BOWLING
SHOES NOT INCLUDED
OFFER GOOD ONLY ON AUGUST 23

SNAPPER MULCHING MOWER SALE

SAVE \$90.00!!

\$279.95
Reg. \$369.00

3 1/2 HP Briggs Quantum Engine - 21" Deck

\$459.00 w/Trade
Self-Propelled
Mulching Mower
5 HP Briggs Quantum - 21" deck

FREE!
Rear Bagger Attachment with Purchase of any 21" Mulching Mower
\$50.00 Value!
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Obituaries

Priscilla Skov

Priscilla Skov, 73, of Sun Lakes, Ariz., formerly of Wayne, died Monday, Aug. 19, 1991 at Sacred Heart Hospital in Yankton, S.D.

Services will be held Saturday, Aug. 24 at 11 a.m. at Redeemer Lutheran Church in Wayne. The Rev. Mike Girlinghouse and Vicar Chuck Harris will officiate. There will be no visitation because her body has been donated to research.

Priscilla Annette Skov, the daughter of Pete A.C. and Christina Christensen Nelson, was born Aug. 29, 1919 at Fremont. She was baptized and confirmed at Bluffs Lutheran Church in Fremont. She graduated from Fremont High School in 1938 before attending Midland College. She taught school in Dodge and Beemer. She married Lyle L. Skov on Aug. 25, 1946 at First Lutheran Church in Fremont. The couple moved to Wayne in 1955 where she worked at Nebraska Book Company for Wayne State College and the Wayne Book Store until retiring. She was a member and past officer of the ACME Club in Wayne. She was a member of Redeemer Lutheran Church in Wayne, where she taught Sunday school and summer Bible school. She presently retired to Sun Lakes, Ariz. and was a member of the Spirit of Joy Lutheran Church.

Survivors include, Dr. Lyle L. Skov of Sun Lakes, Ariz.; one daughter, Diane Backman of Chandler, Ariz.; one son, Rodney Skov of Lincoln; five grandchildren; mother-in-law, Helen Skov of Blair; two brothers, Shurley Nelson of Blair and Perry Nelson of Fremont; two sisters, Marie Hansen of Raytown, Mo. and Kathleen Gutschow of Fremont; nieces and nephews.

She was preceded in death by her parents and one brother.

Funeral arrangements were made by the Schumacher Funeral Home in Wayne.

Fredrick Kraemer

Fredrick Kraemer, 59, of Allen died Thursday, Aug. 15, 1991 at Marian Health Center in Sioux City, Iowa.

Services were held Monday, Aug. 19 at St. Paul's Lutheran Church, Concord. The Rev. Richard Carner officiated.

Fredrick Herman Kraemer, the son of Herman and Sadie Goshorn Kraemer, was born Feb. 1, 1932 at Wakefield. He graduated from Concord High School in 1949. He served in the United States Army from June 10, 1953 until March 9, 1955. He married Joleen Carlson on Oct. 19, 1958 at Concordia Lutheran Church in Concord. The couple farmed near Concord and Allen. He was a lifelong member of St. Paul's Lutheran Church, a member of the Allen American Legion Floyd-Gleason Post 131 and was active in many communities activities.

Survivors include his wife, Joleen Kraemer of Allen; one son, Kevin Kraemer of Newport Beach, Calif.; two daughters, Mrs. David (Colette) Celecki of Denver, Colo. and Mrs. Scott (Kelly) Lloyd of Kent, Ohio; two brothers, Billie Kraemer of Sheldon, Mo. and Eugene Kraemer of Menomonee, Wis.; one sister, Mrs. Veri (Carolyn) Carlson of Wakefield; nieces and nephews.

He was preceded in death by his parents and one sister.

Honorary pallbearers were Terry, Robert and David Kraemer and Jeff and Dirk Carlson.

Active pallbearers were Ervin and Rich Kraemer, LeRoy Koch, Duane Harder, Cliff Stalling, Harlin Anderson, Harlan Mattes and Robert Blohm.

Burial was in the St. Paul's Cemetery, Concord with military committal by the Allen American Legion Floyd-Gleason Post 131. McBride-Wiltse Mortuary in Laurel was in charge of arrangements.

Gladys Anderson

Gladys Anderson, 94, of Laurel died Monday, Aug. 19, 1991 at the Marian Health Center in Sioux City, Iowa.

Services will be held Thursday, Aug. 22 at 11 a.m. at the United Methodist Church in Laurel. The Rev. Ron Mursick will officiate. Visitation was scheduled for 9 a.m. to 9 p.m. on Wednesday, Aug. 21 at the Schumacher Funeral Home in Laurel.

Burial will be in the Laurel Cemetery with McBride-Wiltse Mortuary in Laurel in charge of arrangements.

Church Services

Wayne

- EVANGELICAL FREE**
1 mile east of Country Club (David Dickinson, pastor)
Friday: Men's prayer meeting, 7:12 Grainland Rd., 6:30 a.m. Sunday: Sunday school, 9:30 a.m.; worship, 11; Serendipity and Navigator 2:7 series, 6 p.m.
- FIRST BAPTIST**
(Gordon Granberg, pastor)
Sunday: Sunday school, 9:30 a.m.; coffee and fellowship, 10:30 to 10:45; worship, 10:45.
Wednesday: Midweek service, 7:30 p.m.
- FIRST CHURCH OF CHRIST (Christian)**
East Highway 35 (Clark Medill, interim pastor)
Sunday: The Christian's Hour, broadcast KTCH, 8:45 a.m.; Sunday school for all ages, 9:30; worship, 10:30.
- FIRST TRINITY LUTHERAN**
Altona (Missouri Synod (Ricky Bertels, pastor)
Sunday: Worship, 9 a.m.; no Sunday school. Tuesday: Sunday school teachers meeting, 7 p.m.; finance board, 8.
- FIRST UNITED METHODIST**
(Donald Nunnally, pastor)
Thursday: Cottage get-acquainted (Dick and Becky Keidel), 7 p.m. Sunday: Worship, 9:30 a.m.; coffee and fellowship, 10:30. Monday: Evening worship, 7 p.m. Wednesday: Theophilus, 2 p.m.

- Outreach, 7:30 p.m.; Christian Student Fellowship, 9:30. Wednesday: Men's Bible breakfast, 7:30 a.m.; Grace Senior Group, noon.
- INDEPENDENT FAITH BAPTIST**
208 E. Fourth St. (Nell Helmes, pastor)
Sunday: Sunday school, 10 a.m.; worship, 11; evening worship, 6:30 p.m. Wednesday: Choir practice, 7 p.m.; Bible study, 7:30; children's church for ages three to six (Bible stories and memorization, puppets, singing and refreshments), 7:30. For free bus transportation call 375-3413 or 375-4358.
- JEHOVAH'S WITNESSES**
Kingdom Hall 616 Grainland Rd.
Friday: Ministry school, 7:30 p.m.; service meeting, 8:20. Sunday: Public meeting, 9:30 a.m.; Watchtower study, 10:20. Tuesday: Congregation book study, 7:30 p.m.
- REDEEMER LUTHERAN**
(Franklin Rothfuss, pastor) (Chuck Harris, intern)
Sunday: Worship, 8:30 and 11 a.m.; congregational potluck farewell dinner for Vicar Chuck and Christine Harris, noon. Monday: Joint worship service at St. Paul's Lutheran Church, 7 p.m.; evangelism committee, 7:45. Tuesday: Bible study, 6:45 a.m. Wednesday: Sewing, 1:30 p.m.; third grade confirmation students and parents meeting, 7:30.
- ST. ANSELM'S EPISCOPAL**
1006 Main St. (James M. Barnett, pastor)
Sunday: Services, 10 a.m., except second Sunday of each month at 7:30 a.m.
- ST. MARY'S CATHOLIC**
(Donald Cleary, pastor)
Saturday: Mass, 6 p.m. Sunday: Mass, 8 and 10 a.m.
- ST. PAUL'S LUTHERAN**
(Jack Williams, pastor)
Thursday: Sewing group, 9:30 a.m. Sunday: Worship, 9 a.m., followed with coffee; no Sunday school. Monday: Joint worship with Redeemer at St. Paul's, 7 p.m.; church council, 7:30. Tuesday: Tops, 6:30 p.m. Wednesday: Confirmation meeting with parents and students, 7 p.m.; worship and music, 7:30.

Edna Kramer

Edna Kramer, 89, of Winside died Saturday, Aug. 17, 1991 at Sisters Hospital in Norfolk.

Services were held Tuesday, Aug. 20 at St. Paul's Lutheran Church in Winside. The Rev. Jeffrey Lee officiated.

Edna Barbara Kramer, the daughter of Fredrick and Mary Magdalina Weible Pfeiffer, was born May 16, 1902 at Aurora, Ill. She was baptized on June 29, 1902 at Aurora, Ill. and confirmed on June 11, 1916 at Trinity Lutheran Church in Winside. She attended rural school. She married Gustav Kramer on Jan. 23, 1924 at Trinity Lutheran Church, Altona. The couple farmed for a number of years before moving to Winside in 1968. She was a member of St. Paul's Lutheran Church, the Ladies Aid and the Senior Citizens.

Survivors include two sons, Marvin Kramer of Battle Creek and Robert Kramer of Epworth, Iowa; two daughters, Mrs. Evelyn Anderson of Norfolk and Mrs. Harlan (Lois) Hilfiker of Lincoln; 11 grandchildren; 13 great grandchildren; one sister, Esther Krueger of Norfolk; and one sister-in-law, Freda Pfeiffer of Wayne.

She was preceded in death by her husband in 1973, three brothers and three sisters.

Pallbearers were Tom, Todd and Troy Kramer, Steve Otjen, Jason Bernhard and Randy Anderson.

Burial was in the Pleasant View Cemetery in Winside with McBride-Wiltse Mortuary in Winside in charge of arrangements.

Sara Filter

Sara Filter, 79, of Wayne, formerly of Dubuque, Iowa, died Sunday, Aug. 18, 1991 at the Wayne Care Centre.

Services will be held Thursday, Aug. 22 at 10 a.m. at Egghof-Casper Funeral Home in Dubuque, Iowa.

Sara Ellen Filter, the daughter of Timothy and Lena Koser Fairchild, was born Feb. 12, 1912 on a farm in Texas County, Mo. She moved to Iowa City, Iowa in 1918. She graduated from Iowa City High School before attending Iowa State University and was assistant librarian in the Iowa City Library. She married Chester Filter on July 24, 1932. The couple moved to Dubuque, Iowa in 1938 where Chester was head chemist at the Midland Chemical Laboratories. She worked a number of years at Stampler's Department Store in Dubuque. She moved to Wayne in March, 1991. She was a member of Summit Congregational Church UCC and the Dubuque Garden Club.

Survivors include two sons, William and Carolyn Filter of Wayne and Robert and Connie Filter of Des Moines, Iowa; four grandchildren; one great granddaughter; one brother, Charles Fairchild of Coeur d'Alene, Idaho; and three sisters, Leona Osterday of Lamont, Wis., Lucy Green of Gig Harbor, Wash. and Mildred Schell of Asheville, N.C.

She was preceded in death by her husband in 1983, one brother and one sister.

Burial will be in the Memorial Gardens Cemetery in Dubuque, Iowa with Schumacher Funeral Home in Wayne in charge of arrangements.

Knights of Columbus state organization presents funds at game

Sunday, Aug. 18 was the Knights of Columbus Game Day at Rosenblatt Stadium and before the game, the Knights of Columbus State Deputy, Robert Ostiediek of Gretna, distributed grants from the Mental Retardation Foundation of Nebraska, Inc.

Grants were awarded to the following organizations: Special Olympics, \$13,000; ARC/Nebraska, \$11,000; Madonna School in Omaha, \$10,000; Villa Marie School in Lincoln, \$8,000; Youth Care of Omaha, \$3,000; and ARC/Greater Omaha, \$2,000.

Approximately 115 local Knights of Columbus Councils participated in the 1991 Tootsie Roll Drive last April, generating over \$145,000 statewide. Fifty percent of the funds raised by individual Knights of Columbus Councils remain in the local community and are used to support programs and

Alta Holmes

Alta Holmes, 90, of Wakefield, formerly of Allen, died Wednesday, Aug. 14, 1991 at the Wakefield Care Center.

Services were held Saturday, Aug. 17 at the First Lutheran Church in Allen. The Rev. Duane Marburger officiated.

Alta Marie Holmes, the daughter of William and Catherine McPherran Lenox, was born Sept. 25, 1900 at Dakota City. She moved to the Allen area with her family at the age of 10. She married Charles Geiger on March 25, 1919 and the couple farmed in the Allen area. Charles died on Sept. 20, 1935. She married Leslie Holmes on May 1, 1942. He died in September, 1949. She worked as a clerk in the grocery store and also in the Dixon's Variety Store. Later, she worked in the Allen Public School lunch kitchen. She also served as the librarian for the town library. She was a member of the First Lutheran Church and the Allen American Legion Auxiliary.

Survivors include one son and daughter-in-law, V.C. (Barney) and Phyllis Geiger of Allen; one son-in-law, Russell Westad of Hawarden, Iowa; one daughter, Mrs. Loyd (Lynda) Harper of Bossier, La.; six grandchildren; 10 great grandchildren; one great great grandchild; and one brother and sister-in-law, Lloyd and Vera Lenox of Norfolk.

She was preceded in death by both husbands, four brothers, five sisters, one daughter and one granddaughter.

Pallbearers were Charles Geiger, Dick Cobb, Dick Liston, Jeffrey Craven, Raymond Brownell and Gaylen Jackson.

Burial was in the Eastview Cemetery, Allen, with Bressler-Humlicek Funeral Home in charge of arrangements.

Heydon gets badge

Dean Heydon, son of Mr. and Mrs. Clay Heydon of Laurel, was one of three Boy Scouts who received their Eagle Awards — the highest honor in the Boy Scout organization on Aug. 8 at a special ceremony in the Laurel United Methodist Church.

Dean joined Cub Scouts at the age of 8. As a Cub Scout he earned the Arrow of Light Award. At the age of 11, he advanced into Troop 176. He has held offices of Assistant Patrol Leader and Patrol Leader. He was inducted into the Order of the Arrow in 1987. He earned 21 Merit Badges.

Heydon has attended the Mid-America Council Boy Scout Camp at Camp Cedars for four years. He participated in numerous scout trips including several canoe trips on the Niobrara River. He went on two high-adventure trips — canoeing and backpacking in the Canadian Boundary Waters and backpacking in the Rocky Mountains in Colorado.

His Eagle service project was restoring and improvement at the Lions Club Park in Laurel. He organized his fellow scouts to put in and paint posts around the driveway and to paint and fix the courtesy mail-box at the park. He also constructed and erected a new sign welcoming people to the Lions Club Park and to the Laurel swimming pool.

Dean is a 1991 graduate of Laurel-Concord High School.

services for children and adults with mental retardation locally. The remaining funds are distributed by the Mental Retardation Foundation of Nebraska, Inc., a division of the Knights of Columbus.

Ostiediek indicated the Knights of Columbus have generated over \$1,660,350 since the Tootsie Roll Drive's inception in Nebraska in 1976. The Knights believe that quality of life is important for all citizens, including children and adults with mental retardation, and dedicate a large portion of their efforts to supporting programs that improve the lives of children and adults with mental retardation and their families.

For more information about the Mental Retardation Foundation of Nebraska, Inc., contact the Knights of Columbus Health Services Chairman, Lowell Nesbitt at (308) 882-5278.

SCHUMACHER FUNERAL HOMES
WAYNE
CARROLL
WINSIDE
LAUREL
375-3100
Steve & Donna Schumacher

GRACE LUTHERAN
Missouri Synod (Jeffrey Anderson, pastor)
(Merle Mahnen, assoc. pastor)
Thursday: Grace future's committee, 8 p.m. Sunday: (Rally Day) The Lutheran Hour, broadcast KTCH, 7:30 a.m.; worship with communion, 8; Sunday school and Bible classes, 9; Rally Day worship in the WSC Willow Bowl, 10; Rally Day picnic, Bressler Park, 11. Monday: Worship with communion, 6:45 p.m.; Duo Club, 8. Tuesday: Grace

- Methodist Church, noon; Session, 6:30 p.m.
- WAYNE WORLD OUTREACH CENTER**
Assembly of God 901 Circle Dr. (Bob Schoenherr, pastor)
Sunday: Worship, 10 a.m.; prayer meeting, 6 p.m. Wednesday: Adult and children's Bible teaching, 7 p.m. For more information phone 375-3430.
- Allen**
- FIRST LUTHERAN**
(Duane Marburger, pastor)
Sunday: Worship, 9 a.m.; no Sunday school during August.
- SPRINGBANK FRIENDS**
(Dirk Alspach, pastor)
Sunday: Sunday school, 10 a.m.; worship with the Ericksons, missionaries to Bolivia, 11; evening praise fellowship, 7 p.m. Wednesday: Bible study and prayer meeting, 7:30 p.m.
- UNITED METHODIST**
(T. J. Fraser, pastor)
Sunday: Worship, 10:30 a.m.; no Sunday school during August.

Carroll

- ST. PAUL'S LUTHERAN**
(Christopher Roepke, pastor)
Sunday: Worship, 8:30 a.m. Tuesday: Sunday school teachers meeting, 7:30 p.m.
- UNITED METHODIST**
(Donald Nunnally, pastor)
Sunday: Worship, 11 a.m.
- UNITED PRESBYTERIAN-CONGREGATIONAL**
(Gall Axen, pastor)
Sunday: Combined worship service at the Presbyterian Church, 10 a.m.
- Hoskins**
- PEACE UNITED CHURCH OF CHRIST**
Sunday: Worship, 9:30 a.m.

You can't build a house with only one kind of tool. Nor can you build a world with only one kind of person.

Region IV

If we all work together, we can build tomorrow!

- TRINITY EVANGELICAL LUTHERAN**
(James Nelson, pastor)
Sunday: Worship, 9:30 a.m. Tuesday: School opening service, 8:30 a.m.; adult information class, 7:30 p.m. Wednesday: Confirmation class, 4:15 p.m.
- ZION LUTHERAN**
(Gerald Schwanke, pastor)
Sunday: Sunday school Rally Day, 9:15 a.m.; worship, 10:30. Tuesday: Bible class, 10 a.m. and 8 p.m. Wednesday: Confirmation class, 4 p.m.
- WORD OF LIFE MINISTRIES**
Thursday: Bible study, 10 a.m. Sunday: Sunday school, 10 a.m.; service, 10:30. Wednesday: Teen group (371-6583), 7 p.m.; prayer service, 7.
- Leslie**
- ST. PAUL'S LUTHERAN**
(Ricky Bertels, pastor)
Sunday: Worship, 10:30 a.m.
- Wakefield**
- CHRISTIAN**
(Tim Gilliland, pastor)
Sunday: Sunday school, 9:30 a.m.; worship, 10:30. Wednesday: Study, 7 p.m.; youth, 7; ILA, 8.
- EVANGELICAL COVENANT**
(Charles D. Wahstrom, pastor)
Saturday: Father-son banquet, 6:30 p.m. Sunday: Sunday school for everyone, 9:30 a.m.; worship, 10:45; worship at Wakefield Health Care Center, 2:30 p.m.; diaconate visitation, 7. Wednesday: Rebecca Circle, 2 p.m.
- IMMANUEL LUTHERAN**
(Richard Carner, pastor)
Sunday: (Rally Day) Sunday school, 9:30 a.m.; worship with communion, 10:30, followed with potluck.
- PRESBYTERIAN**
(Jesse and Arlene Patrick, pastors)
Sunday: Worship, 11 a.m.
- ST. JOHN'S LUTHERAN**
(Bruce Schut, pastor)
Sunday: Sunday school and Bible class, 8:45 a.m.; worship with Eucharist, 10.
- SALEM LUTHERAN**
(Klip Tyler, pastor)
Thursday: Alcoholics Anonymous, 8 p.m. Friday: Fifth quarter, 8 p.m. Sunday: Worship, 10:30 a.m.; Eucharist at Wakefield Health Care Center, 1:30 p.m.; Eucharist in fellowship room, 3. Tuesday: Staff meeting, 9 a.m.; text study, 10:30. Wednesday: Chicago folk service, 7 p.m.
- Winside**
- ST. PAUL'S LUTHERAN**
(Jeffrey Lee, pastor)
Thursday: Early risers Bible study, 6:30 a.m.; pastor's office hours, 9 to 11:30. Friday: Pastor's office hours, 9 to 11:30 a.m. Sunday: Worship with communion, 8 and 10:30 a.m.; Sunday school and adult Bible classes, 9:15. Monday: Pastor's office hours, 9 to 11:30 a.m.; women's Bible study, 9:30. Tuesday: Pastor's office hours, 9 to 11:30 a.m. Wednesday: Pastor's office hours, 9 to 11:30 a.m.
- TRINITY LUTHERAN**
(Peter and Marsha Jark-Swain, pastors)
Sunday: Sunday school, 9:30 a.m.; worship, 10:30.
- UNITED METHODIST**
(Marvin Coffey, pastor)
Sunday: Worship, 11:05 a.m.

Come join our Rally Day Service!!
BALLOON LAUNCH at 10:00 AM

Service in
The Willow Bowl,
Sunday,
August 25

GRACE LUTHERAN CHURCH
904 Logan Street Wayne, NE
Phone: 375-1905

FAMILY WORSHIP TIMES
SUNDAY: 9:00 AM BIBLE CLASSES
8:00 AM SERVICE
MONDAY: 6:45 PM SERVICE

Come Grow With Us In GRACE

LADIES AID AND LWML

A 9:30 a.m. no-host brunch preceded the regular Ladies Aid and LWML meeting Aug. 14 held at St. Paul's Lutheran Church social room. Seven members and Pastor Roepke responded to roll call. Nancy Junck, president, was in charge of opening devotions.

An officer training WINGS (Women's in God's Service) will be held at Camp Luther on Sept. 14 near Schuyler. All society presidents and one other person are requested to attend.

Please bring school supplies you wish to donate for the Mission Bag project to the Sept. 11 meeting. All mission projects must be completed for the Oct. 8 Fall Rally to be held at St. John's Lutheran Church in Wakefield. Notify Nancy if you plan to attend. Cindy Hurlbert and Gerry Buresh were honored in absentee for their August birthdays. Oct. 13 will be observed as LWML Sunday.

A skit "If God Should Speak," was read by Pastor Roepke and Edith Cook. The Bible study conducted by the pastor was taken from Roman's 8:26-27, "Help Us With Our Prayers."

The meeting closed with the hymn, "What A Friend We Have In Jesus" and the Lord's Prayer.

Donna Leicy will be the September hostess at the regular time, 1:30 p.m.

Ivy Junck, secretary.

SOCIAL CALENDAR

Saturday, Aug. 24: Library open, 1-3 p.m.

Sunday, Aug. 25: Fireman's picnic, park.

Monday, Aug. 26: Senior Citizens.

Tuesday, Aug. 27: St. Paul's Lutheran Sunday school teacher's meeting.

Wednesday, Aug. 28: School begins, Carroll Elementary, 8:20 a.m.

Wakefield News

Mrs. Walter Hale
287-2728

SOCIAL CALENDAR

Thursday, Aug. 22: Alcoholic Anonymous, Salem Lutheran Church, 8 p.m.

Monday, Aug. 26: Firefighters Mutual Aid, 8 p.m.

Tuesday, Aug. 27: Pops Partners 4-H, 7:30 p.m.

UN-L confers degrees to area students

A number of area students received degrees from the University of Nebraska-Lincoln during commencement exercises Saturday, Aug. 17 at the Bob Devaney Sports Center.

Students who received degrees include: Allen — Paulette D'Vee Koester Buss, master of arts; Wayne — Jeffrey Gordon Baier, master of science; Timothy Charles Griess, bachelor of science; Robert Eugene Lamb, bachelor of arts; Sally Sue Nuss, master of education; Julie Kathleen Stuve, bachelor of arts; and Jennifer Ann Wessel, bachelor of science.

UNL Interim Chancellor John W. Goebel presided at the exercises. James V. Griesen, vice-chancellor for student affairs, wished the graduates well during the commencement address.

Pharmacy & Your Health

WILL DAVIS
SAV-MOR PHARMACY

Preventing Constipation Without Laxatives

When constipation occurs, a laxative product may bring fast relief. But prevention of constipation often can be accomplished without use of laxatives. Many experts agree that the key to good bowel health is eating a well-balanced diet that includes high-fiber foods such as vegetables, fruits, and whole grains. Such a diet should not contain excessive amounts of cheese, which can harden the stools. Drinking plenty of fluids and obtaining daily exercise also help. If these measures do not prevent constipation, ask your pharmacist about nonlaxative products that help prevent constipation. *Psyllium seed husk* is a natural fiber that adds bulk to the stool. *Docusate* wets and softens the stool, hastening its movement through the bowel.



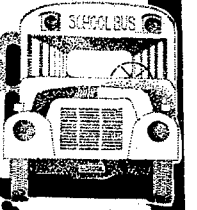
WAYNE'S

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- Oshe Assorted **LUNCHEON MEAT** 12-Oz. **88¢**
- Armour **CORN DOGS** Lb. **\$1.39**
- John Morrell **SLICED BACON** 12 oz. **\$1.09**
- Swift Brown & Serve - All Varieties **SAUSAGE** 8 Oz. **\$1.09**
- Hygrader's Grillmaster **CHICKEN BOLOGNA** 16 oz. **\$1.29**
- John Morrell **PORK SAUSAGE** 16 oz. **99¢**
- Tyson Boneless **BEEF RIB PATTIES** Lb. **\$2.79**
- Tyson Grilled **CHICKEN BREAST** Lb. **\$3.49**
- Wimmer's Reg. or Beef **SKINLESS WIENERS** ... 16 Oz. **\$2.59**
- Hillshire - All Varieties **SMOKED SAUSAGE** Lb. **\$2.19**

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USDA CHOICE

OUR MEAT DEPARTMENT FEATURES ONLY USDA CHOICE CUTS! THERE IS A DIFFERENCE!

- USDA Choice Boneless **CHUCK ROAST** **\$1.39** Lb.
- USDA Choice Boneless Arm Cut **CHUCK ROAST** **\$1.59** Lb.
- USDA Choice **T-BONE STEAK** **\$4.19** Lb.
- USDA Choice **NEW YORK STRIP** **\$4.39** Lb.
- Fresh 80% Lean **GROUND CHUCK** **\$1.49** Lb.
- Hudson Grade A Family Pack Chicken **LEGS or THIGHS** **69¢** Lb.

PRODUCE

- 98-Oz., 42 Load ULTRA TIDE** **\$6.79**
- Red or Green Seedless GRAPES** **59¢** Lb.
- Washington Bartlett **14-Lb. Lug PEARS For Canning** **\$5.99**
- Fresh Iceberg Naked **HEAD LETTUCE** **3/\$1.00**
- 20-Lb. Russet **POTATOES** **\$1.69**

- Hormel **ROAST BEEF** Lb. **\$3.75**
- Mozarella **CHEESE** Lb. **\$2.35**
- 3-Bean **SALAD** Lb. **95¢**
- Geneo's **HARD SALAMI** ... Lb. **\$2.59**
- Wimmer's **NEBRASKA ROLL** Lb. **\$3.29**

FRIDAY & SATURDAY 11 AM - 5 PM
Wimmer's **HOT DOGS** **2/\$1**
POP **30¢**

- Biz 45-Oz. BLEACH** **\$2.99**
- Solo Gallon **LAUNDRY DETERGENT** **\$4.59**
- Dawn 22-Oz. **DISH SOAP** **\$1.29**
- Main Stay 20-Lb. **DOG FOOD** **\$4.99**
- Purina **Hi Protein DOG FOOD** **\$6.99** 20-Lb.
- Hunt's 15-Oz. **TOMATO SAUCE** **2/\$88¢**
- Malto O Meal 10-Oz. **TOASTY O'S** **99¢**
- Malto O Meal 13-Oz. **CRISP 'N CRACKLIN RICE** **\$1.29**
- Nabisco 20-Oz. **OREOS** **\$1.99**
- Frito Lay **Back To School LUNCH PACKS** **\$1.99**
- 24-Pack Reg. or Diet **COKE or 7-UP** **\$5.39**

GATORADE **99¢**

FROZEN

- Robert's 5-qt. Pail **Vanilla Only ICE CREAM** **\$2.89**
- Swanson 7 to 12 Oz. **HOMESTYLE ENTREES** **99¢**
- Tombstone 12-Inch **Original PIZZA** **2/\$6.00**
- Old Orchard 12-Oz. **FRUIT BEVERAGE** **69¢**
- Old Orchard 12-Oz. **APPLE JUICE** **69¢**
- Old Orchard 12-Oz. **LEMONADE** **2/\$89¢**
- Blue Bunny 5-qt. Pail **Hi Lite ICE MILK** **\$3.29**
- Blue Bunny 6-Pack **NUTTY ROYALE** **\$1.39**
- Lemon Pepper or Cajun **FISH FILLETS** **99¢**

- Shurfresh **SANDWICH BREAD** **67¢**
- Baggies 150-Ct. **STORAGE & SANDWICH BAGS** **79¢**
- Malto O Meal 10-Oz. **TOASTY O'S** **99¢**
- Malto O Meal 13-Oz. **CRISP 'N CRACKLIN RICE** **\$1.29**
- Nabisco 20-Oz. **OREOS** **\$1.99**
- Frito Lay **Back To School LUNCH PACKS** **\$1.99**
- 24-Pack Reg. or Diet **COKE or 7-UP** **\$5.39**

HEALTH & BEAUTY

- Oral B Adult **TOOTHBRUSH** **\$2.19** with FREE Oral B Dental Floss On Pkg. Mail-In Rebate **\$1.00** **YOUR FINAL COST \$1.19**
- Teen Spirit - 2-Oz. 33% More Free **ANTI-PERSPIRANT** .. **\$1.79**
- Appearance 32-Oz. **BUBBLE BATH** **\$1.09**
- Aim 6.4-Oz. **TOOTHPASTE** **\$2.00** On-Pack Instant Redeemable Coupon **-.75¢** **YOUR COST \$1.25**
- Blue Bunny 6-Oz. **Lite 85 YOGURT** **3/\$1.00**
- Country Crock 3-Lb. **SPREAD** **\$1.69**
- Crystal Farms **Grade A Medium Dozen EGGS** **2/\$88¢**

DAIRY

- Baker's 12-Oz. **CHOCOLATE FLAVORED CHIPS** **69¢**
- Blue Bunny 5-qt. Pail **Hi Lite ICE MILK** **\$3.29**
- Blue Bunny 6-Pack **NUTTY ROYALE** **\$1.39**
- Lemon Pepper or Cajun **FISH FILLETS** **99¢**

Mrs. Hilda Thomas
565-4569

MISSIONARY SOCIETY

The Lutheran Women's Missionary Society met Thursday at the Trinity fellowship hall. The meeting opened with a hymn and all members took part in presenting the topic for July, "Who Will Go and Work Today?" and the topic for August, "Encouraging the Young to Follow the Lord."

Mrs. Ed Schmale, president, conducted the meeting. Mrs. Alvin Wagner read the report of the June meeting and gave the treasurer's report. Mrs. John Mangels, reporter, read a reminder that the LWMS Fall Rally will be held at Good Shepherd Lutheran Church in Omaha on Sept. 21. Mrs. Alfred Mangels, who is contact lady for the Nebraska District of WELS, will be the guest speaker and will speak on the African Medical Mission. The meeting closed with a hymn, the Lord's Prayer and table prayers. Mrs. Lane Marotz was coffee chairman for the no-host lunch.

The next meeting will be on Sept. 19.

BIBLE SCHOOL

Peace United Church of Christ held their vacation Bible school Aug. 12-16. The theme this year was "Camp Can-Do." Twenty children attended the classes which were held daily from 6:30 to 8:30 p.m.

Ruth Puls and Lanetta Stoffel were in charge of music. Teachers were Patty Wade, Peg Behmer, Adele Gallop and Connie Behmer. Helper was John Gallop.

The children provided special music for the Sunday service.

BIRTHDAY CLUB

Mrs. Frieda Meierhenry entertained the Hoskins Birthday Club Friday afternoon. Bunco prizes went to Mrs. Gilbert Krause, Mrs. Lucia Strate and Mrs. Rose Puls.

Mr. and Mrs. Bill Starke of Saginaw, Mich. were weekend guests of their daughter, Cathleen Starke. Miss Starke recently moved to third grades at Trinity Lutheran School this year. A welcome coffee was held in her honor following church services Sunday.

The Rev. and Mrs. James Nelson, Marques, Bethany and Luke returned home Thursday. They had spent 10 days visiting her parents, the Sherman Kuskes at Phoenix, Ariz.

Saturday evening guests in the Mr. and Mrs. Richard Krause home for Ben's 12th and Becky's seventh birthdays were Mr. and Mrs. Dan Fulton, Trisha, Mike and Josh of Norfolk, Mr. and Mrs. Ernie Paustian, Joe and Jeff of Carroll and Mrs. Hilda Thomas, Bob Thomas, Mr. and Mrs. Gilbert Krause, Mr. and Mrs. Fred Krause, Mr. and Mrs. LaVerle Miller, Jessica and Katie, Mr. and Mrs. Scott Deck, Andrea and Michael and Mr. and Mrs. Russ Doffin, Ashley and Bradley, all of Hoskins.

Mr. and Mrs. Gilbert Hintz of North Highlands, Calif. were Aug. 14 visitors in the Mr. and Mrs. Emil Gutzman home.

Mr. and Mrs. Kenneth Brogie of Warrenville, Ill. left Sunday. They had spent a week visiting in the Mr. and Mrs. Edwin Brogie home. The men are brothers. The Mark Brogie family of Creighton were Thursday visitors.

Sunday guests in the Mrs. Frieda Meierhenry home for her birthday were the Doug Koehn family of Quincy, Ill.; Mrs. Gene Koehn, Mr. and Mrs. Alfred Carstens and Mrs. Dora Ahlmann of Norfolk; Mr. and Mrs. Cliff Bossard and the Brad Tresnake family of Tilden; Mr. and Mrs. Dave Miller of Winside; the Jim Bossard family of Meadow Grove; and Mrs. Carl Hinzman, Mrs. Rose Puls and Mr. and Mrs. Dallas Puls and Dustin of Hoskins.

Leslie News

Edna Hansen
287-2346

AAL MEETING

The Aid Association for Lutherans met Sunday evening at St. John's Lutheran Church in Wakefield with 30 in attendance. A business meeting was held followed by entertainment. Door prizes were won by Cliff and Leoma Baker and Mary Lou Krusemark. Refreshments of pie and ice cream was served.

Mrs. Jerry Anderson observed her birthday Saturday afternoon when coffee guests were Erna Bottger, Lori Anderson and Verona Henschke. Her son, Gary Anderson of Fulda, Germany, called to wish her happy birthday.

Mr. and Mrs. Bill Korth and Mr. and Mrs. Benton Nicholson joined other relatives in the Verna Mae Longe home Sunday evening to

Allen News

Mrs. Ken Linafelter
635-2403

UMW RETREAT

Those attending the UMW morning retreat and potluck in Ponca State Park on Thursday were Fran Schubert, Pearl Snyder, Ella Isom, Twila Ogle, Carol Jean Stapleton, Doris Linafelter, Mary Lou Koester, Ardith Linafelter and Evelyn Trube. The September meeting will be held Sept. 19 at the church at 1:30 p.m. with Pearl Snyder as program leader and Twila Ogle and Lesta Hubbard as hostesses.

CENTENNIAL TAPES

Those ordering tapes of the centennial are asked to pick them up at the Cash Store in Allen. If you wish to order one of the tapes, they are still available. There are two, one of the highlights of the activities and the other of the parade. Order blanks are available at the Cash Store or Village Office.

honor her on her birthday.

Elsie Muller of Sioux City was a Wednesday visitor of Emil and Alice Muller.

Frances Wagner of Holstein, Iowa, Mary Alice Utecht and Irene Walter were Saturday evening guests of Gertrude Ohlquist.

Mrs. Fred Krusemark celebrated her 93rd birthday Wednesday and a supper was hosted by Mr. and Mrs. Larry Krusemark in their home. Mr. and Mrs. Howard Greve, Harley Greve, Vickie Genoff and Elsie Greve attended with other family members joining them.

Jessica Henschke celebrated her birthday Friday evening at her parent's home, the Terry Henschkes. Guests were Chris Bargholz and Mr. and Mrs. Paul Henschke of Wayne, the Gaylen Fischer family of Allen and Alyce Henschke of Wakefield.

TRACTOR CONTEST

Bren Mattes, son of Harlan and Patti Mattes, winner of the local FFA tractor contest, took second place honors at the District FFA tractor contest, which qualified him to compete in state competition. State will be held at UN-L on Saturday, Sept. 7.

COMMUNITY CALENDAR

Thursday, Aug. 22: Drivers license exams, Dixon County Courthouse, Ponca.

Wednesday, Aug. 28: Blood pressure clinic, Senior Citizens Center, 9-11 a.m.; rescue squad practice and review, 7:30 p.m., fire hall.

SCHOOL CALENDAR
Thursday, Aug. 22: Teacher in-service meetings, 8:30 a.m.-3:30 p.m.

Friday, Aug. 23: Teaching staff to Wayne ESU in-service workshop, 8:30 a.m.-3:30 p.m.

Monday, Aug. 26: First day of classes, 8:15 a.m.-3:30 p.m.; school lunch applications due in school office.



Young cheerleader

TARA KOLL, WINSIDE, strikes a stance atop a number of youngsters holding her. Koll was one of a number of youngsters attending the Youth Cheerleading Clinic at Northeast Community College. She is the daughter of Tom and Teri Koll of Winside.

Winside News

Dianne Jaeger
286-4504

COTERIE CLUB

Gladys Gaebler hosted the Thursday Coterie Club at the Winside Stop Inn with Emma Willers as a guest. Prizes were won by Dorothy Troutman, Jane Witt, Twila Kahl and Irene Ditman. The next meeting will be Thursday, Sept. 5 at the Stop Inn with Leora Imel as hostess.

CHURCH WOMEN

Lila Hansen, president, presided at the Aug. 14 Trinity Lutheran Church Womens meeting with 10 members and Pastor Marsha Jark Swain present. The secretary and treasurer reports were given. Pastor Jark Swain gave the Bible lesson. Hostess was Dorothy Jo Andersen. The next meeting will be Wednesday, Sept. 11 at 2 p.m.

RESCUE CALL

The Winside volunteer rescue squad was called to the Allen Koch

home Aug. 13 at 5:30 a.m. and transported him to Providence Medical Center in Wayne, due to illness.

SOCIAL CALENDAR

Thursday, Aug. 22: Center Circle Club, dine out, Granery, 11 a.m.

Friday, Aug. 23: G.T. Pinochle Club, Elsie Janke; open AA meeting, Legion Hall, 8 p.m.

Saturday, Aug. 24: Public Library, 9 a.m.-noon and 1-3 p.m.

Monday, Aug. 26: Public Library, 1-5 p.m. and 7-9 p.m.; Senior Citizens, Legion Hall, noon potluck.

Wednesday, Aug. 28: Public Library, 1:30-5:30 p.m.; TOPS, Marian Iversen, 7 p.m.

SCHOOL CALENDAR

Monday, Aug. 26: First day of school, 8:30 a.m.

Friday, Aug. 30: Student pictures, preschoolers, 8:15 a.m., multi-purpose room.

US West directory on its way

More than 50,000 copies of the 1991/92 Norfolk White and Yellow Pages, published by US West Direct, will be delivered to homes, businesses and public locations beginning Aug. 22.

More than 50 communities are scheduled to receive the directory, including Wakefield and Wayne.

A 16 page easy reference

guide, featuring Nebraska voter information, emergency preparedness information, maps and ZIP codes highlights this year's edition.

Delivery should take about one week to complete. Anyone who does not receive a book, or those who need additional copies should call US Direct at 1-800-422-8793.

Liedorff gets MLS degree

Marilyn Sue Liedorff of Wayne received her master's of literary science degree Aug. 10 from Emporia State University in Kansas. She was among 300 degree recipients.

Included in the degrees earned were two associate of science degrees, 163 bachelors degrees, 157 master's degrees and four education specialist degrees.



Kate Boswell

Boswell on council

Kate Boswell of Allen Public School has been appointed to be on the 1991-92 Nebraska Vocational Home Economics Teachers Association (NVHETA) Executive Council. Mrs. Boswell is serving in a leadership capacity as Ad Hoc Speakers Bureau of the NVHETA Executive Board.

As a Nebraska Vocational Home Economics Teachers Association member, she has chosen to commit herself to offering her involvement in the progress being made within the home economics education field.

News Brief

New teachers join Allen staff

ALLEN - Joining the staff of Allen Consolidated Schools for the 1991-92 school year are Marilyn Harder, Douglas Mayberry and Buffy Romshek.

Harder, who has substituted at Allen for the past three years, will serve as a three-fourths Chapter One teacher. She resides in Concord where her husband serves as postmaster. She is a Wayne State College graduate and has taught in Cornlea, Newman Grove, Clearwater and Erving.

Mayberry will move to Allen from St. Paul, Neb. and will be teaching seventh grade through senior high science classes. He will be replacing Gary Troth who has left the teaching profession. Mayberry has taught at Brady, Mullen and St. Paul and is a graduate of Kearney State College.

Romshek is a senior at Wayne State College and will be assisting with the volleyball program at Allen.

Bus service will be provided on the first day of school, Aug. 26, and drivers are Courtland Roberts on the Concord and Dixon route, Bill Moore on the northwest route, Kaye and Stan McAfee on the Martinsburg route and Wayne Jones on the Waterbury route.

Substitute bus drivers are Richard Olesen, Susan Cooper, Richard Bupp, Glenn Kumm and Norma Warner.

Zahniser attends event

Edith Zahniser, German teacher at Wayne High School, recently attended the Foreign Language Task Force/Cadre Conference at Creighton University in Omaha. At this meeting, issues concerning pedagogy, innovations in curriculum and the use of authentic materials were presented and discussed.

The work and time expended by the Cadre and Task Force members during this conference and throughout the year are vital

to the improvement of the Foreign Language Education in our state. The cadre, who represent various educational institutions and Educational Service Units, provides the necessary communication network through which information and materials are shared.

Issues to be addressed by the Task Force/Cadre during the 1991-92 school year include proficiency, use of authentic materials, elementary foreign language programs and funding.

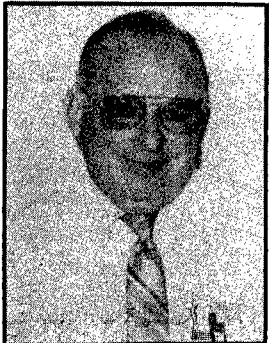
FmHA announces meeting

The Wayne FmHA office has announced that the Nebraska Farmers Home Administration will be holding a state meeting Aug. 27-29 in Kearney. The purpose of the meeting is to provide training to FmHA employees for better service to the public. Most of the county offices in Nebraska will be closed so employees can attend

the meeting.

Guest speakers at the meeting will be the administrator FmHA, LaVerne Ausman and Deputy Administrator of Program Operations, Rachel Schioscia, both from the FmHA National Office in Washington, D.C.

Nebraska FmHA has not held a state meeting since 1987.



Don Leighton

NRCSA elects Leighton

Winside Schools Superintendent Don Leighton was elected recently to the executive board of the Nebraska Rural Community Schools Association (NRCSA).

NRCSA is an organization of more than 200 hundred Nebraska schools, representing Class 2, 3 and 6 School Districts. Most NRCSA members offer K-12 classes in communities with populations of a several hundred. A few communities served are larger. NRCSA also represents several high school-only school districts.

NRCSA was formed in 1980 to promote the general advancement of education in Nebraska and provide a voice for the specific needs of smaller schools in the state.

7-ELEVEN

SUPER BIG GULP 44 OZ. SUPER BIG GULP 69¢

BEAM UP TO 7-11, YOUR STAR TREK HEADQUARTERS AND WARP OUT WITH A 32 OZ. SLURPEE STAR TREK CUP AND SWEEPSTAKES GAMEPIECE

1/4 LB. OSCAR MAYER SMOKIE LINK 2 FOR \$1.89

BUDWEISER 12 PACK CANS \$6.29

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TWIN POPS 25¢

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HOT AUGUST DEALS ON NEW & USED WHEELS

NEW 1991 CLEARANCE SPECIALS

1991 OLDS 98 ELITE.....	\$25,709 — \$21,750
1991 OLDS DELTA 88 ROYAL.....	\$20,011 — \$17,300
1991 BUICK LESABRE CUSTOM.....	\$19,990 — \$17,250
1991 CHEV K-20, EXT. CAB, DIESEL, 4X4.....	\$23,070 — \$20,416
1991 CHEV K-20 REG. CAB, 4X4.....	\$17,104 — \$15,200
1991 GML S-15 JIMMY, 4 DR.....	\$21,404 — \$18,500
1991 BUICK PARK AVENUE.....	\$26,731 — \$23,893

DEALER KEEPS ALL REBATES & INCENTIVES

PROGRAM CARS — SAVE

1991 PONTIAC BONNEVILLE — LOADED.....	\$14,500
1991 CHEVROLET CAVALIER — NICE.....	\$9,995
1991 GMC SAFARI-ALL WHEEL DRIVE.....	\$17,500

CARS FOR MOM AND DAD

1990 OLDS CUTLASS, 4 DR.....	\$10,900
1989 OLDS 88 ROYALE, 4 DR.....	\$11,500
1988 CADILLAC BROGHAM.....	\$11,900
1988 BUICK PARK AVE.....	\$10,500
1987 BUICK CENTURY.....	\$5,500
1987 LINCOLN TOWN CAR.....	\$7,550
1987 OLDS CUTLASS BROGHAM.....	\$6,995
1986 MERCURY SABLE.....	\$6,395
1985 CHRYSLER NEW YORKER.....	\$5,995
1987 GMC G-VAN (9750 CONVERSION).....	\$9,750
1989 ASTRO CONVERSION — LOADED.....	\$13,995
1991 CHEVROLET S-10, 1,000 MILES.....	\$6,995

BACK TO SCHOOL SPECIALS

1985 FORD ESCORT — LOW MILES.....	\$2,995
1984 MERC LYNX DIESEL.....	\$1,000
1984 CHEV CAVALIER.....	\$2,400
1982 DODGE ARIES — LOW MILES.....	\$1,850
1980 LTD FORD — LOW MILES.....	\$1,450
1978 CHRYSLER NEWPORT — CHEAP.....	\$750

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Many other used cars to choose from - Call for details

BUICK PONTIAC CHEVROLET
*CADILLAC *GMC *BUICK *PONTIAC *CHEVROLET *OLDS

Mrs. Dudley Blatchford
584-2588

BIBLE STUDY GROUP

The Dixon United Methodist Bible study group met Aug. 14 in the Mary Noe home with six ladies present. They will meet again Aug. 28 in the Carol Jewell home and began their study with Psalm 140.

Doug Quist of Anchorage, Alaska and Jon Paulao of Hawaii spent Aug. 13-17 visiting in the Gene Quist home in Dixon and the Myrtle Quist home in Laurel.

Mr. and Mrs. Pat Hartnett and Effen of Chicago left Friday after a two week stay in the George Bingham home in Dixon. Mary Kay Botwell of Gretna was also a guest Aug. 10 and 11.

Mr. and Mrs. Bill Johnson, Ryan, David, Sarah and Caleb of Broken

Arrow, Okla. and Mr. and Mrs. Marvin Hartman of Dixon were Saturday dinner guests in the Clayton Hartman home in Laurel. They evening they celebrated Caleb's second birthday in the Marvin Hartman home with Mr. and Mrs. Jens Kvoles of Laurel, Mrs. Evalina Johnson of Concord, Mr. and Mrs. Amos Lukken of South Sioux City, Joy Hartman of South Sioux City, the Clayton Hartman family and Mr. and Mrs. Tom Lukken of South Sioux City present for the occasion. David, Ryan and Sarah Johnson returned home Sunday with their parents after a two week visit here with relatives.

Jeff Craven of Bossier, La., former Dixon resident, visited Friday evening in the John Young home in Dixon.

Legal Notices

ALLEN BOARD OF EDUCATION PROCEEDINGS
The Allen Board of Education met in regular session at the Allen Public School at 8:30 p.m. on Thursday, August 15, 1991.
Regular Meetings Present: to order by Chairman Jackson. Present: Dale Jackson, Stan McAfee, Diane Blohm, Myra McGrath, Larry Boswell. Absent: Barry Marlinson.
Also Present: John Werner, Superintendent; Carol Chase and Glenn Kumm.
Minutes of July Meeting read by Supt. Werner. Minutes approved as read.
Insurance settlement discussed on Ford Pickup vandalism.
August bills read and discussed. Blohm moved to approve bills as presented. Boswell seconded. Carried 4-0.
A B Dick, 490.82; American Family Insurance, 133.36; A T & T, 19.50; Adams Book, 27.50; Anderson Lumber, 147.28; Sheryl Boyle, 580.02; Capitol American, 64.90; Carol Chase, 84.80; Carhart Lumber, 2,410.82; Cenex Credit Card, 337.98; Colonial Research, 156.30; D C Health, 1,444.09; Diery Supply, 88.56; E.S.U. #1, 5,076.87; Executive Copy, 2,395.00; Ecology, 23.00; Farmers Coop, 453.94; Franklin Life, 20.00; Future's Inc., 170.00; General Fund, 715.51; Guardian Insurance, 4,546.28; Hammond & Stephens, 314.03; Houghton/Wellin, 3,982.19; Investors Life, 450.00; Jill Gatz Collins & Dreier, 420.00; Kelso, 744.81; Glenn G. Kumm, 460.00; L & R Inspection, 43.00; Midwest Typewriter, 254.37; Midwestern Paper, 245.51; Modern Curriculum, 112.62; Nebraska Public Power, 861.51; Ne. School Retirement Sys., 6,746.22; O.H. Knerl & Sons, 144.45; Psychological Corp., 82.80; School Specialty, 254.84; Security State Bank, 12,107.55; Sioux City Stationery, 91.42; Silver Burdett & Ginn, 98.40; State of Nebraska, 1,269.32; TMC Long Distance, 73.65; True Value Home Center, 120.53; U S West Communications, 183.43; Village of Allen, 127.00; Village Inn, 13.50; Wayne Herald, 63.26; Childrens Press, 96.65; Zane-Bloser, 24.76; Cuisinart, 23.70; Opportunities for Learning, 60.39; Vocational Ed. Prod., 91.48; Cambridge Development, 86.29; Calloway House, 20.17; Dix Ed. Resources, 33.85; Micrograms Publ., 274.25; Optimum Resource, 246.94; Creative Teaching, 14.70; Moore Medical, 14.74; Bks., 47.85; Neil A. Kjos Music, 35.60; Security Nat'l Bank, 18.00; Teaching Aid Specialties, 25.13; MEI/Micro Center, 53.30; Jamestown Publishers, 57.70; Nat'l FFA, 41.25; U.S. Postal Service, 160.00; Jerry's Body Shop, 270.45; Dick Blick, 826.99; Saddleback Ed., Inc., 32.85; Grandview Health, 36.00; Joe's Surplus, 358.67; Tom Wilmes, 414.29; Mid City Electric, 62.28; Nebraska Journal, 8.70; Office Connection, 414.00; Graham Tire Co., 532.92; abc School Supply, 35.19; Steck-Vaughn, 20.78; Steck-Vaughn, 12.02; Diamond Products, 91.39; Broaderbund, 51.46; American Association, 128.70; E.S.U. #3, 184.00; Amanda & J.J. Kumm, 78.50; Kathy Boswell, 75.00; Bill Chase Sr., 175.00; Combuaker Intl, 24,000.00; Summit Learning, 111.85; Apple Computer, Inc., 202.82
TOTAL BILLS 100,202.82
Boswell moved to hire Douglas Mayberry as Science Teacher, Marilyn Harder as Chapter 1 Teacher and Buffy Romshak as Volleyball Coach. McAfee seconded. Carried 4-0.
Free high tuition discussed. Blohm moved to set Free High Tuition as \$1,309.88. Boswell seconded. Carried 4-0.
Student/teacher handbooks submitted by Glenn Kumm; also Class Schedules for coming year. Mr. Kumm explained bus routes.
McGrath joined meeting at 9:30 p.m.

Diane Blohm, Secretary
(Publ. Aug. 22)

NOTICE
IN THE COUNTY COURT OF WAYNE COUNTY, NEBRASKA
Estate of MATA D. HANSEN, Deceased.
Estate No. PR 91-18
Notice is hereby given that a final account and report of administration and a Petition for complete settlement, probate of Will, determination of heirs, and determination of inheritance tax have been filed and are set for hearing in the County Court of Wayne County, Nebraska, located at Wayne, Nebraska, on September 12, 1991, at or after 1:00 o'clock p.m.

Beverly Ettor
Personal Representative/Petitioner
Kenneth M. Olds,
Olds, Ensz & Pleper
(Publ. Aug. 22, 29, Sept 5)
10 clips

NOTICE
IN THE COUNTY COURT OF WAYNE COUNTY, NEBRASKA
Estate of VICTOR O. KNIESCHE, Deceased.
Estate No. PR 91-3
Notice is hereby given that a final account and report of administration and a Petition for complete settlement, probate of Will, determination of heirs, and determination of inheritance tax have been filed and are set for hearing in the County Court of Wayne County, Nebraska, located at Wayne, Nebraska, on September 12, 1991, at or after 1:00 o'clock p.m.

Victor L. Kniesche
Personal Representative/Petitioner
Robert B. Ensz
Olds, Ensz & Pleper
(Publ. Aug. 15, 22, 29)
8 clips

- REAL ESTATE UPDATE -

SOLD
Blick ranch, 2 bdrm, main fl laundry, single car attached garage, close to park. \$309,500

PENDING
3 bdrm ranch close to shopping, features permanent siding, single attached garage, bent opt. \$399,500

INCOME PROPERTY or nice single family home. Presently 1 bdrm + 2 bdrm units, natural woodwork, well kept. \$29,500

Cute as a bug, 3 + 1 bdrm, recent updating, bent family room. \$46,500

COMMERCIAL: nearly 4,500 sq. ft. finished on level w/ample parking in downtown Wayne.....\$55,000

TWO 1.2 ACRE LOTS in South West part of Wayne for residential development - \$8,000 ea.-

NEW LISTING
2 + 1 bdrm, split foyer, FR, Cathedral Ceilings, 2 bath, 2-car attached garage, in MLIs Acres. \$48,500

MIDWEST Land Co.
206 Main - Wayne, Nebraska
375-3385

TERI HIGBEE
ASSOCIATE BROKER

Mrs. Art Johnson
584-2495

Sandra Sieck and children of St. Paul and Mr. and Mrs. Doug Trep-tow spent the Aug. 11 weekend in the Norman Anderson home. Pastor Al Sieck of St. Paul and the Jerry Stanley family of Dixon joined them Monday to help Mrs. Anderson celebrate her birthday and attended the Dixon County Fair.

Mr. and Mrs. Brian Johnson and Taylor of Columbia, Mo. returned home Thursday noon after spending a few days with his parents, the Marlen Johnsons. They also celebrated Brian's Aug. 12 birthday, Marlen and Suzie Johnson's Aug. 14 wedding anniversary and attended the Dixon County Fair.
Diane Olson returned to the Orange City, Iowa college Aug. 13

after spending her summer vacation with her parents, the Arden Olsons and her grandmother, Lucille Olson. Lucille Olson's other granddaughter, Beth Schmidt, spent Aug. 15-16 with her before moving to Wisconsin.

Evelina Johnson of Concord joined relatives Saturday evening to help her great grandson, Caleb Johnson, celebrate his second birthday in the home of his grandparents, the Marvin Hartmans. Caleb is the son of Mr. and Mrs. Bill Johnson of Broken Arrow, Okla., who with their children spent the weekend in the Hartman home. Other relatives present for birthday cake and ice cream were great grandparents, Mr. and Mrs. Amos Lukken of South Sioux City, Mr. and Mrs. Tom Lukken of Sioux City, Derek Lukken of Omaha, Joy Hartman and Delva Wickett of South Sioux City, Mr. and Mrs. Clayton Hartman and sons of Dixon and Mr. and Mrs. Jens Kvoles of Laurel.

Mr. and Mrs. Vincent Magnuson of Duluth, Minn. and Pearl Magnuson of Wayne were Aug. 13 luncheon guests of Teckla Johnson.
Evelyn Mann of New Haven, Mo. and Vera Mann of Winside visited Mildred McClary at her home Aug. 13.
Mr. and Mrs. John Nelson and Paul of Topeka, Kan. visited Mable Nelson Aug. 14-17. They all were supper guests in the Iner Peterson home Friday evening.

ORDINANCE NO. 91-1
AN ORDINANCE FOR THE VILLAGE OF CARROLL, NEBRASKA, PROVIDING FOR CURBSIDE RESIDENTIAL GARBAGE COLLECTION; PROVIDING CHARGES THEREFORE; PROVIDING BUSINESS GARBAGE COLLECTION; CLOSING THE VILLAGE DUMP SITE TO ANY FURTHER DUMPING; AND APPROVING THE AGREEMENT FOR COLLECTION OF REFUSE WITH ARENS SANITATION, INC.
BE IT ORDAINED BY THE MAYOR AND THE VILLAGE TRUSTEES OF THE VILLAGE OF CARROLL, NEBRASKA,
1. Commencing September 1, 1991, the Village of Carroll, Nebraska, will by contract provide weekly curbside collection of the normal household trash, refuse, garbage, etc., from all residents and businesses within the village.
2. These collections are to be made on a specific day, unless weather or other adverse conditions make it impossible for the collector to perform this task on that specific day, in which case it will be collected on the following day or as soon as conditions permit. Collections will be made during normal working hours or from sunrise to sunset which ever is the greater length of time.
3. Residents shall have the refuse ready for collections at the street curbside in approved metal or plastic containers with lids secured or properly tied plastic containers. Any lawn clippings or trimmings shall be put in properly secured plastic bags by the resident and placed at the curbside location for pickup up by the collector, provided that the lawn clippings and trimmings shall be limited to six plastic bags per residence or business. Additional pickup up at any one residence or business shall be contracted for directly with the collector on an individual basis at established rates.
4. Residents will be responsible for litter or spillage prior to collection. The collection contractor shall be responsible for litter or spillage after collection, and for all refuse

collected by the contractor will be delivered to and deposited in a state licensed landfill or approved recycling plant site.
2. Each resident will be charged the sum of \$8.50 per month, for refuse collection, commencing September 1, 1991. The charge will be included on the water and sewer bill and will be collected in the same manner.
3. The village dumpsite, southwest of Carroll, shall be closed from and after September 1, 1991, to all dumping of trash, refuse, garbage, animal matter or putrescible, hazardous waste, tree limbs, grass clippings, leaves, branches, major appliances, and construction debris. Persons dumping anything after September 1, 1991, will be prosecuted under the laws of Nebraska for littering.
4. The proposed Agreement for Collection of Refuse with Arens Sanitation, Inc., is hereby approved and the Chairman and the Village Clerk are directed to execute the Agreement and to comply therewith.
5. This ordinance shall be in full force and effect from and after its passage and approval and publication according to law.
Passed and approved August 13, 1991.
BY: Susan Gilmore
Chairman of Board
ATTEST:
Alice C. Rohde
City Clerk
(Publ. Aug. 22)

NOTICE OF MEETING
The Wayne County Joint Planning Commission will meet in regular session at 8:00 o'clock p.m. on August 27, 1991, in the basement meeting room of the Wayne County Courthouse, Wayne, Nebraska. A current agenda for this meeting is available for public inspection at the County Clerk's office in the Wayne County Courthouse.
Sidney A. Saunders
Secretary for the Planning Commission
(Publ. Aug. 22)

Deadline for all legal notices to be published by The Wayne Herald is as follows:
5 p.m. Monday for Thursday's paper and
5 p.m. Thursday for Monday's paper

WINSIDE BOARD OF EDUCATION PROCEEDINGS

August 16, 1991
The Winside Board of Education met in its regular monthly meeting on Thursday, August 15, 1991 with all members present.
The minutes to the July meetings were approved.
The claims were reviewed. Motion by Hoffman, seconded by Behmer to allow the claims totaling \$92,290.62 in the amounts indicated below. Motion passed unanimously.
AT&T, phone, 109.45; Allstate Sign & Plaque, no smoking signs, 46.18; Badger State Chemicals, custodial supplies, 1,121.00; Barry Lewis, asbestos work, 250.48; Business Management Serv., data processing, checks, 326.18; Carhart Lbr Co., building supplies, 48.06; D C Health Co., textbooks, 1,006.82; Dalton Band Instrument, band instrument repair, 171.00; Dept of Labor - Safety Div., boiler insp., 10.00; Dindle Impl Co., mower parts, 22.65; ESU 1 TV receivers, recorders, supplies and equip., 4,415.06; Fahy & Farrell, Inc., combination locks, 126.23; Farmers Coop, mower, van fuel, 49.10; Gessford, J B, Atny, legal fees, 487.50; Hammond Stephens Co., supplies, 17.04; Jim Winch, mowing, 266.00; Johnsons Inc., heating, plumbing repairs, 741.30; K-N Energy, fuel, 213.17; Longnecker Electric, electrical work, 163.71; Lyle Samuelson, fire alarm insp., 106.00; MECC, computer programs, 360.00; Act. Fund, instruction expenses - 50.00, administrative - 5.50, asbestos control and school exp. - 226.28, building expenses - 86.15; Mid City, vent for art room, 5.25; N E Library System, photocopy, .75; NASCO, teaching supplies, 877.63; NE Div Weights & Measures, scale registration, 18.00; NRCSA, 1991-92 dues, 200.00; Oberler's Market, cleaning supplies, 35.45; Payroll Fund, payroll, 70,355.83; Peterson Tire Service, Inc., bus tires, 788.02; Provident Life Ins. Co., life ins. for R. Leapley, 161.93; School Specialty Supply, teaching supplies, 2,263.13; Scott Foresman and Co., textbooks, 721.41; Silver Burdett, textbooks, 1,003.64; Simonsen/Magdanz Extng., fire extinguishers insp. & repair, 32.50; US West Communications, phone, 224.04; Viking Office

Prods, chair, 86.12; Village of Winside, utilities, 522.31; Warnemunde Ins Agcy, employees bond, 197.00; Wayne Herald, ads and proceedings, 51.16; Western Typewriter, printer lease, 370.00; Zane-Bloser, teaching supplies, 95.29; Nebraska Appliance, home ec. appliances, 367.00; Servall, towel service, 30.30; Hefner Electronics, installation - TV antenna system, 2,589.49; West Point Cleaners, band uniform, chair robe cleaning, 869.50.
TOTAL 92,290.62

Other Board action:
1. Approved the request to hire Shannon Pospital as assistant football coach for the fall 1991 season.
2. Approved the proposed 1991/92 school year budgets for the general operating fund, the lunch fund and the sinking fund.
3. Appointed Michael Heger as the designated person for the asbestos program.
4. Ratified the bus lease/purchase agreement that was approved at the special meeting held July 25, 1991.
5. Approved the purchase of catastrophic insurance for K-12 students.
Meeting adjourned.

Submitted by Jean Gahl
Secretary to Board of Education
(Publ. Aug. 22)

NOTICE

Estate of DELBERT M. ROBERTS, Deceased.
Notice is hereby given that on July 17, 1991, in the County Court of Wayne County, Nebraska, the Registrar issued a written statement of Informal Probate of the Will of said Deceased and that Brian Roberts whose address is Rt. #1 Box 199, Coleridge, Nebraska 68727 has been appointed Personal Representative of this estate. Creditors of this estate must file their claims with this Court on or before October 16, 1991, or be forever barred.
(s) Pearla A. Benjamin
Clerk of the County Court

Craig W. Monson
Attorney for Applicant
(Publ. Aug. 15, 22, 29)
7 clips

THIS SALE IS FOR YOUR COMFORT!

ISN'T IT TIME YOU SAID YES?

VISIT OUR NEW SLEEP SHOP AND SELECT ONE THAT WILL GIVE YOU THE TOTAL COMFORT YOU HAVE BEEN WANTING.

EVERY SET OF BEDDING ON SALE.

SPECIAL SPECIAL TWIN SIZE SETS starting at only \$99⁹⁵ SET	SPECIAL SPECIAL REGULAR SIZE SETS at only \$169⁹⁵ SET	SPECIAL SPECIAL QUEEN SIZE SETS at only \$199⁹⁵ SET
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NO INTEREST - NO PAYMENTS FOR 90 DAYS OR LAY AWAY NOW & SLEEP BETTER LATER!!

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1 1/2 MILES NORTH OF WAYNE PHONE 375-1885 FREE DELIVERY

HELP WANTED

ASSISTANT DANCE INSTRUCTOR. Tricia's School of Dance will be starting classes in the area soon. We are looking for a part time dance instructor to assist in teaching Tap, Ballet and Jazz classes with students from age 3 to adult. Dance instruction experience is helpful but not necessary. The ideal candidate will be an enthusiastic individual with excellent interpersonal skills and a strong desire to work with others in helping them learn dance and enjoy it! To explore this new and exciting opportunity, call (402) 895-7270 Mon-Fri. 8-5. Au1912

TRUCK DRIVER for livestock and dry van. Clean and well maintained late model Kenworth conventional. Good driving record required. 402-385-2206, 385-2405 days, 385-2174 evenings. Au1912

DRIVER WANTED: Leased to Lindsay Transportation. Conventional Peterbilt Tractor. Home most weekends. Call Stewart Trucking. 1-800-352-5165 after 5:30 p.m. Au2212

HAVE A cost free Christmas. Work part-time for full-time pay. Demonstrate for Decor and More now through December. No collecting or delivering. Free kit and weekly pay. Excellent hostess program. Call Cheryl at 256-3991. Au2213

BRIDGE CONSTRUCTION. All skill levels. Competitive wages and benefits. Apply at job site 5 miles north of Wisner. A.M. Cohron and Son, Inc. Equal Opportunity Employer. Au2213

DO YOU like sharing your personal gifts? Consider volunteering a little time to a person with developmental disabilities. Contact Kim Kanitz at Region IV for details. Phone 375-4884. Au22

NIGHT WATCHMAN
3-4 nights a week.
Light duty.
Call Logan LTD
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Allen, NE
635-2241 Au22

FULL TIME EMPLOYMENT AVAILABLE
Knowledge of accounting procedures and data entry preferred.
If interested, please send resume to:
P.O. Box 156,
Pender, NE 68047 Au22

Full-time Bulk Propane Truck Driver Wanted.
Must have good driving record.
Applications may be picked up at
Zach Propane,
310 So. Main, Wayne.

WANTED OFFSET PRESSPERSON
Full-time 40 hour week. Experience a plus, but not necessary. Will train the right individual.
Apply 8 a.m.-5 p.m. Monday-Friday.
THE WAYNE HERALD
114 Main - Wayne
E.O.E.

WANTED: Sales person with agricultural background.
Above average earnings, full or part-time position available.
For interview write fully to:
Personnel Manager, PO Box 82253, Lincoln, NE 68501-2253.

ABLE PERSONNEL SERVICES
is now accepting applications for the following positions:
•Clerical
•Bookkeeping
•Light Industrial
•Sales
Apply in person, 213 South 1st, Suite F, Norfolk.
Jerri Schomaker
379-2939 Au22

ARE YOU LOOKING FOR WARM FUZZIES?
We only have a few openings left for RNs, LPNs & Nurse Assistants.
Also need one full-time Cook.
Become a member of **OUR CARING TEAM!**
If interested call **385-3072**
Pender care centre
"Where caring makes the difference" Au22

DV INDUSTRIES INC.
Day or night shift positions available at both Pender building and Broyhill Building in Wayne.
Apply in person Monday - Friday, 8 a.m. - 3 p.m.

HELP WANTED: PART TIME.
Experienced farm worker to assist with general farming and cattle feeding activities associated with research. Must have experience in operating farm equipment and be capable of conducting routine maintenance on facilities and equipment. Experience in arc and acetylene welding preferred. Contact The University of Nebraska, Northeast Research and Extension Center, Concord, NE 68728 (584-2261) for an application form. The University of Nebraska is an AA/EEO employer.

HELP WANTED!
Full-time press assistant at The Wayne Herald.
Will train right individual.
— Apply in person —
The Wayne Herald
114 Main — Wayne

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Phone 375-2600 or 1-800-672-3418.

BASEMENT WALLS cracked? Bowing? Settling? We can correct the problem quickly and simply with Crp-Tite Wall Anchors. For information or appointment call 800-677-2335 or 402-895-4185.

ANTIQUE SHOW: 5th annual Lexington Antique and Craft Extravaganza, Aug. 31-Sept. 1-2 at Dawson County Fairgrounds. Over 200 dealers. Admission \$1.00. Don't miss it!

SUPERIOR BOWL for sale in Superior, NE. Six lanes, snacks and beer. Robert Edwards, 1009 Loudon, R12, Superior, NE 68978. Telephone 402-879-3836 or 402-879-9982.

ENGINES, WHOLESALE prices: GM, Ford, Chrysler. Quality 5 yr/50,000 mile guarantee. Free delivery. 305/350 Chev. \$795, 390/400 Ford, \$898. Many others. Tyrrell Engines, Cheyenne, WY, 1-800-438-8009.

FOR SALE: 1967 Ford Mustang, show quality, 1980 Olds Cutlass, new paint, good condition. 1980 Chevy 4x4, new transmission. Ed Morrow, Scotia, 308-245-3253.

STOPI STEEL buildings at pole barn prices. 2-25x36, 2-40x48, 1-46x72, 2-50x86. Free summer or fall delivery while inventory lasts. 1-800-369-7448.

BINS, DRYERS, Grain Conveyor, (3) 27'x20' 10,000 BU grain bin. Sale price \$2,500 each. Farm Fan grain dryer 480 BU-hr. 3 phase, natural gas. Sale price \$4,995. Portable Hutchinson grain pump 4,000 BU-hr. electric or PTO drive. Sale price \$5,995. Contact Don, 308-995-4465.

STEEL BUILDING Sale: Huge discounts. Buy steel at pole barn prices. 30-100 ft. wide, any length or color. Order now for fall delivery. Call for prices and details, 1-800-798-1092.

US GOVERNMENT acquired property sale 160 acres, Albion, NE; 8.62 acres Loreto, NE. Auction 8/27/91, call Monday-Friday, Lou Sangis 402-371-1503.

CALVES, CALVES and more calves. 70 Holsteins at 190 lbs., 85 at 350, 124 at 460, 80 at 570. Will sell any number. Jeff Twardowski, 612-732-6250.

HAPPY JACK Fleegard: All metal patented device controls fleas in home without chemicals or exterminators. Results overnight! At FarmLand & Double Circle Co-ops, or better feed stores.

FARMERS: WE build axle extensions for Gleaner, JD, International combines; pickup rod fingers for downed milo-beans on JD bean heads. Heins Welding, 402-773-5256, Sutton, NE.

WILL WINTER cows or yearlings on irrigated corn stalks starting approximately Oct. 15. For more information call 402-923-1208.

FARM AND RANCH Network Service Company of Kearney. Instantaneous buying and selling at your fingertips, network has hundreds of members with \$11,000,000 of agriculture related items to buy and sell. Call for information 1-800-658-3191.

CANOE THE Niobrara. Rated by Backpacker Magazine one of the top 10 canoeing rivers in the country. Wildlife, waterfalls, family fun. For information call 1-800-658-4024.

MAKE A friend...for life! Scandinavian, European, Yugoslavian High School exchange students...Arriving August...Host families needed! Urgent! Visa deadline! Call now! American Intercultural Student Exchange. Toll-free 1-800-227-3800.

FOREIGN EXCHANGE Student Fernando from Spain, 17. Become an AISE Host Family. Extremely urgent! Visa Deadlines here. Call Kathy Williams, 402-553-8718, or 1-800-227-3800 now!

SHARE AMERICA! Walls must fall! Visa deadlines here! AISE High School Exchange Students await family call for August. 31 countries, local representative. Just food, bed, sharing! Exchanging! Rewarding! Relevant! Lifetime! 1-800-227-3800.

URGENT! TURKEY'S Omer anxiously awaits Host Family call to A.I.S.E. Nebraska. Guitar, basketball, "musical", "polite". Time running out for Omer, others! Kathy Williams, 402-553-8718, 1-800-227-3800.

??LEAKY BASEMENT?? Guarantee to stop any water leak in any underground facility. No excavating. Soil sealer applied around foundations. Bonded, insured. Jerry Johnson Construction, 1-800-833-0173.

PORTABLE SPAS State Fair Specials! Visit our Lincoln Showroom during Fair Week and save! 25 spas on display priced from \$995 to \$2,995. Town Center Showcase, 2645 "O" Street, 1-800-869-0406.

SOUTH CENTRAL Nebraska feedyard needs feed-truck driver and yard help. Mid-America Feed Yard, Ohio, NE office 402-295-2216, Del. ayne Loseke Residence 402-759-4337, Russ Loseke Residence 402-448-7291.

IMMEDIATE OPENING for experienced livestock hauler. Housing available. Call Dave at 1-800-237-8629.

ENROLL FOR September classes and receive \$1,000.00 off tuition. Call Joseph's College of Beauty now for details. 1-800-742-7827. Financial aid available. Classes starting September 10.

WANTED: CONCRETE Superintendents, grading & concrete foreman, equipment operators, truck drivers & finishers. Benefit package included, send resume or call for application to: GLC, Inc., PO Box 743, Columbus, NE 68602, 402-564-0514. EOE.

WANTED HOUSEWIVES, elderly, full-time, college students to become processors for the government. Earn up to \$4000/month. No experience necessary. 919-272-9990.

MECHANIC WANTED: Experienced mechanic needed with complete knowledge of OTR tractors. Must have own hand tools. Wage based on knowledge and verifiable experience. Good company benefit package. Send resume with phone number to: Personnel Department, PO352, Crete, NE 68333.

LICENSED LIFE & Health Agent needed. Quality products, high commissions with advance before issue, lead system, and benefits. (Must qualify for benefits). Call 1-800-252-2581.

SEWARD MOTOR Freight is now taking applications for our expanding 48 state operation. We offer good pay and miles, insurance and excellent bonuses. Call Bob at 800-253-9954.

FOR RENT: Office space, 18'x38'. Includes private office and storage area. A/C. 307 Pearl. Call 375-1503. Au22

FOR RENT: One bedroom apartment. Elderly, handicapped or disabled may apply. Stove and refrigerator furnished. Carpeted. Leisure Apartments. Equal Opportunity Housing. Call 375-2322 or 1-800-762-7209. Ju17f

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Dependable new cars at affordable rates.
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1987 CELEBRITY Wagon, 3 seats; V6, nice equipment. 1 owner, local trade. May be seen at Paus Motor Sales in West Point. Phone 1-800-672-7287. If

1986 PONTIAC 6000 LE. Call Galen Wisner. 375-4855. Au1912

FOR SALE: Three bedroom home plus complete 1 bedroom basement apartment, attached 2 car garage plus separate 2 car garage and storage building on large corner lot in Laurel. Central heat and air conditioning, new roof and paint. 256-3678. \$54,900. A114

FOR SALE: 1977 Grand Prix, runs great. 584-2448. Au22

CARDS OF THANKS

SINCERE thanks to everyone who showed concern in any way during Dan's recent illness and his surgery. Your thoughtfulness is much appreciated by both of us. Dan and Jeanne Gardner. Au22

THE FAMILY of Ella Ellis wishes to thank all of our neighbors, friends and relatives for the memorial gifts, cards, flowers and food we received in her memory. A special thanks to the Wakefield Care Center for the excellent care she received and to the Providence Medical Center and staff for the kindness shown to her. Also many thanks to Rev. Richardson for being with the family at the time of the loss of our Mom. To Friends Church for serving lunch after the funeral. Everyone's thoughtfulness was greatly appreciated. God bless each one of you. Mr. and Mrs. Ted Johnson and family, Mr. and Mrs. Arvid Malmberg and family, Mr. and Mrs. Ralph Ellis and family. Au22

THANKS PAT! FOR THE COOKIES

MISCELLANEOUS

EKBERG AUTO is now in the auto salvage business. We are buying cars and selling parts. Wakefield. 402/287-2950. Au1514

CLASSIFIED ADS
Standard Ads — 25¢ A Word (Minimum of \$3.50)
3rd Consecutive Run Half Price
Display Ads — \$3.71 Per Column Inch

WONDERFUL WINDOWS SALE

40% OFF MINI-BLINDS **40% OFF VERTICAL BLINDS** **40% OFF PLEATED SHADES**

High-fashion Kirsch vertical blinds, energy-efficient pleated shades and kink-resistant mini-blinds. Now at our store. Don't miss this sale. Make Wonderful Windows... You & Kirsch

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201 N. MAIN WAYNE 375-1801

* Reg. TM, Cooper Industries, Inc.

FOR SALE

Full-time and part-time evening help needed

Full-time hours are from 4:00 p.m. to 12:30 a.m., Monday through Friday. Part-time people need to work at least 20 hours during this shift. Apply in person at Restful Knights in Wayne, NE. Au22

WANTED

EXTERMINATING: Professionally done: rats, mice, birds, bats, insects, etc. D & D Pest Control, 712-277-5148 or 605-565-3101. Reasonably priced. If

EXCELLENT SINGLE FAMILY HOME: or use as a 3 bedroom home with 2 bedroom rental.

AN EXCELLENT 2 BEDROOM HOME: with over 6 acres of land. Development possibilities.

3 BEDROOM HOME: near the college.

3 BEDROOM RESIDENCE: Shop area, storage building, over 2 acres of land across from golf course.

EXCELLENT LOCATION & CONDITION: 3 - 4 Bedroom, new windows, family room.

7 UNIT APARTMENT HOUSE: is 100% occupied and showing good cash flow.

4 BEDROOM BEAUTY: Ready to move right into, large dining room & living room, lovely woodwork & built-ins.

3 BEDROOM RANCH: Minimum maintenance, brick exterior, remodeled interior, new kitchen, main floor laundry, ample built-ins, near park and pool.

ACREAGE: over 3,000 sq. ft. 5 bdrm home; all new kitchen; parlor, LR, din rm, two staircases, hot water heat, gorgeous woodwork & extras. Bed & Breakfast possibilities.

NEWER SPLIT LEVEL: 3 bdrm, 2 1/2 baths, family room w/fireplace, 2 car garage.

NEAR COLLEGE: Single family or excellent rental unit.

GOOD STARTER HOME: 2 bedroom, garage, central air, patio.

BARE QUARTER Located NW of Carroll

CRP QUARTER Winside Area

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LEISURE TIMES

A monthly publication for Senior Citizens

August 22, 1991

Contact your local newspaper

Wayne Care Centre focuses efforts on restorative care

By Mark Crist
The Wayne Herald

The Wayne Care Centre is doing what it can to make a difference, just like its logo says.

One way they're making a difference is through the restorative nursing program.

Restorative care is one of the very important services the Care Centre offers its residents and its patients. The program helps people who have suffered strokes and other debilitating injuries or diseases. The way it works is simple.

"With this program, we have found that their muscles will contract and whatever happens to the patients will decrease their range of mobility," says Dorothy Gross, a certified care member and restorative care aide.

"With the program, patients are better able to function independently. For instance, patients relearn how to feed themselves and care for themselves," she adds.

Along with Gross, the Wayne Care Centre employs one other CSM and RA in Sandy Macke. In charge of the program is Carol Baier and providing a weekly physical therapy session for residents is Blake Wagner of Norfolk. The Care Centre is run by Administrator Pat Lichty.

By Nebraska law, nursing homes are required to have some sort of restorative nursing program. Lichty says Wayne's is probably the best in northeast Nebraska.

"We've made this a part of our facility," Lichty says.

The philosophy the Care Centre implements into all of its programs is dignity with independence. According to information about the restorative nursing program, everything possible is done to help the resident as much as he or she can for themselves. The program helps promote self-worth while decreasing the patient's confusion when entering the home. It's one way the Care Centre staff tries to make a difference.

The restorative care program is also well equipped. In the rooms which house the restorative care program, reciprocal pulleys, parallel bars, a Schwinn air-dyne ergoMetric Exerciser, a mini-gym, a hand wrist-forearm circumductor table and training stairs are all incorporated into the recovery process.

"This equipment is directed to prevent deterioration and those residents who are at risk of becoming totally dependent on nursing as assisted to maintain the highest possible level of independence," according to a handout RCAs use when speaking to public groups or other rest home facilities. "With this equipment and plenty of TLC by the staff, our residents can continue to be active, enjoy life and hopefully return to their home surroundings."

"In a lot of instances, they're learning to relearn," Gross says. "One patient we work with has lost a limb and this program teaches her how to regain her balance although her leg is gone."

Although statistics are not available about how many people run through the program on a regular, continuing basis, there are a number of success stories.

For instance, one 92-year-old Wayne woman suffered a broken hip in the fall. After having pins placed in her hip and leg, the restorative nursing program prepared her to live independently, away from the Care Centre. The following summer, she was playing golf without the use of a motorized golf cart.

Another example is one of an 87-year-old woman who suffered a broken hip. After receiving therapy, she returned home to California. With the use of a walker and cane, she's still living independently.

"A good 50 to 75 percent of patient recovery is attitude," Gross says. "It's like anything else: You have to have the will or desire. When people come in here, they're not ready to leave their homes and they're



Elsie Reed receives a little assistance from Restorative Care Aid Dorothy Gross. Reed, who is a resident at the Wayne Care Centre, tries out the hand-wrist-forearm circumductor table for the first time.

See CARE, page 2

—INSIDE—

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Care

(Continued from page 1)

looking to go back home. I think that, with family support, helps them set the goals so they can return to life outside the nursing home."

Some of the common therapy goals include: Improve range of motion, strength or endurance; learn how to transfer and walk with assistive devices such as walkers and canes; enhance balance and coordination; prevent deformity; increase independence with activities of daily living; reduce or eliminate pain; rehabilitate various orthopedic problems; and rehabilitate neurologic disorders.

With weekly visits of the physical therapist, the patients conditions are evaluated

to determine strength and mobility. He then designs the proper exercise program based on the results of the evaluation. The restorative aids then provide the daily exercises.

In the future, there are plans to expand the program. Earlier this year, the Wayne Care Centre applied to the state for a new facility and once approved, the new facility will house an expanded version of the one that already exists. The new facility should house residents sometime in the next few years.

"We attempt to encourage and show them that although they're in a rest home facility, we're going to build upon the skills they already have," Gross says. "My



AS FLO FAIRCHILD does her exercises on one of the machines at the Wayne Care Centre, certified care member and restorative care aide Sandy Macke, watches. Restorative care is an area of emphasis for senior citizens' at the Wayne Care Centre. The program helps promote the elderly's well being.

opinion is that it's an archaic thought that a nursing home is a place to die."

"The families are often the ones who express the most surprise at the progress they see in the people we care for," Lichy adds. "We want to get the resident to the highest physical, mental and psycho-social

level they can maintain. It's our job to send everyone home as possible, although you and I know that sometimes that's impossible."

If caring makes a difference, the restorative nursing program underscores that objective.

LEISURE TIMES

is a special monthly supplement for the senior citizens of Northeast Nebraska inserted in the following newspapers: Cedar County News in Hartington (254-3997), Laurel Advocate (256-3200), Osmond Republican (748-3666), Pender Times (385-3013), Randolph Times (337-0488), South Sioux City Star (494-4264), Walthill Citizen (385-3013), Wausa Gazette (586-2661) and The Wayne Herald (375-2600 or 1-800-672-3418).

Copy deadline for next issue Thursday, Sept. 12, 1991.

Your Home **A**Way From Home
Well Tr**A**ined Staff
Laund**R**y Services
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24 Hour Prof**E**ssional Staffing

Balan**C**ed Meals
Exciting **A**ctivities
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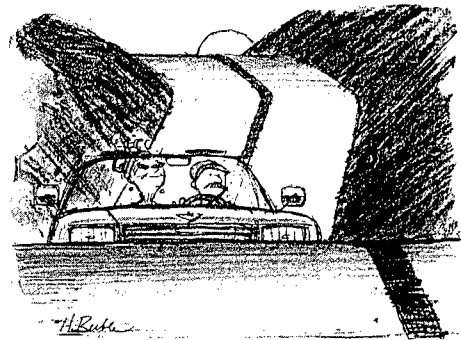
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Congress supports proposal

Committee OKs long-term package

EDITOR'S NOTE: The following article is reprinted from the *Saving Social Security* newsletter.

Several key members of Congress, responding to seniors' need for reliable information when purchasing insurance protection from the often devastating financial cost of long-term care, have introduced legislation to simplify and standardize the long-term care insurance market.

Although virtually unheard of until recent years, long-term care insurance is growing at a dramatic rate — the number

of policies sold has doubled in the last three years, congressional researchers say.

"In the absence of a national policy on long-term care, many seniors feel forced to turn to private insurance as a way to protect themselves from the extraordinary cost of long-term care," says National Committee President Martha McSteen. "This legislation will help seniors who wish to purchase this type of protection make informed choices."

Although policies are expensive — usually more than \$3,000 annually for seniors



70 and older — many policy holders have experienced problems in collecting benefits.

For example, many current policies include clauses saying they will only pay for "medically necessary" long-term care services, a recent report issued by two House committees says. Seniors then are thwarted when they try to make claims for custodial and personal care services — the long-term care services seniors need most.

The Long-Term Care Insurance Consumer Protection Act, introduced in the Senate by David Pryor, D-Ark., Tom

Daschle, D-S.D., and Ronald Rieggle, D-Mich., and in the House by Ron Wyden, D-Ore., would extend to the long-term care insurance market the same kinds of protection recently won for medigap insurance.

More on this topic will be forthcoming when Senate hearings are held in September. In response to these hearings, the National Committee soon will mail a Legislative Alert urging members to write their legislators asking their support for Long-Term Care Insurance Consumer Protection Act.

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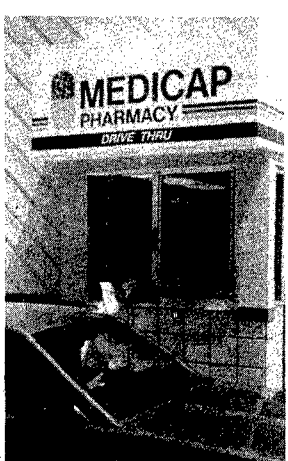
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South Sioux City woman marks 101st year

Martha Goodwin (right) celebrated her 101st birthday last week with a party at Matney's Colonial Manor in South Sioux City. Matney's is located at 3300 G Street. Also pictured is Shirley Knight (left) Matney's Activities Director and Matney nurse Ellen Salmen. The birthday took place July 31st.

Stories from far away grandparents

Grandparents and grandchildren are natural allies, according to experts in family relations. But alliances weaken, their studies reveal, when the homes of grandparents and grandchildren are too far apart, or when intergenerational barriers intervene.

In disrupted communications, everybody loses, including the youngsters' parents.

Strengthening ties between grandparents and grandchildren through storytelling is the intent of Write Stories To Me, Grandpa! a new 174 page book by Meyer (Mike) Moldeven, himself a too-far-away grandfather.

Emerson Senior Center update

Wednesday, Aug. 21—Madison and Wakefield will visit for talent day-get your talent together. Please let Jean know what you plan to do. We will have banana splits today.

Thursday, Aug. 22—Band practice at 9:30. Hope you all enjoyed a great Luau. The hula contest was something else. The hula winner (who stood out in the middle of a 100 folks and tried to hula) were Mary Ann Stueakroth, Joan Canfield, Martha Bohn, Dave Ober, Mae Ober, Jean Douppnik, Wally True. Bea White, Island costume winners were Eunice Behrens, Dale Oetkin, Wilma Dose, Derwood Wreidt, Buena Schroeder. Winners of real Pineapples were: Helen Carlson, Dale Oetkens, Carl Hedberg, Ethel Severson, Opal Trevett & John Wachal, Mary Ann Stuecker, Jean treated everyone to banana split, birthday cake and punch. Thank you Jean. Kammy Whitmore and Deb Douppnik served the group island style. Kammy Whitmore, of Sioux City, a dancing instructor and last years. Rivercade princess, entertained us with six dances of different styles- hula, tap dance, jazz and ballet. We loved it. The fellas each received leis from the island princess. The winners of the "Name That Tune" contest on Friday were Buena Schroeder and Hazel Jensen. They each received a lovely honey jar.



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Today's seniors lead the next fitness wave

When it comes to fitness, senior citizens are leading the way for the fastest-growing fitness phenomenon—walking. What used to be considered a leisure activity has become the most popular participation sport in America with over 67 million Americans walking for fitness.

Senior citizens have long embraced walking as an excellent way to keep fit. The reason the sport has been so popular with older Americans is the same as why waling is making great strides with other segments of the population: walking is the safest of all aerobic exercises.

"People of all ages who are hooked on jogging and aerobics have turned to walking after suffering injuries from other fitness activities," claims Ray Fredricksen, the director of Biomechanic Research at Michigan State University. While walking is not risk free, most walking injuries can easily be avoided.

Proper Footwear

"The most important piece of advice for someone about to begin a fitness program is to select the proper footwear," states Fredricksen. While most people understand the need for good running or aerobics shoes, they tend to throw on any shoe to go walking. This is how walking injuries result.

Here are some helpful tips

regarding shoe selection to beginning walkers:

Shoe Selection

1. Look for a shoe that was designed specifically for walking, not other sports like running or aerobics which require different features for different movement patterns. A shoe which has undergone the biomechanic evaluation is a safer investment than others.

2. Make sure the shoe fits properly. Most people do not realize that the difference in a half size is only a fraction of an inch.

3. Shop for shoes in the afternoon. Since your feet tend to swell throughout the day, this will give you a good indication of how they will fit with a bit more or less swelling.

4. Try to walk on a hard surface in the shoe store since padded carpets may give a false sense of comfort. Pay particular attention to whether the shoe feels like it cushions at the heel and ball of the foot where most of the shock from impact is absorbed. The heel alone absorbs about one and one-half times your body weight when walking.

5. Also try to walk as hard and fast as you will normally, to be sure the shoes feel comfortable throughout the walking motion.



Cats make convenient pets

Today's consumers want convenience as well as quality in the products they purchase. So, it's not surprising that a company like Golden Cat Corporation, the nation's leading manufacturer of cat box fillers and related pet-care items, offers highly effective products, easy-to-open bags and litter box liners. Although consumers of any age agree that these conveniences make owning cats more pleasant, senior citizens are the first to agree that innovations like these make their lives much easier.

Many senior citizens choose cats as pets because cats don't need to be walked daily, are easy to house train and are less active than dogs. Gilbert Smulkin, 82, a recent widower from Media, Pennsylvania, said, "Cats are wonderful pets. I don't know what I would do without my 14 year old cat, BeBe (Busy Body), especially since my wife died eight months ago." He added, "Cats are pretty easy to care for, but it's nice that companies consider the elderly when they design products."



Why Change Your Lifestyle?

For Ben, fishing was a favorite pastime but blurred vision from cataracts made him give it up. Ben had accepted poor eyesight with age until a friend told him about a new sutureless cataract surgery at the Jones Eye Clinic.

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Wausa-made quilt went to White House

by Sybil Bengtson

Quilting is relaxation for me. My mother belonged to a neighborhood quilting club in the 1930's near Maskell. These ladies coaxed and dared me to try a few stitches.

That was the beginning of my lifetime hobby and pastime. One of my prize possessions is an embroidered crazy quilt my mother-in-law gave me that she made in 1898 and it is still usable.

All four of my children, one son and three daughters, have received quilted quilts when they married.

I have lost count of the number of quilts I've finished. Not all were quilted, however.

Sizes of quilts vary from infant to teenager, regular, queen and king size. Some I have sold, but most of them are gifts to children, relatives and friends.

It's a challenge to sew a quilt top. Precision is very important—as is selection of materials and patterns and colors.

Washington assignments

While I was working at the Knox County Fair Fine Arts building in Bloomfield in the 1970's Ruth Thone, wife of Con-

gressman and future Governor Charles Thone, asked me to make her a quilt. After some deliberation I consented.

Her family envied her, so when they were in Washington, D.C., I had several calls on the "Hot Line" asking if I'd make more quilts for the family.

"Charlie" Thone is an avid "Big Red" fan, so I took that into consideration when I designed his quilt. My youngest daughter helped me.

While the Thones were in Washington, D.C. Mrs. Thone was on the committee for the annual Congressmen's Wives' Prayer Breakfast, usually held in May. I was asked to make a quilt for a gift for the first lady, Mrs. Richard Nixon. The program theme was "A Day in the Country", so I completed an old fashioned "Grandmother's Fan" pattern in that quilt. Later Mrs. Thone gave me a picture of the quilt presentation, a treasured memento.

Taught class of 20

In 1986 the Wausa Public Schools, co-sponsoring the Adult Education Program with Northeast Community College, asked me to teach a quilting class.

Twenty ladies signed and I learned as well as they. The "finishing touch" was to practice quilting, which they did on a quilt I supplied.

It involved putting a quilt in a frame—marking the pattern, trying to make uniform stitches, etc. Upon completion I donated the quilt to the Wausa Schools.

Being asked to participate in the Wausa Quilters prior to the Wausa Centennial was



Quilter Sybil Bengtson at work. Behind her hangs a partially completed star quilt for her sister in Ely, Minn.



Congressional wife Ruth Thone, later Nebraska's first lady, presents "Grandmother's Fan" quilt, made by Sybil Bengtson of Wausa, to United States first lady Pat Nixon.

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LEISURE THOUGHTS

By Joani Potts, Cedar County News

By: Joani Potts

Last night I made a new friend. She and her husband have been married for 60 years and they have three grown children. They recently moved back to the midwest to spend retirement years in a small rural town. She and her husband were educators.

I'm in my late thirties and in the mid-stream of family years. My husband and I have three children, still at home, and we are farmers. I work part-time for the Cedar County News and do writing out of my home for local newspapers.

Now, what could this new friend and I possibly have in common?

It seemed we had plenty of things to talk about because the conversation didn't lag. She was delightful to visit with. I took an instant liking to her. When we left the meeting she grabbed my hand and I felt the warmth of friendship.

In the organization where I met this new friend, are several ladies who are chronologically considered senior citizens but who understand and get along with all age groups. These ladies, too, are delightful and have become good friends. I enjoy their friendship.

And a friend who about my age has an older neighbor lady she has made crafts

with and takes shopping with her. The two are good friends.

The point is, friendship has no age limits. Friendship should not have boundaries of age.

People can broaden our horizons by broadening the age span of friends.

All ages of people need each other. We can benefit from each other by sharing our wisdom, friendship and leisure thoughts.

The relatively new publication, Leisure Times has had immediate success and one reason is because even though it is targeted for the 50-plus audience it has interesting reading for other ages.

No matter what age we are, everyone needs to take time out each day for some leisure thoughts. Leisure thoughts balance out the thoughts of other responsibilities and obligations. Leisure thoughts promote good health.

It seems appropriate then for Leisure Times to offer a monthly column where Leisure Thoughts can be shared. Send your life experiences, health, family, travel, or humor stories each month to this column. Mail correspondence to Joani Potts, Route 1, Box 222, Hartington, NE 68739.



A TOUR GROUP FROM HARTINGTON rides on the Grizzly Gulch at Opryland USA in Nashville.

Student leads trips

A college student from Hartington has organized trips designed to appeal especially to older adults.

Jim Keiter, a student at Wayne State College, led a bus tour to Nashville, Tn. in July. Thirty-four people made the trip.

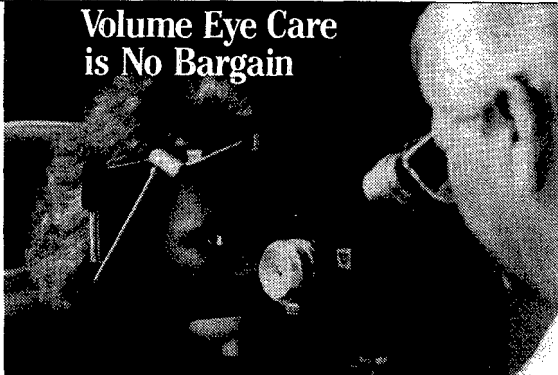
In September, Keiter will lead another tour. The group will travel to Minneapolis where participants will attend the Renaissance Festival, among other things.

Coping Sessions Scheduled

A six-week series of Beginning Experience Coping Sessions for widowed, separated and divorced persons of all faiths is scheduled to begin Tuesday, September 10, 7:30 to 9:30 p.m. at Our Lady of Guadalupe Parish, 2310 O' Street, Omaha.

The sessions are designed to help individuals work through the trauma of the loss of their spouse and are led by trained men and women who themselves are widowed, separated or divorced. A suggested donation is \$2.00 per evening.

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Daily Schedule

DAY	PLACE	DAY	PLACE	DAY	PLACE
Aug. 21-Open Day		Sept. 3-Tu		Sept. 17-Tu	
Aug. 22-Thu		Sept. 4-Open Day		Sept. 18-Open Day	
Aug. 23-SC		Sept. 5-Thu		Sept. 19-Thu	
Aug. 26-Y		Sept. 6-SC		Sept. 20-Y	
Aug. 27-Open Day		Sept. 9-Y		Sept. 23-N	
Aug. 28-W		Sept. 10-Open Day		Sept. 24-Open Day	
Aug. 29-Thu		Sept. 11-W		Sept. 25-W	
Aug. 30-N		Sept. 12-Thu		Sept. 26-Thu	
		Sept. 13-N		Sept. 27-SC	
		Sept. 16-SC		Sept. 30-Y	

LEGEND: N - Norfolk, Y - Yankton, SC - Sioux City, TU & THU - Hartington, Magnet, Randolph, Belden, Laurel, Coleridge (Osmond on Thursday only), W - Obert, Wynot, St. Helena, Bow Valley, Fordyce, and Hartington.

For reservations call a contact person: Belden -- Bertha Heath, 985-2409; Bow Valley -- Mrs. Art Kathol, 254-6444; Coleridge -- Virginia Fox, 283-4571 or 4222; Fordyce -- Don Wieseler, 357-3517 or 3508; Hartington -- Nursing Center, 254-3905; Laurel -- Verna Domsch, 256-3916; Magnet -- Violet Miller, 586-2625; Obert -- Mrs. Ralph Heikes, 692-3661; Randolph -- Frances Anderson, 337-0356 or Opal Dickes, 337-0163; St. Helena or Wynot -- Irene Lenzen, 357-2205.

NOTE: Anyone having comments or recommendations regarding the Handi-Bus should contact a board member, local contact person or attend a board meeting.

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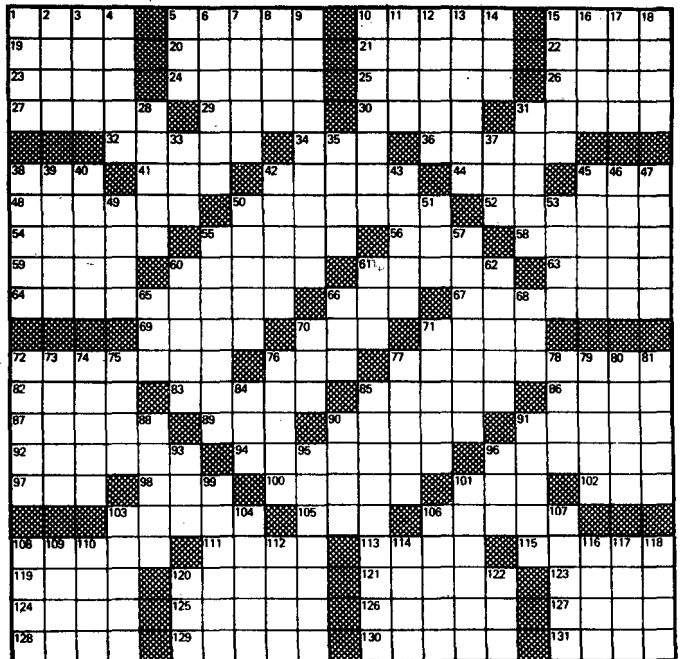
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Hartington, Ne.

LEISURE TIMES CROSSWORD PUZZLE

- ACROSS**
- 1 Young horse
 - 5 Robert Ulrich opus
 - 10 Buddy Ebsen's Barnaby
 - 15 Role for Tony Musante
 - 19 Whale of a film: 1977
 - 20 Concerning
 - 21 Part of a Stein line
 - 22 On — (equal to)
 - 23 Andean country
 - 24 Ancient tribe of Britons
 - 25 Crisp covering
 - 26 Wife of Ramachandra
 - 27 Winter vehicles
 - 29 River in Bohemia
 - 30 Welles role
 - 31 It's led by George Peppard
 - 32 Glean
 - 34 Time depositor: abbr.
 - 36 Snuff a candle: old style
 - 38 Holy people: abbr.
 - 41 Lennon's widow
 - 42 Sing a la
 - 44 Suffix for adjectives
 - 45 Gal of song
 - 46 TV comedy set in Boston
 - 50 Star of "T.J. Hooker"
 - 52 A black alloy
 - 54 Fortification
 - 55 Capture
 - 56 God of flocks
 - 58 Actress Jeanne
 - 59 East Indian grass
 - 60 Contaminate
 - 61 Senate employees
 - 63 Story starter
 - 64 British TV comedian
 - 66 "Que —" (Spanish)
 - 67 Emmanuel Lewis opus
 - 69 Consumes
 - 70 Bohemia
 - 71 Chaise: dial
 - 72 — Beach, California
 - 76 Spar
 - 77 Mrs. King's TV partner
 - 82 Seabird
 - 83 Sea eagles
 - 85 Exhibits
 - 86 Possess
 - 87 Moorehead of "Bewitched"
 - 89 One of the Caesars
 - 90 "— We All!"
 - 91 Abode of the dead
 - 92 Role for Mike Connors
 - 94 Kinds of gallows
 - 96 Like an ostrich or emu
 - 97 Spanish matron: abbr.
 - 98 Disfigure
 - 100 Bog
 - 101 Chart
 - 102 Paddle
 - 103 TV hostelry
 - 105 Smell a — (suspect)
 - 106 Letter after iota
 - 108 Dutch painter
 - 111 Lion's pride?
 - 113 Scottish poet
 - 115 Cede
 - 118 Neighbor of Twelve Oaks
 - 120 Harass
 - 121 African antelope
 - 123 Strong, low cart
 - 124 Theater sign
 - 125 Variable possession
 - 126 Musical production
 - 127 Feudal flunky
 - 128 Overlook
 - 129 Role for Valerie Harper
 - 130 Appears
 - 131 Red and DOWN
 - 1 Dandies
 - 2 Soviet city
 - 3 "God's Little —"
 - 4 Praises
 - 5 African language
 - 6 California town
 - 7 Silly ones
 - 8 British queen
 - 9 Richard Pryor movie: 1980
 - 10 She stars as TV's "Mrs. King"
 - 11 Odd: Scot
 - 12 Parts of speech
 - 13 Ancient ascetic
 - 14 Matched group
 - 15 Flavor
 - 16 Role for young Ron Howard
 - 17 — Hari
 - 18 Ancient country
 - 28 Deprived of by cutting
 - 31 Garnet
 - 33 Those in office
 - 35 Lavish excess affection
 - 37 Wayside refuge
 - 38 Scour
 - 39 Not those
 - 40 Family car
 - 42 Prepare the white wine
 - 43 Asian country
 - 45 Special viewpoint
 - 46 Role for Linda Lavin
 - 47 Solitary person
 - 48 Deserve
 - 50 Vends
 - 51 Roofing slate
 - 53 Love god
 - 55 Swains
 - 57 TV inkeeper
 - 60 Window blind
 - 61 Hippie apartment?
 - 62 Scotch
 - 65 Strong urge
 - 66 April 15 item
 - 68 Secondary matter
 - 70 Counties: abbr.
 - 71 Scrutinizes
 - 72 Wanders
 - 73 Mystery-writer's Oscar
 - 74 Actress Reed
 - 75 Biblical name
 - 76 Becloud
 - 77 Biblical verb form
 - 78 Converse
 - 79 Wolfman
 - 118 Stains
 - 120 Obstacle
 - 122 — Plains, Illinois
 - 81 Hamelin's river
 - 84 African nation: abbr.
 - 85 Gorgeous George and company
 - 88 A.J. or Rick, on TV
 - 90 The mouth of a canyon
 - 91 "— Days" of TV
 - 92 totem pole
 - 95 Role for Robert Blake
 - 96 Seance sound
 - 99 Entangle again
 - 101 Role for Tom Selleck
 - 103 Warm up
 - 104 Lariat
 - 106 Jack, at cards
 - 107 Assistants
 - 108 Check
 - 109 TV vehicle for Judd Hirsch
 - 110 Sister of Ares
 - 112 Require
 - 114 To the sheltered side
 - 116 Gaelic
 - 117 Miss Turner
 - 120 Obstacle
 - 122 — Plains, Illinois



SOLUTION ON PAGE 18



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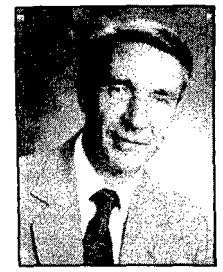


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IDS LIFE: Standing Tall Among Giants

Osmond couple tours Alaska, western Canada via 'Klondike Klipper'

(Dale Boice is a retired Osmond veterinarian. Here he recounts a trip to the nation's 50th state and western Canada which he and his wife, Loretta, made this summer, traveling in a non-conventional "motor home.")

During the summer of '90, Ted Farmer, a college classmate from Ohio, told us about a trip to Alaska which he and his wife were going on the following year. They planned to camp, using their van in which he had built a couple of bunk beds. It sounded like fun and a cheap way to do it.

We wanted to go to Alaska someday, but hadn't really thought it would be very soon. We don't have a van or motor home, so we figured that when we did go it would be by car, staying in motels, or flying to Anchorage and taking a tour or two out of there.

When we were in Texas this past winter, I awoke one night with a brilliant idea. Why not take the back seat out of our '70 Dodge four-door sedan, cut out the braces between it and the trunk, and lay in a piece of plywood to make a bed for two — our very own mini-motor home, and it would be nearly all paid for. Then we would call Farmers and invite ourselves to accompany them.

When I broached the plan to Loretta, she looked at me sort of funny but she didn't say no, so I let things simmer for a few days. The car had more than 160,000 miles on it at the time so, I imagine, she thought it would be falling apart by the time we got home from Texas and that would be the end of it. No such luck, however, so Loretta agreed to it if I would do the cooking.

A 4x6½-foot bed fit in very nicely. A box to hold the spare tire and provide additional storage was built over the trunk deck on hinges bolted to the car so it could be raised to allow access to the trunk.

By now the children were resigned to the fact that we were going to try it in that old boat, so they got in the spirit of it and helped out a lot. A curtain across the seat shut out the view of the bed from the front, and Venetian screens for the two back windows were added.

By utilizing the space under the bed (accessible from the two back doors), the area in front of the rear window, in the trunk under and around the bed and the box on the trunk, along with a small cooler between us in the front seat, we had plenty of storage.

It was christened the "Klondike Klipper" by our offspring and their mates and decorated with a couple of logos made by our architect son-in-law. Paul Kahler of Wally's Shop in Osmond installed a new set of points, replaced a spark plug wire and put in new rear axle bearings. After installation of a new set of tires and purchasing a 30-day supply of groceries, we were ready to go. We left Osmond July 12, going directly to Oroville, Wa., where we rendezvoused with Farmers on July 14.

Crossing the border north of Oroville into British Columbia the next day, we traveled north to Prince George; then west on 16 to its junction with 37, the Cas-

siar Highway; north on it to the Alaska Highway west of Watson Lake in the Yukon; then west and north on the Alaska Highway through the Yukon to the border of Alaska and on to Delta Junction, Ak., which is officially the northern end of the Alaska Highway and where we stayed the night of July 21; to Fairbanks on Highway 2 and to Anchorage on 3.

Homeward bound now, we traveled on 1 to Glenallen; then a side trip down 4 to Valdez; back out to Glenallen; then on 1 to Tok where we stayed the night of July 28; from Tok to Dawson in Yukon Territory on Highways 5 and 9; then the Klondike Highway to Whitehorse and the Alaska Highway; from there to Dawson Creek, B.C.

Dawson Creek is at the southern end, or beginning, of the Alaska Highway. From Dawson Creek to Delta Junction, where it ends, is about 1,350 miles with another 100 miles on to Fairbanks.

At Delta Junction, the Alaska pipeline can first be seen where it crosses the Tanana River on its way across Thompson Pass and down to the port at Valdez. The pipeline is 48 inches in diameter with walls of 9/16-inch-thick vanadium steel. Each lineal foot weighs 245 pounds. It is insulated both above and under the ground.

From Dawson Creek we traveled through Alberta to Jasper and Banff National Parks, on south through Calgary and back into the States at the Port of Piegian near Glacier National Park; then to Yellowstone Park in Wyoming, and home on Aug. 7.

It was a great trip and, fortunately, we had no trouble except for a leak in the gas tank which developed in British Columbia on the way up. It was high enough up on the tank that we could carry about 12 gallons, so we finished the trip that way. Gas stations are plentiful enough so it was no problem, but we carried a five-gallon container in the trunk, just in case. Paul must have gotten the motor tuned and timed just right as it ran wonderfully well.

Gas prices in Canada ranged from 37.9 to 71 cents per litre, and there are 3.76 litres per U.S. gallon. The rate of exchange is \$1.13 Canadian for each \$1 of U.S. (currency).

We traveled a total of 8,560 miles, using 528 gallons of gasoline and five quarts of oil. Gasoline for the whole trip averaged out to \$1.51 per gallon, the cheapest being in Anchorage where it was 97.9 cents. Prices in Canada are higher than Alaska. Most things in Alaska are higher than here but not as bad as expected. I'm glad we took the 30-day supply of food, however.

The weather was cold and rainy the first week through British Columbia and the Yukon. When we hit the Alaskan border, the sun showed up and, except for one day of cold and clouds when we were in Denali National Park, we had delightful weather the rest of the way.

The mosquitoes were plentiful enough but not as bad as expected. We heard that they aren't as bad this year as usual.

I would compare roads in Alaska and



Dale, Loretta and the 'Klondike Klipper'

the Alaska Highway to our mountain roads in the '50s — much better than I expected but still enough holes and rough sections to keep you alert. About 150 miles of the Cassiar Highway in British Columbia and the stretch from Tok, Ak., to Dawson in the Yukon is gravel. It is smooth and maintained quite well. In dry weather it can be quite dusty. Some headlights get broken from flying stones, and windshields take some hits, mostly due to the speed with which the vehicles are traveling.

Valdez, called Little Switzerland, is beautiful. We took an 8½-hour boat cruise there to see Prince William Sound with its icebergs and Columbian glacier. Thirty-five miles from there is where the oil tanker, Valdez, went aground. The spill didn't get back to Valdez and the sound, going instead towards Seward, so we saw no evidence of it. We saw seals,

sea otters and different birds, but no whales.

A company tour of the pipeline terminal was interesting. I wish I could remember more of the figures. They can load something like two million barrels per 24 hours maximum. The oil comes in to the pipe at 180 degrees at Prudhoe Bay and is 140 degrees when loaded on the tankers. When it reaches the refineries, it is at 70 to 80 degrees. The pipeline is 799 miles long.

Other interesting items were a sawmill and pulp plant tour in Prince George where we marveled at the large automated equipment in use. We talked with a truck driver in the Yukon who told us he was hauling zinc and lead ore from a mine there to Skagway, Ak., where it is loaded on a ship for smelting in Japan. For \$5 we purchased a salmon about 20 inches long.

See Klondike Klipper, page 11

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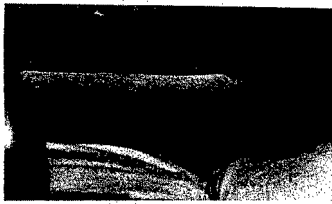
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'Klondike Klipper'



Klipper's bed as viewed from front seat of the car



Braces support box to allow trunk to be opened. Supplies were stored around bed in trunk area.

(Continued from page 10)

cleaned and with the head and tail cut off, from three Indian boys at Moricetown, B.C., and watched a young Indian man gaffing for them (salmon) the next morning at some rapids on the river. We later learned that it is illegal to sell or buy salmon, both being subject to severe penalties. I suspect it is a law without much enforcement. Natives are allowed to subsistence fish.

Wildlife seen included deer, elk, Dall sheep, mountain goats, fox, porcupine, ground squirrels, bald eagles, ptarmigan, caribou, black bear and two grizzly bears with five cubs. It isn't as if you can look out and see some anytime you want. We saw much of it in Denali National Park on the all-day bus tour which is the only way into it. The park service provides it free, and there is also a commercial tour allowed. Supposedly, the best view of Mount McKinley is on this tour, but the day we were on it, the mountains were hidden by clouds. We did get a good view of it the next day on the way to Anchorage.

Agriculture in Alaska is pretty marginal. What good land there is at Wasilla and Palmer, near Anchorage, is being taken over by land developers for housing. Around Dawson Creek in British Columbia to Grand Prairie in Alberta is nice grain country. Many huge grain fields were seen there.

Because of the mountains, glaciers and snow-capped peaks in numbers hard to imagine, resulting in lots of rivers and lakes, the scenery is mind-boggling. I'm not a fisherman, but now wish I were. There have to be a lot of good spots to do it in that country. Maybe I'll take it up and, down the road a few years, go back and give it a try.

I would encourage everyone at some time in their life to see at least some of Alaska and upper Canada — maybe not quite in the method we used, but some-way.

We did get a few interesting comments along the way. Two young boys

walked by our car at a parking lot in Valdez, looked at the license plant and said, "Nebraska, jeez, they made it all the way up here in that old thing."

Most of the other comments were from men and went something like, "Gee, I'd like to do a trip in that, but my wife would never go for it;" or "Your wife must be an awful good sport." She is, and we had a trip we'll always remember . . . and we wouldn't have changed a thing.

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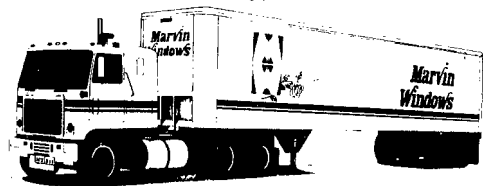
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Back-Woods Medical Terminology

ARTERY	The study of fine paintings
BARIUM	What you do when C.P.R. fails
CESAREAN SECTION	A district in Rome
COLIC	A sheep dog
CONGENITAL	Friendly
DILATE	To live longer
FESTER	Quicker
G.I. SERIES	Baseball games between soldiers
GRIPPE	A suitcase
HANGNAIL	A coat hook
MEDICAL STAFF	A doctor's cane
MINOR OPERATION	Coal digging
MORBID	A higher offer
NITRATE	Lower than the day rate
NODE	Was aware of
ORGANIC	Church musician
OUTPATIENT	A person who has fainted
POST-OPERATIVE	A letter carrier
PROTEIN	In favor of young people
SECRETION	Hiding anything
SEROLOGY	Study of English Knighthood
TABLET	A small table
TUMOR	An extra pair
URINE	Opposite of you're out
VARICOSE VEINS	Veins which are very close together
BENIGN	What you are after you be eight

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Laurel couple tackles medical challenges

DAVID CARSTENS, Laurel Advocate

A common condition afflicting nearly all men over eighty years of age is prostate cancer. On May 18, 1990, Laurel native Curtis Crandall reported to the office of a board certified urologist in Norfolk. After a thorough examination and series of tests were conducted Crandall was diagnosed with prostate cancer. His physician recommended radical surgery that involved the removal of the entire prostate gland.

At the age of 81, Crandall is in excellent physical condition. "I try to walk two miles a day," said Crandall. Crandall and his wife, Ruth, are strong spiritually as well. "We give the Lord all the credit," he said. Considering his strong physical and spiritual character, the doctor who examined Crandall believed that it was possible for him to live many more years if the cancer was treated properly. The proper Medicare authorization was requested for the operation and the surgery was scheduled for the next month.

Upon receiving the Medicare authorization request, the Sunderbrunch Corporation-Nebraska, which is the authorized Peer Review Organization for the state, denied payment for the surgery. A letter of reconsideration was submitted but it was also denied. This second letter pro-

vided a reason for the denial. The organization explained that they felt that "less radical measures of treatment for the patient would be appropriate". They thought methods such as radiation or hormone therapy would be acceptable. The organization did not make any references to the physician's analysis and recommended treatment of the cancer.

The question faced by Crandall was this: Why couldn't he receive the best possible and most logical treatment without receiving the Medicare payment he was entitled to? Fortunately, Crandall was able to pay for the surgery and attempt to claim his payment after the operation was complete. The operation in June of 1990 was a success and Crandall resumed his normal life activities. In the months following the operation Crandall began a full scale attempt to gain the benefits he was entitled to. He and his wife wrote many letters to various agencies and government officials explaining his situation.

Crandall had to wait for just about a year until his case was heard. The case, heard in Kansas City, was to determine if the radical prostatectomy performed was the proper medical treatment of the cancer so that the surgery would be covered by Medicare. The information submitted on Crandall's behalf contained in-depth studies that determined that radical surgery was the best treatment option for his ailment.



According to the sworn testimony from his urologist, the operation performed was statistically the best procedure in similar circumstances. His physician cited studies that confirmed 15 years survival of 51 percent of those patients who underwent surgery, an additional 32 percent of the patients died clinically free of the disease during the same period.

Unfortunately, only one comparison study has been conducted that compares radical surgery techniques to other methods of prostate cancer treatment. In the existing study, radical procedures versus radiation treatments revealed the surgery was generally more thorough at controlling the ailment. Hormone therapy, on the other hand, was usually used in the treatment of those patients having multiple disease symptoms. Chemotherapy indicated a moderate survival rate of under 40 weeks, which was proved to be not much of an advantage over those patients who used short term relief techniques. With improved surgical technology developed in the last decade, the risk of retaining the disease after surgery was observed to be as small as two or three percent.


Crandall's appeal to the department of Health and Human Services resulted in a reversal of the Sunderbrunch decision. In information provided by attorney Brian J. Niceswanger who is an attorney with the law firm of McDowell, Rice and Smith in Kansas City and practices in the areas of health and insurance law, the administrative judge in the case found that "such actuarially based mentality is irrational and that the end aim of saving money is not a legitimate end when compared to the beneficiary's fundamental interest in life itself."

Niceswanger is currently in the process of preparing an article entitled "Is Treatment Beyond Age Eighty 'Medically Necessary'?" This article documents Crandall's case from start to finish as well as creating an awareness of this disease. In his article, Niceswanger asks the question: How many elderly Nebraskans are being denied necessary treatment because of unilateral treatment decisions by the Sunderbrunch Corporation? Crandall mentioned that he and his wife along with their attorney have communicated frequently with Senators Exon and Kerry on this matter and are enlightened that more information pertaining to this issue is likely to be voiced in the future.

Crandall's voice reflects a concern for others who may face the same problem. He advised if there is a Nebraska senior citizen who is entitled to treatment under the Medicare program to question any denial of medical care. If a physician believes you need a method of treatment that is being denied, ask him or her for assistance in obtaining reconsideration. If that attempt is unsuccessful, contact a lawyer that practices in health and insurance law and see if an appeal could be called for under the conditions of your case.

Curtis Crandall is a person who cares deeply for his fellow man. He believes in values that are practical and diplomatic. The fact that he and his wife stood behind a major hurdle and through dedicated determination conquered it is proof of this fact. "We may disagree eye to eye, but as brothers we walk arm and arm," stated Crandall. Thanks to the advances in today's medical field along with his strong inner strength, Curtis Crandall will be able to enjoy life to its fullest.

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Pioneer farm awards uphold strong tradition in northeast Nebraska during county fair

Northeast Nebraska family farms have been a tradition for over 100 years.

This year two Randolph area family traditions have been honored at Cedar and Pierce County Fairs by receiving the Nebraska Pioneer Farm Family Award, which has become a tradition in itself. This year marks the 36th year the awards have been given.

At the Cedar County Fair, Friday, Aug. 2, honored as a 1991 Nebraska Pioneer Farm Family were LaVern and Ruth Ellen Truby, living northwest of Randolph.

Since 1955, LaVern and Ruth Ellen (Collier) Truby have lived on the farm. Carrying on a tradition which began when Mrs. Truby's grandfather, Daniel Collier, built the original house. He bought the land direct from a homesteader as that's the only other name on the abstract, according to Mr. Truby. Daniel Collier bought the farm for \$11 an acre. Mrs. Truby's parents, Clayton and Mary Collier, also lived on the farm.

The house is the same one her grandfather brought his bride, Elva, out to from Illinois, although some remodeling has been done, according to Ruth Ellen Truby.

"Not all are able to keep a farm in the family for 100 years," LaVern Truby said.

Speaking of their family farm tradition, Mrs. Truby said they have felt the tradition was something that seemed like a good thing to carry on.

"If you want to have adventure and travel, you can't stay with this lifestyle," she said. "It hasn't been easy to hang on to. You have to be willing to sacrifice. We've loved it and would hate to leave the farm."

"I've no intentions of doing that yet," Mr. Truby said. "I enjoy what I'm doing."

Since 1956, the entire farm has been terraced. The Trubys said they have been interested in organic farming and conservation. They were cooperators in the small farm energy project in Cedar County for 12 years. They tried

a number of energy saving devices on the farm. Among some of their projects, they put up a solar grain dryer, composted manure and tried different crops.

Both enjoy camping and reading. They have five children. Their only son, Tom Truby is a psycho therapist in Kalamazoo, Michigan. He and his wife, Laura, have two children, Angela and Aaron. The Trubys have four daughters. Mary Sue Truby is a Spanish teacher at a Catholic school in Norfolk. Sylvia Johnson is a homemaker in Blair. She and her husband, Jim, have three children, Matthew, Andrea and Anna. Patricia Truby is working with the mentally handicapped in Kalamazoo, Michigan.

Nancy Travnicek is a homemaker. She and her husband, Jim, are moving to Columbus with their three children, Joel, Kelli and Leah.

"This farm sent all five children to college," Mrs. Truby said.

Duane and Donna Kruger were honored at the Pierce County Fair as a 1991 Nebraska Pioneer Family on Saturday, Aug. 10. They live south of Randolph.

Born on the farm in September of 1926, Duane Kruger said he has lived there all his life except for the time he spent in the service.

First purchasing the farm were Wilhelm and Tina Kruger, his grandfather and grandmother. In November, 1890, the farm was purchased from Robert H. Goddard and his wife, Rebecca B. Goddard of Providence, R. I. for \$2,080. Six generations have lived on the farm since.

Kruger said he has quit farming this spring and passed the tradition on to his son, Kent Kruger. He has two children, a son, Brent and a daughter, Cali. Duane and Donna Kruger also have a daughter, Cindy Kumm of Norfolk. She has two sons, Jared and Kyle.

Kruger said he was honored by the award as there aren't many families able to stay in farming that long.

by Angie Nordhues, Randolph Times



At the Cedar County Fair, Hartington fairgrounds, Friday evening, Aug. 2, Ruth Ellen and LaVern Truby (at right) were presented their Nebraska Pioneer Farm Family Award for 100 years of family farm ownership.

A total of 205 Nebraska families with land owned by the same Nebraska family for 100 years or more will be recognized.

The Pioneer Farm Family Award program, now in its 36th year, has honored 4,728 families in 91 Nebraska counties to date and is sponsored by Ak-Sar-Ben and ConAgra, Inc. The Nebraska Association of Fair Managers cooperates in the program, helping

to identify eligible families, making the presentations to the honorees at the individual county fairs during the summer. Ak-Sar-Ben Ambassadors assist in making these presentations.

The honored families receive an engraved walnut plaque and an aluminum gatepost marker from Ak-Sar-Ben and ConAgra for farms which have reached the century mark in the hands of the same family.

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At the Pierce County Fair, Pierce fairgrounds, Saturday evening, Aug. 10, Donna and Duane Kruger (at right) were honored with the Nebraska Pioneer Farm Family Award for 100 years of family farm ownership.

Exercise hikes elderly self-esteem

Benefits of exercise to elderly aren't limited to just physical

It seems the benefits of exercise for older people are more than physical, as participation in even moderate exercise programs offers a real boost to their self-esteem, researchers at the University of Nebraska-Lincoln have discovered.

Patricia Heese, who studied exercise and self concept for her master's thesis, and Sally Van Zandt, associate professor of human development, found that a group of older Nebraskans who participated in a 12-week exercise program showed big gains in their levels of self-esteem by the time the program ended.

Working with a Lincoln organization for seniors called Lifetime Health, the two researchers tested the participants for physical characteristics as well social and mental indicators of self-esteem. Half of the 58-member group participated in a 12-week series of exercise classes that gradually worked into hour-long sessions held three times a week. The control group did not take part in the supervised exercise activities.

At the end of the study, both groups showed increases in self-esteem, but the group that exercised

showed twice as much improvement as the non-exercisers. The control subjects may have shown increases due to the "Hawthorne effect," which means that merely testing them caused the changes, Van Zandt said.

However, she believed there was a spinoff effect from the exercisers onto the control group because the exercisers' enthusiasm may have affected the control group members.

Indeed, three members of the control group were so excited to watch the others that they joined other exercise classes and had to be dropped from the study.

"Seeing the excitement of others makes you aware of what you might be able to do," Van Zandt said.

The exercisers reported feeling more in control of their lives and were able to do physical things—such as raising their formerly stiff arms above their shoulders—that they were unable to do before the classes began.

"I think this study shows that you cannot separate your physical self from your psychological self," Van Zandt said. "You must work on the concept of the total body. Any-

thing you do to the physical body affects the mental body as well.

"Being able to do more things is a tremendous boost of your self-confidence. The effects are more than just physical; there are long-lasting mental effects that make you open to trying new things and taking new risks."

Completion of the new tasks boosts one's confidence in being able to tackle another task, she said. Thus, there is a snowball effect.

"Successful aging is a whole-person approach to living," she said. "In my experience, it seems that those who feel good about themselves will do things they never would have tried before. They are willing to take risks and take a chance with their bodies and are

surprised and pleased with the outcome."

The exercisers, while showing no significant weight losses, also reported "feeling better" and "clothes fit better" as benefits. Women also began wearing less constrictive clothing to the classes, which allowed them to do more things physically, Van Zandt noted. "That clothing change indicated an identification with a healthy, fit image."

Van Zandt said exercise classes are not appropriate for or liked by anyone. However, she recommends that all people, regardless of age, participate in some physical activities.

"You are not putting years onto your life," she said. "You are putting life into your years."

A tie that binds Studies reveal humor sparks strong families

Laughter and good humor may be the ties that bind strong families, according to recent research at the University of Nebraska-Lincoln.

After decades of research on what is wrong with the American family, UNL researchers decided to focus on the qualities of strong families. These studies, based on 3,500 family members from 50 states and several foreign countries, led to the development of the Family Strengths Inventory.

John DeFrain, a professor of human development and the family at UNL, said several qualities shared by strong families have emerged from the past 20 years of research.

"Strong, healthy families are indeed unique and different, but the surprising and neat thing to see is how they do share many of the same qualities," DeFrain said. "We looked at different cultural and racial situations, at stepfamilies, at Russian immigrant families, at Iraqi families and Chinese fami-

lies—the strong ones all showed distinct qualities in common."

Strong families, DeFrain said, repeatedly mentioned and demonstrated six major qualities. These six qualities, postulated by Nick Stinnett, now a professor at the University of Alabama, cover various areas of family relations.

The qualities defined by Stinnett are:

—Commitment to the family.
—Appreciation and affection for each other.

—Positive communication patterns (openness, honesty, and a tendency to reinforce the strengths of each family member rather than belabor the weaknesses).

—Adequate time together (quality time and in great quantities).

—Spiritual wellness (optimism, religious/ethical values, mental health, community bonds).

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Humor

(Continued from page 14)

—The ability to cope effectively with stress and crisis.

Also, UNL graduate student Jon Wuerffel was struck by the repeated reference to humor by strong families. He set out to discover how the use of humor related to the development of family strengths.

Wuerffel and DeFrain surveyed 301 fathers, mothers, daughters and sons to measure the way family members use humor. The results led to the creation of the Wuerffel Inventory of Family Humor with categories humor as wit, jokes, put-downs and family fun. Scores of the Wuerffel Inventory were then compared to the Family Strength Inventory scores.

"What we found was that families high on the six major qualities were also high on the use of humor, and that families who rated themselves as not as strong also rated themselves low in the use of humor," said DeFrain.

One important difference, DeFrain said, is in the area of put-downs and sarcastic humor. Use of humor of that type was more closely associated with lower-strength families, he said.

"Kind and gentle and loving humor are real helpful in strengthening families, but put-down humor does not help strengthen families," DeFrain said.

He said this might seem contrary to the popularity of current situation comedies such as "Roseanne," but in reality good one-liners and "zingers" cause pain and can hurt for a long time.

"There is no data to show that sarcasm does good—actually, the data shows it can do real harm," DeFrain said. "The humorist should keep in mind that what may be meant only in fun and friendship may be perceived very differently by the receiver of such humor."

Rather, DeFrain said, strong families are the funny families who use positive humor to build family relationships. He said humor is valuable to these families in their ability to cope with stress and crisis—to "find laughter among the tears."

Stronger families use humor more often than weaker families to maintain a positive outlook on life, entertain, reduce tension, express warmth, put others at ease, facilitate conversations, lessen anxiety and help cope with difficult situations.

DeFrain said this information may be valuable for family-life educators, counselors, teachers and other professionals working in fields related to family wellness.

Grandparents often are overlooked when divorce studies done

America is drowning in studies concerning the effects of divorce and remarriage on parents and children. Yet relatively little attention has been paid to other important family members—grandparents.

"Grandparents are the people who give continuity to the family," said Sally Van Zandt, associate professor of human development and the family at the University of Nebraska-Lincoln.

"Parents have to be concerned about behavior and the day-to-day, minute-to-minute kinds of things. The grandparent can come in and give a philosophical perspective. They add the dimension that says, family is important."

An increasing number of grandparents are suffering through their children's divorces or are being thrust into the role of stepgrandparents as they remarry or their children remarry spouses with children. As a result, the grandparents is often alienated.

However, it's at these times when grandparents and stepgrandparents can play an even greater role in promoting family togetherness, said Van Zandt.

"Life is rough sometimes and if grandchildren have an understanding grandparent to talk to that's not going to punish them—that makes a difference," said Van Zandt. "A grandparent can be that non-threatening somebody that still has enough family ties around to smooth things over."

Joey Vernon, a UNL doctoral student in the sociology department, is conducting research into the importance of grandparents and effects of divorce on the grandparent-grandchild relationship.

"I've seen grandparents make a real difference in people's lives," said Vernon. "Grandparents give you a sense of heritage, of roots, of stability and that might be the most important thing in divorce. You see the family breaking up but you still have the grandparents there for you not matter what."

Vernon's research shows that in 90 percent of divorce cases, custody of children is awarded to the mother, often meaning the paternal grandparents suffer the most in the grandparent-grandchild relationship.

"Grandparents may be left out of the whole (divorce) process, may not be allowed or able to provide needed help, and find that ties with their grandchildren have weakened and in some cases become non-existent," said Vernon.

Many stepgrandparents find it difficult to adjust to their new situations, Van Zandt said. Van Zandt and two colleagues conducted a na-

tional study on stepgrandparents. Their study revealed that the hardest thing about grandparents' roles is in negotiating the often negative relationship between the child's biological parents. Some individuals mentioned that they found it hard not to pay more attention to their own grandchildren than to the "steps."

Thirty-nine percent of those surveyed said they spent less time with their stepgrandchildren. And 37 percent said they were not aware of any differences in their feelings or their behaviors toward either their grandchildren or stepgrandchildren.

Some older respondents in the study who remarried stated they had problems because their biological children would not accept the new spouse with his or her children and grandchildren.

Overriding the negative factors was an overwhelming positive response to grandchildren. Van Zandt discovered that those surveyed found the best part of grandparenting was having the joy of the relationship without the responsibility parents have. That, she said, is significant.

Money owed may be deducted from any tax refunds

People who owe money to Social Security as a result of Social Security benefit overpayments should be aware that a new rule authorizes the Internal Revenue Service to deduct what is owed from their Federal income tax refunds.

This authority, known as the Tax Refund Offset provision, was mandated by Congress in the Omnibus Budget Reconciliation Act of 1990. It provides the Social Security Administration (SSA) an avenue for recovering overpayments from individuals who are no longer receiving benefits, and who are delinquent in repaying their debt.

When people on the rolls receive overpayments, Social Security generally deducts the amount of the overpayment from future checks. However, for people no longer receiving benefits, the agency can only request voluntary repayment. If the overpaid individual was unwilling to make payment or could not be located, SSA had to wait until he or she became reentitled to benefits before recovery could take place.

Under the new law, SSA will send notices to former beneficiaries who have not repaid overpayments to provide them an opportunity to arrange for repayment or request a waiver of the overpayment. If no response is received, Social Security will notify the Internal Revenue Service (IRS) who will withhold the amount owed from any Federal income tax refunds due the individuals.

Ever Wonder What It's Like To Work in a Nursing Home?



A Nursing Assistant's Point of View

"I have worked at the Pender Care Centre for 17 years. I really started working in the old Buis Nursing Home in Pender in 1972, and Mary Bressler was my teacher (she was 75 years old at that time). Now, I take care of Mary and other residents because I enjoy working with elderly people, and they are an important part of my life."

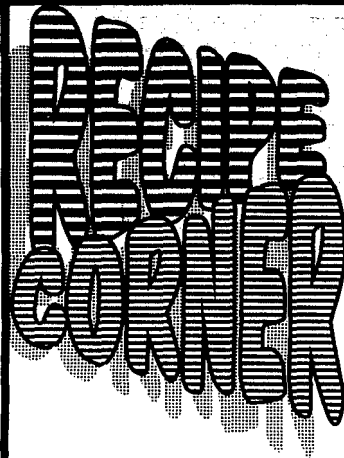
Sylvia Bodlak of Thurston, a nursing assistant at Pender Care Centre, is pictured with Mary Bressler, who is 93 years young this year. Mary is from Pender.



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Here's a sample:

**ORANGE CREAM
FRUIT SALAD**

Salad:

- 1 large fresh pineapple
- 1 c. seedless red grapes
- 1 med. kiwi, peeled, sliced
1/4 inch, cut into quarters
- 11 oz. can mandarin oranges,
drained

Dressing:

- 8 oz. (1c.) carton
LAND O LAKES® Light
Sour Cream
- 1 tbsp. sugar
- 1 tbsp. orange juice
- 1/2 tsp. grated orange peel
- 1/4 c. toasted flaked coconut

Cut pineapple in half lengthwise. Cut each half in half lengthwise again, forming quarters. Remove pineapple from shell leaving shell intact. Cube pineapple; *reserve shell for serving*. In large bowl combine cubed pineapple and all remaining salad ingredients; set aside.

In medium bowl stir together all dressing ingredients *except* coconut. Pour over salad; toss gently to coat.

Cover; refrigerate at least 1 hour. Just before serving, place pineapple shells on large lettuce-lined platter or individual plates. Spoon salad into pineapple shells; sprinkle with coconut. *Yield: 4 servings.*

To accompany a lean menu without foregoing the great taste of beer, reach for a non-alcoholic brew. Non-alcoholic brews generally have 25-50 percent fewer calories than even "light" beers and offer the same taste and refreshment as regular beer. Serve an imported non-alcoholic lager, such as Kaliber, which offers the refreshing, full-bodied taste of an imported beer for only 71 calories.

In addition to being a favorite summer beverage, beer is also a delicious ingredient in recipes. Add zest and excitement to the cookout buffet by preparing Barbecued Beer Ribs.

BARBECUED BEER RIBS

- 2 3/4 cups Harp Lager or Guinness Gold
- 2 tablespoons minced onion
- 4 tablespoons honey
- 2 tablespoons lemon juice
- 2 teaspoons dry mustard
- 1 teaspoon Hoisin sauce
(Chinese dark sauce, available in supermarkets, specialty stores, or Chinese restaurants)

Mix ingredients and use as a marinade for six pounds of ribs. Soak ribs for three hours. Remove from marinade and bake ribs for 15 minutes at 375 degrees. Pour two cups of marinade over ribs and bake again for 30-45 minutes or cook ribs on grill while constantly basting. Serve remaining marinade on side.

Cool recipes for warm days

It's summertime. People want to be outdoors-they don't want to be inside in a hot kitchen. They need recipes that are quick, light and don't require warm ovens.

The Land O'Lakes Test Kitchens created a collection of recipes for summer entrees, salads and desserts. Using LAND O LAKES® Light Sour Cream, with two-thirds less fat and one-third fewer calories, the recipes are lighter and healthier. They take 30 minutes or less to prepare, and keep a kitchen cool, needing stove-top skillet heat at most.

Homer weather observer ends longtime service

Mrs. Viola Donnelly of Homer, is retiring from her post as official National Weather Service Cooperative Weather Observer this August 1991, after having served many long years of public service measuring

daily precipitation (rain, snow, sleet, etc.) from 1977 to 1991, and previously from 1949 to 1962.

Mrs. Donnelly was presented with a Special Service Award by the Hydrologist, Roy M. Osugi, and the Meteorological Supervisor George Matuella, both of the main forecast office of Omaha. This award honored Mrs. Donnelly for her 27 years of weather reporting from the Homer area.

South Sioux City Senior Center Activities update

This week's activities at the South Sioux City Senior Center, located at 1615 1/2 First Avenue are as follows:

Thursday, Aug. 22-Dancing to the music played by Senior Citizen Band at the Center.

Friday, Aug. 23-Bingo after the noon meal. Jam session starts at 7 p.m.

This week's menu:

Wednesday, Aug. 21-Ham, sweet potatoes, lime salad, cauliflower, vanilla pudding.

Thursday, Aug. 22-Oven fried-chicken, baked potato, mixed vegetables, cottage cheese/peach salad, fruit cocktail.

Friday, Aug. 23-Salmon loaf, scalloped potatoes, California blend vegetables, tossed salad, tapioca pudding.

All meals include bread and butter, coffee-tea and milk are served at noon at the Senior Center. Please phone 494-1500 one day in advance for reservations. We also make home deliveries for shut-ins.



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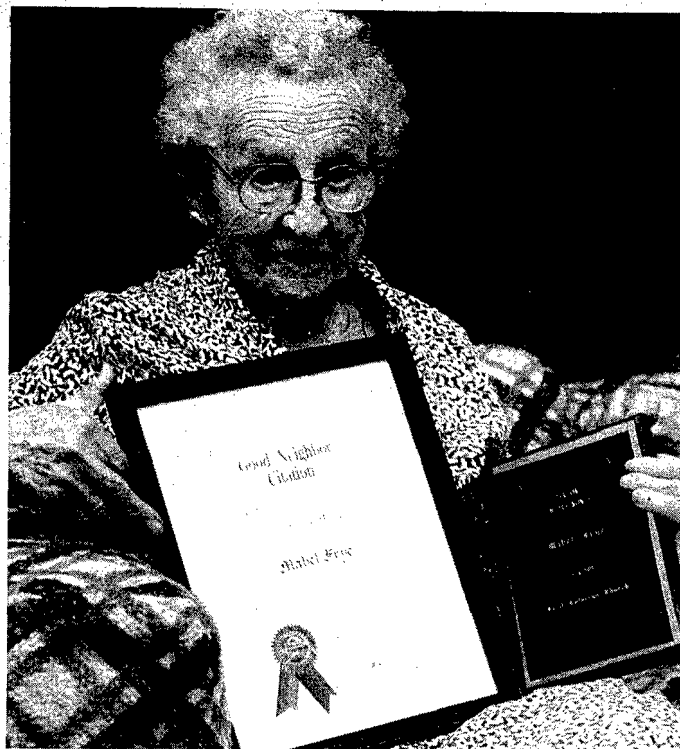
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Mabel Frye, 95, of 2903 Second Ave., South Sioux City is pictured with the Good Neighbor Award she received from the Knights of Ak-Sar-Ben and the Omaha World Herald. Frye is also pictured with the Person of the Month Award for the month of July she received from the First Lutheran Church in South Sioux. Frye has been a resident of Dakota County since 1923. Frye has made countless quilts for the First Lutheran Church and for area disabled American veterans.

South Sioux City woman gets good neighbor award

Mabel Frye, 95, of South Sioux City received the Good Neighbor Award from the Knights of Ak-Sar-ben and the Omaha World Herald. Frye has been a resident of Dakota County since 1923. Frye has made countless quilts for the First Lutheran Church and for area disabled American veterans.

Mabel Frye recently received the Ak-Sar-Ben Good Neighbor Award, is an award bestowed on individuals who give of themselves for the benefit of others.

Beverly Stotte, 209 Seventh Ave., South Sioux City, nominated Mrs. Frye for the award. We would like to share with you parts of her narrative on Mabel Frye:

"Mabel Frye is a remarkable lady who never complains about anything or anybody. She is always giving of herself to others. She has made 75 quilt tops for the First Lutheran Church in South Sioux City and she and some other ladies put the quilts together. They send the quilts to missions all over the world.

She furnishes the quilt tops herself. All her scraps of materials she has left she sews together and rolls them into a

ball and when she gets a 50 pound bag filled she sends them to the disabled veterans to make rugs out of. She also makes lap pads and slippers for disabled veterans.

She collects all envelopes from the South Sioux City Star and cuts the used stamps off and mails them to some Catholic Charity.

She does (clothing) alterations for people for people. She is such a sweet person who goes to the nursing home and visits residents there and never forgets to send them a birthday card. If you ever met her she would touch your heart like she has so many. She is truly an inspiration. She is always willing to extend her hand to others."

Certainly, anyone with that type of a narrative is worthy of recognition and we join Ak-Sar-Ben and the Omaha World Herald, sponsor of the Good Neighbor Award, insaluting Mabel Frye.

Incidentally, perhaps we failed to mention one little important fact.

Mabel Frye, who maintains her own home, will be 96 years old in another month.

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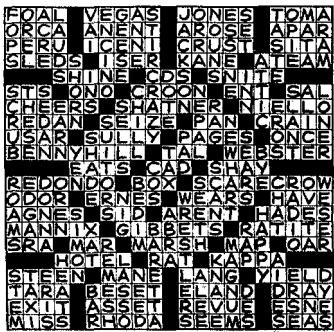
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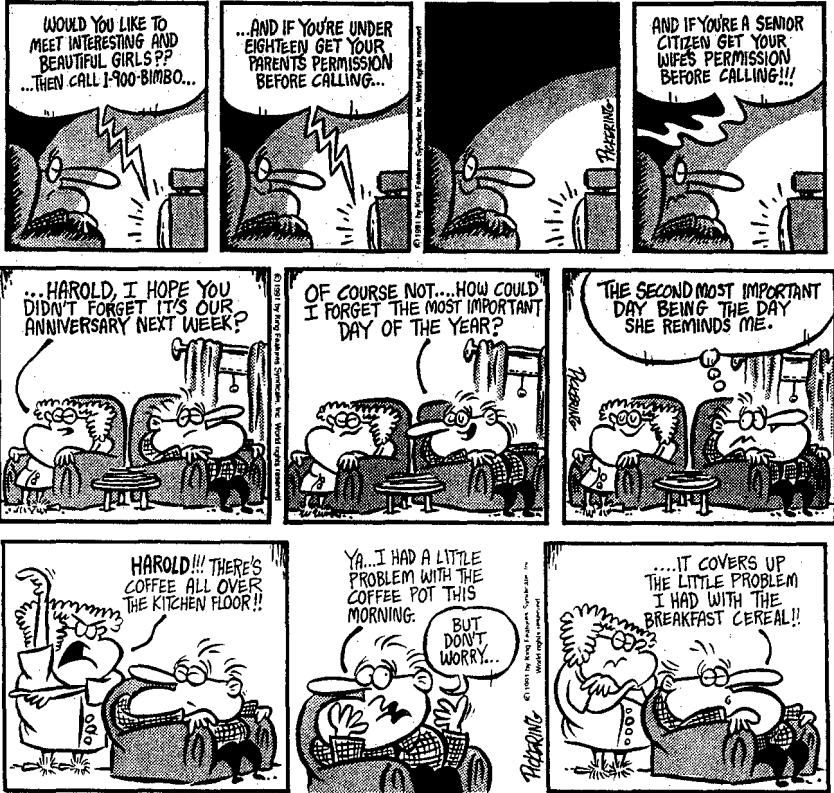
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Medi-file card aids in organizing medications

The Nebraska Department on Aging and the Nebraska Medical Association have joined forces to develop Medi-File cards to be distributed through the state's senior centers and Area Agencies on Aging.

The cards are designed to assist older adult patients and their doctors by helping persons organize their medications, and become more compliant in their medication usage, said Dr. Perry Williams, president of the Medical Association.

The card allows persons to list the medication, dosage, prescribing doctor and date prescribed of each medicine a person is taking, stated Jacky Smith, director of the

Department on Aging.

"We're pleased to be working with the Medical Association on this project," said Smith. "Medication use does increase as a person grows older, and the Medi-File card is an easy way to keep track of one's current medicines," she added.

"The Nebraska Medical Association has long seen the need for an effort of this type," noted Dr. Williams. "We're certain the Medi-File card can be used to enhance the patient-physician relationship."

The cards are available from Nebraska's senior centers, Area Agencies on Aging and the Nebraska Department on Aging.

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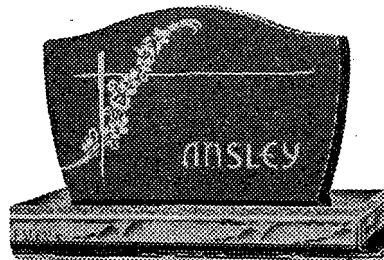
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Pain wasn't the first sign that John Kreber was going to have a heart attack.

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"That day, I was doing chores and I was having trouble catching my breath," John recalls. "The air went inside, but it seemed like it went everywhere except my lungs. I said to my wife, 'I think it's time to go to Sacred Heart.'"

Pain is not the only symptom of a heart attack. There are several, including:

- Shortness of breath
- Dizziness
- Light-headedness
- Fainting
- Sweating or nausea
- An uncomfortable pressure or squeezing in the center of the chest
- Pain spreading to the shoulders, neck, jaw, arms or back

If you think you might be having a heart attack, no matter what the symptoms, do what John Kreber did . . .

Go to Sacred Heart's Chest Pain Center as quickly as possible.

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